

LYD RUNNING ROUTES: March 2019

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Routes may be changed by the leader depending on weather conditions etc. We are hoping to do some car share runs this summer and join the rest of the club with bus runs. Car share runs will be last minute changes depending on weather on the day. Keep an eye on facebook. We will be finishing later on these runs.

w/c	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 th Mar	Rest	Down Rd, Milton Cres. Golf Club. Torches	Rest	West st, Rockyhill path to Glanville rd, path to The Dell/Redmoor and return. Torches needed	Rest	Graduates Run	Rest
11 th Mar	Rest.	Monksmead, Uplands, Railway, Manor Est, Bannawell st. Torches needed.	Rest	Bishopsmead/Anderton Lane/Whitchurch Rd	Rest	Graduates Run	Rest
18 th Mar	Rest.	Down Rd, Pimple, return Green Lane. Torches needed	Rest	From college Council offices, railway, Crease Lane out and back. Torches.	Rest	Graduates Run	Rest
25 th Mar	Rest.	Drakes Trail. Torches needed.	Rest	Crease Lane, Mill Hill, New Launceston Rd .Hi Viz	Rest	Graduates Run	Rest Clocks change