LYD RUNNING ROUTES: Jul – Sept 2019

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Routes may be changed by the leader depending on weather conditions etc. We are hoping to do some carshare runs this summer and join the rest of the club with bus runs. Carshare runs will be last minute changes depending on weather on the day. Keep an eye on facebook. We will be finishing later on these runs.

w/c	Mond	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 st Jul	ay Rest.	Car share run. See facebook for details.	Rest	Mill Hill	Rest	Graduates Run	Rest
8 th Jul	Rest.	Down Rd, Pimple, Middlemoor, Whitchurch.	Rest	Rix Hill, West Down loop	Rest	Graduates Run	Rest
15 th Jul		Car share to Council Offices, Wilminstone, Manor Butts, Kilworthy Fm.	Rest	Town Relays	Rest	Graduates Run or Tavy5	Rest
22 nd Jul		Bus Run. Dousland to Tavistock via the back lanes 5.7 miles	Rest	Down Rd, Caseytown Cross, Whitchurch.	Rest	Graduates Run	Rest
29 th Jul	Rest.	Car Share run. See facebook for details.	Rest	Drakes Trail, return via Rix Hill.	Rest	Graduates Run	Rest
5 th Aug	Rest	Crease Lane. Mill Hill, return via canal.	Rest	Rix Hill, West Down loop.	Rest	Graduates Run	Rest
12 th Aug	Rest	Bus Run. Race the train, see our facebook page for info.	Rest	Two Viaducts run.	Rest	Graduates Run or Tavy5	Rest
19 th Aug	Rest	Car Share run, see facebook for details.	Rest	Down Rd, Caseytown Cross, Whitchurch.	Rest	Graduates Run	Rest
26 th Aug	Rest	Old Exeter Rd, Mill Hill, Crease Lane.	Rest	Drakes Trail, Return via Rix Hill.	Rest	Graduates Run	Rest
3 rd Sep	Rest	Car Share run, see facebook for details.	Rest	Crease Lane. Mill Hill, return via canal.	Rest	Graduates Run	Rest
10 th Sep	Rest	Bus Run, from Mary Tavy.	Rest	Rix Hill, West Down Loop	Rest	Graduates Run	Rest
17 th Sep		Car share to Council Offices, Wilminstone, Manor Butts, Kilworthy Fm.	Rest	Down Rd, Pimple/Caseytown Cross/ Bishopsmead	Rest	Graduates Run or Tavy5	Rest
24 th Sep	Rest	Car Share run, see facebook for details.	Rest	Drakes Trail/Rix Hill	Rest	Graduates Run	Rest
30 th Sep	Rest	Crease Lane. Mill Hill, return via canal.	Rest	Two Viaducts run.		Graduates Run	Rest