

The TAVY 5k

A **TAVISTOCK** Athletic Club Production

Results

21 September 2019

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Pos.	Age Grade Perf.	CR = Course Record ACR = Age Cat. Record
1	17:14	Bart	Thomas	Tavistock AC	Sen M	1	74.85%	
2	17:38	Ryan	Gibbons	Kent AC	Sen M	2	73.53%	
3	18:26	Mike	Wall	Plymouth Musketeers	Sen M	3	69.98%	
4	19:12	Ewan	Dix	Tavistock AC	U15 M	1	75.52%	
5	19:34	Steve	Babb	Newquay Road Runners	Vet 50 M	1	77.26%	
6	19:40	Andrew	Wall	Unattached	Sen M	4	65.93%	
7	20:17	James	Walker	Unattached	U17 M	1	67.54%	
8	20:29	Emma	Ryder	Tavistock AC	Sen W	1	72.50%	
9	20:30	Pat	MacDonough	Tavistock AC	Vet 40 M	1	68.62%	
10	20:34	Andy	Wright	Unattached	Vet 35 M	1	64.10%	
11	20:45	Steve	Thackham	Tavistock AC	Vet 55 W	1	88.43%	
12	22:02	Peter	Bazley	Tavistock AC	Vet 60 M	1	74.74%	
13	22:23	Umberto	Bergonizi	Tavistock Run Project	Vet 45 M	1	64.85%	
14	22:51	James	Grigg	Unattached	Sen M	5	56.67%	
15	22:55	Andy	Berry	Launceston RR	Vet 40 M	2	60.95%	
16	23:10	Garry	Middleton-Batts	Unattached	Vet 60 M	2	71.08%	
17	23:31	Nicola	Noble	Plymouth Harriers	Sen W	2	63.08%	
18	23:53	Edward	Hopkins	Unattached	Vet 55 M	1	64.34%	
19	24:18	Ian	Bedford	Unattached	Vet 55 M	2	63.24%	
20	24:31	Male	Beard	Unattached	Vet 35 W	1	62.00%	
21	24:42	Christian	Bungay	Unattached	Vet 35 M	2	54.45%	
22	25:01	Glyn	Isaacs	Unattached	Vet 50 M	2	59.43%	
23	25:13	Mark	West	Unattached	Vet 45 M	2	57.11%	
24	25:14	Shaun	West	Unattached	Vet 45 W	1	64.86%	
25	25:43	Karen	McClung	Tavistock Triathlon Club	Vet 50 W	1	68.57%	
26	26:50	Andy	Hughes	Tavistock AC	Vet 60 M	3	61.37%	
27	27:02	Janey	Latham	Launceston RR	Vet 60 W	1	74.97%	
28	27:05	Ian	Grimes	Unattached	Vet 65 M	1	63.08%	
29	27:25	Dawn	McLeman	Unattached	Sen W	3	53.98%	
30	27:29	Thelma	Turner	Tavistock AC	Vet 65 W	1	74.89%	
31	27:34	Jason	Tomsett	Callington Running Group	Vet 40 M	3	51.03%	
32	27:37	Trevor	Grigg	Tavistock AC	Vet 60 M	4	59.63%	
33	27:41	Victoria	Tilney	Unattached	Vet 40 W	1	56.41%	
34	27:53	Carly	Bunstan	Storm Plymouth	Sen W	4	53.08%	
35	27:59	Matthew	Shaw	Unattached	Sen M	6	46.87%	
36	28:52	Abby	Bassett	Launceston RR	Sen W	5	51.62%	
37	28:57	Daniel	Pipe	Unattached	Vet 45 M	3	49.74%	

38	29:34	Helen	de Carles	Tavistock AC	Vet 60 W	2	66.57%	
39	29:42	Andrew	Clark	Unattached	Vet 35 M	3	45.29%	
40	29:49	Nicolette	Overy	Unattached	Vet 60 W	3	65.06%	
41	30:06	Paula	Lillyman	Unattached	Vet 40 W	2	51.88%	
42	31:02	Zara	Emony	Tavistock AC	Vet 45 W	2	53.38%	
43	31:25	Wendy	Mannion	Unattached	Vet 55 W	2	56.87%	
44	31:36	Naomi	Clifford	Unattached	Vet 40 W	3	49.42%	
45	31:54	Helen	Sloley	Tavistock AC	Vet 45 W	3	50.26%	
46	31:54	Andrew	Parker	Launceston RR	Vet 55 M	3	49.01%	
47	32:01	Bryan	Short	Erme Valley Harriers	Vet 65 M	2	53.88%	
48	32:12	Annette	Smith	Unattached	Vet 65 W	2	65.89%	
49	32:42	Marion	Playle	Unattached	Vet 55 W	3	56.88%	
50	33:36	Christine	Isaacs	Unattached	Vet 60 W	4	56.94%	
51	33:37	Michelle	Cartwright	Unattached	Vet 35 W	2	45.02%	
52	34:31	Cynthia	Squance	Tavistock AC	Vet 60 W	5	55.43%	
53	34:50	Kayleigh	Morgan	Unattached	Sen W	6	42.54%	
54	35:17	Emily	Crusbie	Unattached	Vet 35 W	3	42.65%	
55	36:05	Laure	Bury	Unattached	Vet 55 W	4	50.16%	
56	36:09	Heather	Webster	Tavistock AC	Vet 65 W	3	60.58%	
57	36:11	Jan	Craker	Tavistock AC	Vet 60 W	6	52.88%	
58	36:41	Cathy	Brindle	Unattached	Vet 55 W	5	50.70%	
59	37:04	Sonia	Lee	Unattached	Vet 45 W	4	44.15%	
60	37:23	Caroline	Collins	Unattached	Vet 60 W	7	52.65%	
61	38:25	Lisa	Stewart	Tavistock AC	Vet 45 W	5	43.12%	
62	38:25	Alba	Stewart	Unattached	U15 W	1	41.56%	
63	39:10	Ann	Woodhouse	Tavistock AC	Vet 70 W	1	59.79%	
64	39:21	Jan	Sadler	Unattached	Vet 60 W	8	48.62%	
65	39:24	Andrea	Foster	Unattached	Vet 50 W	2	44.20%	
66	39:26	Ellie	Becker-Willett	Unattached	Vet 40 W	4	39.31%	
67	39:42	Jane	Benyon	Tavistock AC	Vet 55 W	6	47.52%	
68	39:43	Sandra	Morgan	Tavistock AC	Vet 50 W	3	44.40%	
69	40:04	Claire	Bishop	Unattached	Vet 35 W	4	37.94%	
70	40:07	Christine	Hynes	Unattached	Vet 60 W	9	49.07%	
71	40:08	Sandra	Fisher	Launceston RR	Vet 55 W	7	46.35%	
72	42:07	Geri	Cousins	Tavistock AC	Vet 50 W	4	40.80%	
73	42:07	Lorena	Merrett	Tavistock AC	Vet 65 W	4	51.17%	
74	00:00	#N/A	#N/A	#N/A	#N/A	1	#N/A	#N/A
75	00:00	#N/A	#N/A	#N/A	#N/A	2	#N/A	#N/A
76	00:00	#N/A	#N/A	#N/A	#N/A	3	#N/A	#N/A
77	00:00	#N/A	#N/A	#N/A	#N/A	4	#N/A	#N/A
78	00:00	#N/A	#N/A	#N/A	#N/A	5	#N/A	#N/A