

The TAVY 5k

A **TAVISTOCK** Athletic Club Production

Results

15 June 2019

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Pos.	Age Grade Perf.	CR = Course Record ACR = Age Cat. Record
1	16:31	Adam	Holland	Tavistock AC	Sen M	1	78.71%	
2	16:37	Steve	Fletcher	Plymouth Harriers	Sen M	2	77.63%	
3	17:00	Joe	Beaton	Tavistock AC	U17 M	1	80.59%	
4	17:21	Charlie	Gibbard	Tavistock Run Project	Sen M	3	76.85%	
5	17:46	William	Russell	Tavistock AC	U17 M	2	78.33%	
6	17:51	Mike	Wall	Plymouth Musketeers	Sen M	4	72.27%	
7	17:54	Ben	Harrison	Unattached	Sen M	5	74.49%	
8	18:05	Ryan	Gibbons	Unattached	Sen M	6	71.71%	
9	18:10	Raymond	Tew	Plymouth Harriers	Vet 45 M	1	78.07%	
10	18:27	James	Armstrong	Tavistock AC	Vet 35 M	1	71.45%	
11	18:35	Rob	Williams	Plymouth Harriers	Vet 35 M	2	70.94%	
12	19:11	Sam	Twine	Unattached	Sen M	7	67.25%	
13	19:21	Andrew	Wall	Unattached	Sen M	8	67.01%	
14	19:25	Ian	Collacott	Tavistock AC	Vet 35 M	3	68.33%	
15	19:28	Jodi	Fisk	Tavistock AC	Vet 35 F	1	#N/A	#N/A
16	20:04	Sam	Peck	Unattached	Sen M	9	66.45%	
17	20:05	Emily	Warren	Mudcrew Trail Runners	Sen W	1	74.19%	
18	20:07	Elyse	Kedzior-MacDonough	Tavistock AC	U17 W	1	77.05%	
19	20:35	Ruaridh	Cassidy	Unattached	Vet 40 M	1	67.85%	
20	20:42	Pat	MacDonough	Tavistock AC	Vet 40 M	2	67.95%	
21	20:46	Jane	Allison	Tamar Trail Runners	Vet 45 W	1	77.21%	
22	21:00	Jacob	Holland	Tavistock AC	U15 M	1	69.05%	
23	21:06	Richard	Foster	Launceston RR	Vet 45 M	2	67.69%	
24	21:21	Charlotte	Walker	Tavistock AC	U15 W	1	74.79%	
25	21:32	Ruby	Lawrence	Unattached	Sen F	1	#N/A	#N/A
26	21:37	Caroline	Steven	Tavistock AC	Vet 50 F	1	#N/A	#N/A
27	21:44	Peter	Bazley	Tavistock AC	Vet 60 M	1	75.77%	
28	21:49	Helen	Orme	Tavistock AC	Vet 45 F	1	#N/A	#N/A
29	22:04	Victoria	Foster	Launceston RR	Vet 35 F	2	#N/A	#N/A
30	22:18	Kirsty	Prowse	DSFRS RC	Sen W	2	66.52%	
31	22:27	Tom	Brown	Unattached	U13 M	1	66.22%	
32	22:28	Mark	West	Unattached	Vet 45 M	3	64.09%	
33	22:49	Kate	Medlicott	Erme Valley Harriers	Vet 50 F	2	#N/A	#N/A
34	22:58	Mark	Thomas	Plymouth Harriers	Vet 40 M	3	61.25%	
35	23:03	David	Twine	Tavistock AC	Vet 60 M	2	71.44%	
36	23:30	Hannah	Walker	Tavistock AC	U15 W	2	67.94%	
37	23:39	Callum	McGregor	Unattached	Sen M	10	56.38%	
38	23:46	James	Crossey	Tavistock AC	U13 M	2	62.55%	
39	23:48	Andrew	Martin	Tavistock AC	Vet 50 M	1	63.52%	

40	23:53	Alison	Ross	Tamar Trail Runners	Vet 60 F	1	#N/A	#N/A
41	24:04	Aaron	Sweet	Unattached	Sen M	11	54.22%	
42	24:07	Sarah	Holland	Tavistock AC	Vet 40 F	1	#N/A	#N/A
43	24:18	Bernie	Hawes	Unattached	Vet 50 M	2	60.70%	
44	24:21	Ian	Bedford	Unattached	Vet 55 M	1	63.11%	
45	24:36	Claire	Anthony	Unattached	Vet 40 F	2	#N/A	#N/A
46	24:54	Jennifer	West	Unattached	Vet 45 W	2	64.39%	
47	25:03	Shaun	Boothroyd	Unattached	Vet 40 M	4	54.89%	
48	25:08	Andy	Hughes	Tavistock AC	Vet 60 M	3	64.92%	
49	25:19	Sarah	Turner	Unattached	Vet 35 W	1	59.78%	
50	25:28	Harry	Malthouse	Tavistock Run Project	U10 M	1	69.90%	#N/A
51	25:29	Rachel	Malthouse	Tavistock Run Project	Vet 35 W	2	58.67%	
52	25:32	Caroline	Pick	Unattached	Vet 55 F	1	#N/A	#N/A
53	25:37	Maxim	Smith	Unattached	U13 M	3	59.73%	
54	25:49	Richard	Stanyer	Unattached	Vet 45 M	4	56.68%	
55	25:56	Carol	Hansen	Erme Valley Harriers	Vet 55 F	2	#N/A	#N/A
56	25:59	Lisa	Burnham	Plymouth Harriers	Vet 35 W	3	58.50%	
57	26:29	Richard	Walker	Unattached	Vet 45 M	5	55.25%	
58	26:52	Trevor	Grigg	Tavistock AC	Vet 60 M	4	61.29%	
59	26:54	Christian	Bungay	Unattached	Vet 35 M	4	50.00%	
60	27:11	Robert	Mills-Hicks	Tavistock AC	Vet 50 M	3	55.12%	
61	27:29	Maria	Clarke	Unattached	Vet 45 W	3	59.55%	
62	27:35	Sasha	Waver	Unattached	Sen M	12	48.34%	
63	27:43	Maria	Haisman	Launceston RR	Vet 50 F	3	#N/A	#N/A
64	28:00	Thelma	Turner	Tavistock AC	Vet 65 W	1	73.51%	
65	28:10	Eva	Brown	Tavistock AC	U13 F	1	#N/A	#N/A
66	28:15	Hazel	Walker	Tavistock AC	Vet 45 W	4	57.94%	
67	28:19	Sarah	Brown	Unattached	Vet 40 F	3	#N/A	#N/A
68	28:30	Vicky	Hunter	Tavistock AC	Vet 40 F	4	#N/A	#N/A
69	28:32	Nikola	Hrabeova	Unattached	Sen F	2	#N/A	#N/A
70	28:55	Martin	Walker	Tavistock AC	Vet 55 M	2	54.99%	
71	29:13	Jan	Sainsbury	Tavistock AC	Vet 55 W	1	63.66%	
72	29:24	Matthew	Haisman	Unattached	Vet 50 M	4	50.96%	
73	29:26	Anne	Goodman	Launceston RR	Vet 55 F	3	#N/A	#N/A
74	29:27	Val	Evans	Tavistock AC	Vet 65 W	2	73.17%	
75	30:12	Greg	Jones	Unattached	Vet 35 M	5	44.87%	
76	30:18	Helen	de Carles	Tavistock AC	Vet 60 W	1	64.03%	
77	30:45	Kitty	Refson	Tavistock AC	Vet 60 F	2	#N/A	#N/A
78	30:57	Justine	Hunt	Unattached	Vet 45 F	2	#N/A	#N/A
79	31:06	Annette	Smith	Unattached	Vet 65 W	3	68.22%	
80	31:10	Mirianthi	Crossey	Tavistock AC	U10 F	1	#N/A	#N/A
81	31:10	Matthew	Crossey	Unattached	Vet 45 M	6	45.83%	
82	31:55	Katie	Russell	Tavistock AC	Vet 40 F	5	#N/A	#N/A
83	31:58	Holley	Iann	Launceston RR	Sen F	3	#N/A	#N/A
84	32:01	Joanne	Vincent	Unattached	Vet 45 F	3	#N/A	#N/A
85	32:12	Zara	Emony	Tavistock AC	Vet 45 F	4	#N/A	#N/A
86	32:54	Samantha	Everett	Unattached	Vet 35 F	3	#N/A	#N/A
87	33:21	Amy	Dymond	Unattached	Vet 35 F	4	#N/A	#N/A

