

Spring and Summer Fixture list 2019

Date	Event	Venue	Age group
March			
Tuesday 26th	Exeter open	Exeter	Entries on the day
April			
Saturday 6th	Warm up	Par	Entries on the day
Sunday 7th	Spring warm up	Plymouth	Entries on the day
Saturday 13th	SAL	Plymouth	U17, U20 & senior Composite Team
Sunday 14th	Ken Tricky open	Exeter	All from U11 - Senior pre entry
Wednesday 24th	Open	Carn brea	Yr 4/5 / 6 & 7 enteries on day
Sunday 28th	CAC spring warm	Carn brea	Entries on the day
Sunday 28th	Devon Open	Plymouth	Entries on the day
Tuesday 30th	Exeter open & BMC	Exeter	pre entry for BMC

May			
Saturday 4th	BMC Classic	Millfield	Pre entry 800m/ 1500m/3000m
Sunday 5th	YDL	Swansea	Team DC
Sunday 5th	SW League Cup	Yeovil	U13 - Seniors
Saturday 11th	Cornwall County AA Champs	Par	U13 - Seniors Pre entry
Sunday 12th	Devon County Champ	Exeter	U13 - Seniors Pre entry
Sunday 19th	SAL	Swindon	U17, U20 & senior Composite Team
Thursday 23rd	DAN 5K / county champs	Carn Brea	
Sunday 26th	YDL	Exeter	Team DC
Tuesday 28th	Exeter Open & BMC	Exeter	Pre entry for BMC
Wednesday 29th	Open meeting	Carn Brea	Yr 4/5 / 6 & 7 entries on day

June			
Saturday 1st	Southern U20/Senior Championships	Bedford (2days)	Online pre-entry- standards apply
Sunday 2nd	SW league	Exeter	U13 - Seniors
Tuesday 4th	ESAA Cup regional round	Exeter	Entry via school
Tuesday 4th	Cornwall Schools champs	Par	Year 7 & 8
Saturday 8th	Devon schools	Exeter	By selection
Sunday 9th	Devon Open	Braunton	Enrty on the day
Saturday 15th	SW Schools	Exeter	By selection
Saturday 15th	England U20 / U23 Champ	Bedford 2 days	Pre-entry standards apply
Saturday 15th	SAL	Poole	U17, U20 & senior Composite Team
Sunday 16th	SW Vets	Exeter	Pre- entry
Wednesday 19th	Devon 10000m & Mile	Exeter	Pre- entry
Saturday / Sunday 22/23	SW schools combined	Yeovil	By selection
Tuesday 25th	Exeter open & BMC	Exeter	Pre- entry for BMC
Wednesday 26th	Open Meeting	Carn Brea	Yr 4/5 / 6 & 7 entries on day
Saturday 29th	5 star young athlete pentathlons	Par	U11
Sunday 30th	YDL	Cardiff	Team DC

July			
Sunday 7th	SW league	Exeter	U13 - Seniors
Friday / Saturday 12/13th	ESAA Champs	Birmingham	By selection
Saturday	SAL	Basingstoke	U17, U20 & senior Composite Team
Sunday 14th	Devon Open	Tavistock	Enrty on the day
Thursday 18th	Tavistock Relays and fun run	Tavistock	Pre- entry for relay teams
Sunday 21st	SW Inter counties	Exeter	Need to achieve standard
Wednesday 24th	Open Meeting	Carn Brea	Yr 4/5 / 6 & 7 entries on day
Wednesday 24th	DAN 10000m Sen county champs	Par	
Sunday 28th	YDL regional Play off	Yate	Qualification based on results
Tuesday 30th	Exeter open & BMC	Exeter	Pre entry for BMC

AUGUST			
Sunday 4th	SW league	Exeter	U13 - Seniors
Sunday 11th	Devon Open	Braunton	Enrty on the day
Sunday 17th	Southern U13/U15/U17 Championships	Ashford	Online pre-entry- standards apply
Sunday 17th	SAL	Exeter/ Swindon	U17, U20 & senior Composite Team
Wednesday 21st	DAN 3000m Sen country champs	Par	

