

The TAVY 5k
A TAVISTOCK Athletic Club Production

Results 19-Jan-19

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat Po:
1	16:47	Chris	Rimmer	Tavistock Run Project	Sen M	1
2	18:06	Alan	Ryder	Plymouth Musketeers	Vet 50 M	1
3	18:56	Ian	Trice	Unattached	Vet 40 M	1
4	18:59	Craig	Howells	Tavistock Run Project	Vet 35 M	1
5	19:04	Paul	Carter	Okehampton RC	Vet 50 M	2
6	19:14	Stephen	Sincock	Okehampton RC	Vet 55 M	1
7	19:25	Robert	Williams	Plymouth Harriers	Vet 35 M	2
8	19:38	Matthew	Grzenda	Plymouth Musketeers	Vet 40 M	2
9	19:53	Peter	Backaller	Tavistock Run Project	Vet 35 M	3
10	19:57	Matthew	Teague	Tavistock Run Project	Vet 40 M	3
11	20:37	Tilly	McDowell	Tavistock AC	U17 W	1
12	20:46	Jason	Shipton	Tavistock AC	Vet 45 M	1
13	20:51	James	Walker	Unattached	U17 M	1
14	20:59	Neil	Grace	Storm	Vet 35 M	4
15	21:05	Dean	Jones	Lordshill RR	Vet 40 M	4
16	21:17	Melvyn	Griffiths	Unattached	Vet 40 M	5
17	21:30	Kelvin	Coker	Storm	Sen M	2
18	21:37	Ruaridh	Cassidy	Unattached	Vet 40 M	6
19	21:43	Soteris	Perdikeas	Unattached	U17 M	2
20	21:46	Kevin	Chiswell	Storm	Vet 50 M	3
21	21:54	Graham	Johnson	Unattached	Vet 50 M	4
22	22:11	Peter	Bazley	Tavistock AC	Vet 60 M	1
23	22:31	Graham	Pattison	Unattached	Sen M	3
24	22:31	Tracey	Oxborough	Tavistock AC	Vet 55 W	1
25	22:47	Jenny	Bryant	Tavistock AC	Vet 50 W	1
26	23:04	Nick	Lane	Unattached	Sen M	4
27	23:08	Mike	Beattie	Plymouth Harriers	Vet 65 M	1
28	23:22	Garry	Fielder	Bere Alston Trekkers	Vet 35 M	5
29	23:22	Peter	Philpott	Unattached	Vet 40 M	7
30	23:44	Shaun	Carter	Unattached	Vet 45 M	2
31	23:49	Richard	Nettleship	Tavistock AC	Vet 50 M	5
32	23:55	Emma	Carty	Unattached	Vet 45 W	1
33	24:27	Izzy	Johnson	Unattached	U15 W	1
34	24:36	Aaron	Sweet	Unattached	Sen M	5
35	24:38	Imogen	Choroszewska	Unattached	Sen W	1
36	24:39	James	McGahey	Unattached	Sen M	6
37	24:42	Laura	Newton	Unattached	Sen W	2
38	24:45	Andrew	Martin	Tavistock AC	Vet 50 M	6
39	24:46	Benedicte	Holtan Carter	Launceston RR	Vet 35 W	1
40	25:25	Paul	Lawrence	Unattached	Vet 40 M	8
41	25:27	Andrew	Clark	Unattached	Vet 35 M	6
42	25:32	Ralph	Tomlin	Unattached	Vet 50 M	7
43	25:47	Karen	McClung	Tavistock Triathlon Club	Vet 50 W	2
44	25:52	George	Barnicott	Plymouth Coasters	Vet 65 M	2

45	25:53	Mary	Roberts	Launceston RR	Vet 45 W	2
46	26:39	Michelle	Cartlidge	Plymouth Harriers	Sen W	3
47	26:44	Jonathan	Carty	Unattached	Vet 45 M	3
48	26:44	Bethany	Carty	Tavistock AC	U10 W	1
49	26:56	Abbie	Craig	Storm	Sen W	4
50	26:58	Beck	Robinson	Okehampton RC	U13 W	1
51	26:58	Hugh	Robinson	Okehampton RC	Vet 40 M	9
52	27:00	Clare	Barnaby	Unattached	Vet 40 W	1
53	27:06	Ian	Reveley	Unattached	Vet 35 M	7
54	27:43	Ian	Jones	Tavistock AC	Vet 65 M	3
55	27:50	Paul	Rogers	Tavistock AC	Vet 65 M	4
56	28:02	Angie	Handforth	South West Veterans AC	Vet 65 W	1
57	28:04	Geoffrey	Honey	Plymouth Harriers	Vet 65 M	5
58	28:17	Maria	Haisman	Launceston RR	Vet 50 W	3
59	28:18	Harry	Malthouse	Tavistock Run Project	U10 M	1
60	28:19	Rachel	Malthouse	Tavistock Run Project	Vet 35 W	2
61	28:40	Robert	Mills-Hicks	Tavistock AC	Vet 50 M	8
62	28:42	Maarit	Green	Tavistock AC	Vet 60 W	1
63	28:45	Darren	Williams	Plymouth Musketeers	Vet 45 M	4
64	28:48	Matthew	Haisman	Launceston RR	Vet 50 M	9
65	28:52	Maria	Clarke	Unattached	Vet 45 W	3
66	29:05	Tania	Coker	Storm	Sen W	6
67	29:14	Kate	Brimacombe	Unattached	Vet 40 W	2
68	29:33	Dave	Connell	Plymouth Harriers	Vet 65 M	6
69	29:47	Chris	Browne	Unattached	Vet 60 M	2
70	30:10	Neil	McClung	Unattached	Vet 55 M	2
71	30:33	Val	Evans	Tavistock AC	Vet 65 W	2
72	30:38	Nicola	Noble	Plymouth Harriers	Sen W	6
73	30:57	Wendy	Mannion	Unattached	Vet 50 W	4
74	31:04	Jan	Sainsbury	Unattached	Vet 55 W	2
75	31:24	Rebecca	Greatrex	Unattached	Vet 35 W	3
76	31:24	Emily	Peek	Unattached	Vet 35 W	4
77	31:26	Charlotte	Carlyle	Storm	Vet 40 W	3
78	31:35	Alan	Duncan	Unattached	Vet 65 M	7
79	31:42	Ian	Wright	Tavistock AC	Vet 60 M	3
80	31:03	Annette	Smith	Unattached	Vet 65 W	3
81	31:05	Lyn	Crawley	Unattached	Vet 55 W	3
82	32:31	Dean	Jordan	Unattached	Sen M	7
83	33:30	Marian	Stratton	Tavistock AC	Vet 60 W	2
84	33:37	Gemma	Cleland	Unattached	Vet 35 W	5
85	34:32	Pauline	Cole	Unattached	Vet 50 W	5
86	34:57	Darley	Moon	Tavistock AC	U10 W	2
87	34:57	Nell	Moon	Unattached	Vet 40 W	4
88	35:03	Rebecca	Jenkin	Unattached	Sen W	7
89	36:46	Emma	Curran	Tavistock AC	Vet 45 W	4
90	36:46	Rachel	Tanner	Tavistock AC	Vet 40 W	5
91	38:21	Rachael	Coombes	Unattached	Vet 35 W	6
92	44:40	Sadie	Death	Plymouth Musketeers	Vet 45 W	5

Age Grade Perf.

77.46%

84.16%

74.30%

69.89%

79.28%

81.98%

67.90%

70.54%

66.30%

70.01%

75.18%

69.90%

66.75%

63.22%

66.72%

65.07%

60.00%

64.61%

63.09%

69.98%

69.56%

74.23%

57.96%

79.35%

73.59%

56.21%

74.57%

57.56%

58.42%

61.66%

61.93%

67.04%

64.28%

52.85%

60.08%

52.33%

59.92%

61.08%

61.10%

54.10%

52.46%

58.68%

67.55%

67.40%

63.23%
55.78%
53.05%
65.65%
54.95%
60.38%
50.62%
56.67%
49.63%
61.64%
60.24%
78.12%
62.11%
59.99%
62.90%
52.80%
52.27%
70.62%
49.68%
52.03%
56.12%
50.89%
53.82%
59.00%
55.29%
51.38%
69.45%
48.42%
56.97%
59.87%
47.93%
48.41%
48.94%
55.20%
52.42%
67.31%
59.03%
39.98%
57.11%
44.62%
49.13%
50.21%
44.68%
42.23%
43.61%
41.84%
39.63%
36.27%