

# 2019 TAVY 7

Sunday 27 October 2019

Entries at 25 October

Race No.	Name		Age Category	Club
	Surname	Forename		
309	Aggett	Peter	M50	Tiverton Harriers
618	Akeroyd	Guy	MU17	Unattached
619	Akeroyd	Simon	M45	Unattached
671	Alee	Emma	F40	Plymouth Musketeers RC
28	Allen	Kathleen	F50	Unattached
166	Anderson	David	M65	Torrington AAC
25	Anness	Katherine	F35	Tavistock AC
686	Ansell	James	Senior Male	Unattached
308	Anthony	Chris	M40	Bere Alston Trekkers
215	Argue	Tanya	F45	Bere Alston Trekkers
184	Armstrong	Justine	F50	Tamar Trotters
270	Armstrong	James	Senior Male	Tavistock AC
627	Arundell	Rich	M50	Unattached
415	Ash	Graeme	M50	Team H Running Plymouth
106	Ashton	Debbie	F45	Bere Alston Trekkers
107	Ashton	Paul	M55	Bere Alston Trekkers
145	Ashurst	Mark	M45	Plymouth Striders
134	Ashworth	Laura	F40	South Devon AC
569	Atherton	Lawrence	M55	South West Road Runners
290	Atkinson	Richard	M50	Plymouth Harriers
373	Atwill	Tom	Senior Male	Unattached
9	Aze-Thomas	Gill	F45	Launceston Road Runners
624	Baber	Sophie	Senior Female	Unattached
546	Backaller	Peter	Senior Male	Storm Plymouth
467	Badge	Steve	M55	Storm Plymouth
46	Bailey	Joanne	F45	Launceston Road Runners
341	Baker	Mike	M50	Okehampton RC
598	Baker	Steve	M60	Tamar Trotters
247	Ball	Abi	F35	Unattached
354	Ball	Matthew	M45	Unattached
174	Barden	David	Senior Male	Unattached
263	Barlow	Claire	F40	Bodmin Road Runners
22	Barnaby	Clare	F40	Unattached
339	Barnes	Cally	F50	Bere Alston Trekkers
536	Barnicot	George	M70	Plymstock Road Runners
594	Barter	Paul	M55	South West Road Runners
135	Bartlett	Sally-Anne	F50	Bere Alston Trekkers
538	Bartlett	Terry	M55	Plymouth Harriers
442	Baskott	Kevin	M50	Tamar Trotters
278	Batchelor	Charlotte	F40	Brixham harriers
37	Bates	Dave	M65	Okehampton RC
229	Batten	Stuart	M40	South Devon AC
403	Batten Reveley	Susannah	F35	Unattached
26	Beattie	Laura	Senior Female	Plymouth Harriers
151	Beattie	Kim	F40	Tavistock AC
205	Bees	Philip	M60	Plymouth Musketeers RC
584	Bees	Andrew	Senior Male	Plymouth Musketeers RC
212	Behennah	Debbie	F50	Unattached
560	Beilby	Annette	F40	Unattached
292	Bell	Kerry	F55	South Devon AC
196	Bellamy	Diana	F40	Unattached
351	Belt	Keith	M70	South Devon AC
78	Benit	Sean	Senior Male	Unattached
131	Bennett	Paul	M50	Plymouth Musketeers RC
132	Bennett	Deborah	F50	Plymouth Musketeers RC
285	Bennett	David	Senior Male	Unattached
596	Bennett	Louise	F50	Unattached
38	Benson	Sally	F45	Unattached
563	Benstead	Claudine	F60	Okehampton RC
251	Bergonzini	Umberto	M45	Tavistock Run Project
609	Best	Richard	M55	Tavistock AC
338	Bickley	Hazel	F45	Bere Alston Trekkers
239	Birch	Lisa	F50	Bere Alston Trekkers
187	Bishop-Hawes	Simon	M45	Unattached
81	Black	Joely	F40	Unattached

576	Blackmore	Margaret	F60	Storm Plymouth
458	Blackwell	Alison	F55	Unattached
142	Blackwood	Katie	Senior Female	Storm Plymouth
680	Blaszczuk	Michal	Senior Male	Unattached
272	Blowey	Catherine	Senior Female	Unattached
273	Blowey	Paul	M55	Unattached
446	Bogatko	David	M65	Unattached
603	Bolitho	Julie	F50	Mounts Bay Harriers
85	Bond	Ashley	Senior Male	South Molton Strugglers
214	Bond	Hayden	Senior Male	Okehampton RC
487	Bond	Helene	F50	Crediton Running Network
267	Bonney	Cathryn	F40	Storm Plymouth
153	Boon	Simon	Senior Male	Royal Navy Athletics Club
445	Boulden	Helen	Senior Female	Unattached
279	Bover	Annie	F40	Bude Rats
577	Bowden	Andrew	M45	Bere Alston Trekkers
474	Box	Julie	F55	Crediton Running Network
691	Bradfield	Karen	F50	Bere Alston Trekkers
15	Bradley	Matt	M45	Team H Running Plymouth
547	Brandon	Tanisha	Senior Female	Storm Plymouth
548	Bratt	Trudie	F40	Unattached
20	Bremner	Jane	F60	Tamar Trotters
35	Bright	Sarah	F40	Torrington AAC
10	Brimacombe-Wright	Fernley	Senior Male	Unattached
398	Brint	Lucy	F40	Unattached
461	Bristow	Nicholas	M45	Erme valley harriers
462	Bristow	Benjamin	Senior Male	Erme Valley Harriers
146	Brownhill	Paul	M45	Plymouth Striders
531	Brownhill	Jody	F45	Unattached
493	Bruce	Damon	M40	Storm Plymouth
612	Brumhead	Kelly	F40	Plymouth Musketeers RC
125	Bryant	Jenny	F50	Tavistock AC
126	Bryant	Ceri	Senior Female	Unattached
674	Buckett	Esse	F45	Unattached
220	Bullard	Mark	M45	Plymouth Harriers
3	Bullock	Rachel	F40	Tamar Trotters
199	Bungay	Christian	Senior Male	Unattached
168	Bunting	Maggie	F50	Tamar Trotters
390	Burbidge	Alice	F35	Unattached
13	Burden	Amanda	F40	Launceston Road Runners
345	Burder	Lyndsay	F35	Lonely Goat RC
669	Camies	Jo	F50	Unattached
397	Carey	Cathy	F40	Unattached
245	Carlyle	Charlotte	F40	Storm Plymouth
508	Carpenter	Craig	M45	Unattached
452	Carr	Rory	M40	Tiverton Harriers
91	Carter	Martin	M50	Unattached
56	Case	Daniel	Senior Male	Plymouth Musketeers RC
11	Caulfield	Paul	M55	Unattached
585	Chambers	Anita	F55	Plymouth Musketeers RC
586	Chambers	Katie	F45	Plymstock Road Runners
232	Chandler	Graham	Senior Male	Unattached
625	Channing	Claire	F40	South West Road Runners
260	Chanter	Dave	M65	Tavistock Run Project
113	Chapman	Jackie	F55	Launceston Road Runners
657	Chapman	Zoe	Senior Female	Team H Running Plymouth
108	Charlick	John	M50	Lonely Goat RC
374	Charlick	Kate	Senior Female	Unattached
302	Christie	Bill	M55	Plymstock Road Runners
17	Clark	Rob	M50	Tamar Trotters
86	Clark	Michael	M45	South Molton Strugglers
652	Clark	Jeremy	M55	Plymstock Road Runners
258	Clarke	Hayley	F35	Tavistock Run Project
281	Clarke	Sally	F55	Dartmouth AC
434	Clements	Colette	F35	Newquay Road Runners
604	Clements	Stephen	M55	Bideford AAC
115	Cluney	Sandy	F45	Unattached
382	Coffman	Lynn	F50	Tamar Trotters
197	Cogings	Peter	M55	Unattached
204	Coker	Tania	Senior Female	Storm Plymouth
494	Coker	Kelvin	Senior Male	Storm Plymouth
433	Colaco	Jonny	M45	Newquay Road Runners
405	Cole	Pauline	F50	Bere Alston Trekkers
228	Coles	Michelle	F40	South Devon AC
352	Colleridge	Steven	M60	Storm Plymouth
544	Collings	Clare	Senior Female	Storm Plymouth

123	Collingwood	Josephine	F50	Unattached
340	Compton	Virginia	F45	Storm Plymouth
542	Compton	Micheal	M40	Unattached
367	Cook	Judith	F60	Unattached
121	Cooke	Paul	Senior Male	South Molton Strugglers
207	Cooper	Alexander	M40	Unattached
27	Cope	Deborah	F55	Unattached
33	Copsonball	Sally	F40	Unattached
694	Couling	Keith	Senior Male	Storm Plymouth
61	Coverdale	Heather	F55	South Devon AC
376	Cowden	Andy	M55	Bere Alston Trekkers
154	Cowell	Jonathan	M40	Unattached
1	Cowley	Michelle	Senior Female	South Devon AC
457	Crawford	Gemma	Senior Female	Unattached
4	Cretch	Jeff	M45	Team H Running Plymouth
93	Crocker	Louise	F50	Team H Running Plymouth
587	Crowder	Liam	Senior Male	Unattached
63	Crowle	Kim	F40	East Cornwall Harriers
294	Cryer	Jonathan	M65	Unattached
455	Cubberley	David	M55	South Devon AC
344	Cudmore	Mai	F35	Unattached
676	Cullerton	Tracey	F45	Plymouth Musketeers RC
677	Cullerton	Ethan	Senior Male	Plymouth Musketeers RC
679	Cullerton	Mark	M45	Plymouth Musketeers RC
357	Cummings	Sally	F50	Unattached
360	Cummings	Alan	M50	Unattached
95	Cusack	Andrew	M45	Tavistock Run Project
287	Cutler	Harry	Senior Male	Unattached
556	Cutler	David	M40	South Molton Strugglers
206	D'Alessio	Pasquale	M50	Unattached
119	Dalton-ginn	Graham	M45	Holsworthy RC
526	Dart	James	Senior Male	Unattached
42	Davey	Simon	M45	Unattached
521	Davey	Tracey	F45	East Cornwall Harriers
387	Davidson	Gemma	F35	Unattached
483	Davies	Richard	Senior Male	Okehampton RC
450	Dawes	Jackie	F50	Okehampton RC
466	Day	Nicola	F45	Storm Plymouth
62	de Carles	Helen	F60	Tavistock AC
188	Deakin	Sarah-Louise	Senior Female	Tamar Trotters
250	Dean	Nicola	F45	Brixham Harriers
665	Dean	Emma	F40	Okehampton RC
640	Debnam	Peter	M70	Unattached
23	Decieco	Rachael	F40	Unattached
165	Delbridge	Deborah	F45	Unattached
518	Delbridge	Angela	F45	Unattached
500	Denley	Tess	F50	Storm Plymouth
72	Dickinson	Grant	Senior Male	Unattached
303	Digby	Laura	Senior Female	Unattached
155	Dixon	Tim	M60	Launceston Road Runners
545	Dixon	Dawn	F45	Storm Plymouth
537	Dobbie	Sarah	F45	Unattached
614	Dornan	Hayley	F45	Unattached
535	Dowell	John	M55	Unattached
99	Down	Kirsty	Senior Female	Unattached
439	Drennan	John	M65	South Devon AC
611	Dunn	Vicki	F40	Plymouth Musketeers RC
410	Dunne	Emma	F40	Plymouth Musketeers RC
411	Dunne	Damian	M45	Plymouth Musketeers RC
605	Durrell	Katie	F45	Plymouth Coasters
504	Dyer	Jennifer	F35	Plymouth Harriers
293	Efish	Gill	F40	Unattached
40	Eldridge	David	M45	Bideford AAC
479	Elliott	Rachael	Senior Female	Unattached
480	Elliott	Jonathan	Senior Male	Unattached
666	Emmett	Nicola	F40	Launceston Road Runners
64	Emony	James	M45	Tavistock AC
65	Emony	Zara	F45	Tavistock AC
224	Engledew	Alison	F60	Erme Valley Harriers
225	Engledew	David	M60	Erme Valley Harriers
284	Evison	Paul	M65	Okehampton RC
664	Ewing	Rebecca	F40	Unattached
57	Eyre	Dana	F45	Plymouth Musketeers RC
632	Ezra	Rebecca	Senior Female	Tamar Trotters
312	Farley	Richard	M55	Unattached
393	Farr	James	M60	Storm Plymouth

394	Farr	Georgie	Senior Female	Storm Plymouth
539	Fielder	Gary	Senior Male	Bere Alston Trekkers
249	Fishleigh	Nick	Senior Male	Unattached
141	Fisk	Jodi	F35	Tavistock AC
289	Fitzgibbon	Ged	M65	Okehampton RC
574	Flanagan	Naomi	Senior Female	Torbay Tri Club
524	Fleming	Susan	F40	Plymouth Coasters
540	Ford	Alison	F55	South Devon AC
105	Forder	Jane	F55	Tamar Trotters
104	Foster	Ann	F70	Tamar Trotters
667	Foster	Diane	F45	Looe Pioneers RC
255	Found	Tracey	F40	Unattached
589	Fowell	Daniel	M45	Storm Plymouth
54	Fowle	Kate	F40	Unattached
18	Francis	Jenny	Senior Female	Erme Valley Harriers
337	Francis	Daniel	Senior Male	Erme Valley Harriers
274	Friendship	Sharon	F55	Tamar Trail Runners
475	Fritsch	Christine	F45	Okehampton RC
114	Frow	Helen	F50	Wild Running
412	Furlonger	Sean	M50	Unattached
482	Fursman	Martine	F50	Unattached
136	Gannon	Richard	M45	Unattached
98	Garland	Tracey	F50	Storm Plymouth
582	Garlick	Rachel	F45	Storm Plymouth
96	Gayton	Liz	F45	Unattached
97	Gayton	David	M45	Unattached
699	Gdanitz	Kelly	F40	Unattached
148	Geen	Pauline	F55	Bradworthy Runners
210	Geen	Andrew	M60	Bude Rats
299	Geen	Maddy	Senior Female	Greenbow Exeter
350	Gibbons	Ryan	Senior Male	Unattached
444	Gibbons	Luke	Senior Male	Unattached
365	Giles	Lorraine	F60	Storm Plymouth
364	Giles-Wyatt	Adam	Senior Male	Unattached
465	Glazier	Rosie	Senior Female	South West Road Runners
211	Godfrey	Clare	F40	Unattached
421	Goodspeed	David	Senior Male	Plymouth Harriers
422	Goodspeed	Laura	Senior Female	Plymouth Harriers
128	Gorrod	Debbie	F70	Unattached
414	Graham	Robert	M40	South West Road Runners
330	Grant	Zoe	F40	Unattached
449	Grant	Brenda	F65	South Devon AC
506	Greaves	Melanie	F45	Bere Alston Trekkers
242	Green	Carl	M45	Launceston Road Runners
682	Gribble	Tom	Senior Male	Launceston Road Runners
74	Griffith	Peter	M65	Unattached
304	Grigg	Trevor	M60	Tavistock AC
626	Grzenda	Matthew	M40	Plymouth Musketeers RC
50	Gulliford	Emily	Senior Female	Fremington Trailblazers
51	Gulliford	Karen	F55	Fremington Trailblazers
661	Gwynne	Paul	M50	Mud Crew Trail Runners
266	Hadley	Jonathan	Senior Male	Plymouth Harriers
588	Halfacree	Will	Senior Male	Unattached
19	Halfpenney	Felicity	F40	Unattached
66	Hall	Lisa	F45	Unattached
348	Hall	Andy	M40	Unattached
638	Hall	Rebecca	Senior Female	Unattached
662	Ham	Richard	Senior Male	Unattached
688	Ham	James	Senior Male	Unattached
175	Hannigan	Martin	M45	Unattached
268	Hardy	David	Senior Male	Ocean City RC
456	Harris	Claire	F35	Unattached
608	Harris	Benjamin	Senior Male	Unattached
325	Harrison	Rebecca	F45	Unattached
448	Harrison	Natalie	F55	Storm Plymouth
646	Harrison	Bradley	M40	Plymouth Musketeers RC
218	Harvie	Rose	Senior Female	Plymouth Harriers
55	Hatwell	Claire	F35	Lonely Goat RC
194	Hatwell	Barn	Senior Male	Lonely Goat RC
244	Hawkes	Amy	F50	Bideford AAC
328	Hawkins	Maggie	F45	Unattached
399	Hayer	Viki	F40	Unattached
36	Hayes	Jennie	F55	Torrington AAC
331	Hayes	Susan	F50	South Devon AC
69	Hayward	Caroline	F40	Unattached
269	Head	Natasha	Senior Female	Storm Plymouth

527	Head	Martin	M50	Bere Alston Trekkers
528	Head	Hilary	F55	Bere Alston Trekkers
635	Head	Matthew	Senior Male	Cornwall AC
203	Hearne	Stuart	M45	Unattached
620	Heath	Phillip	M45	Plymouth Musketeers RC
402	Hedgethorpe	Katy	Senior Female	Plymouth Harriers
161	Heffernan	Mark	M45	Unattached
193	Hennessey	Chrissy	F45	Unattached
571	Herbert	Lee	M40	Plymouth Musketeers RC
572	Herbert	Claire	F45	Plymouth Musketeers RC
575	Herdman	Allan	M65	Tavistock AC
377	Heywood	Sue	F55	Riviera Racers
53	Hicks	Nicky	F40	Unattached
333	Hill	Steve	M45	Plymouth Harriers
111	Hillman	Michaela	F50	Torrington AAC
385	Hingston	Shaun	M40	Bere Alston Trekkers
551	Hingston	Natasha	F45	Bere Alston Trekkers
67	Hiscoke	Jonathan	Senior Male	South Devon AC
34	Hoare	Katharine	F50	Tamar Trail Runners
235	Hobbs	Nikki	F45	Unattached
368	Hobbs	Julian	M50	Bitton Road Runners
379	Hobbs	Neil	M55	Gloucester AC
296	Hocking	Jeremy	M45	Torbay Tri Club
297	Hocking	Thomas	Senior Male	Unattached
476	Hockridge	Jason	M40	South West Road Runners
469	Hodges	Gayle	F40	Plymouth Musketeers RC
14	Holifield	Rebecca	Senior Female	Unattached
511	Holland	Sarah	F45	Tavistock AC
695	Holland	Adam	Senior Male	Tavistock AC
353	Holloway	Damien	M40	Royal Navy Athletics Club
334	Holman	George	Senior Male	South Devon AC
502	Holmes	Neil	M50	Erme Valley Harriers
52	Hopkins	Victoria	Senior Female	Fremington Trailblazers
317	Hopkins	Edward	M55	Unattached
428	Hopkinson	Janet	F50	Tavistock Tri Club
378	Horn	Edward	Senior Male	Tavistock AC
326	Hotchkiss	David	M60	Looe Pioneers RC
651	Hough	Kathryn	F55	South West Road Runners
567	Houghton	Andrew	M70	Tavistock AC
568	Houghton	Sheila	F65	Tavistock AC
389	Howard	Jamie	M40	South West Road Runners
234	Howell	Tom	Senior Male	Miile High RC
240	Howells	Craig	Senior Male	Tavistock Run Project
447	Hughes	Michael	M55	Storm Plymouth
642	Humphrey	Thomas	Senior Male	South West Road Runners
102	Hunter	Harriet	Senior Female	Unattached
552	Hunter	Victoria	F40	Tavistock AC
566	Hutchings	Amanda-Jane	Senior Female	Unattached
158	Hutchins	Paula	F60	Unattached
498	Hyne	Fiona	F55	Unattached
92	Jackson	Byron	Senior Male	Unattached
489	Jarvis	Richard	M50	South Devon AC
639	Jayes	Jo	F55	Erme Valley Harriers
276	Jeffery	Matthew	Senior Male	Unattached
191	Jennison	Jessica	F35	Tavistock AC
295	Jennison	Toby	Senior Male	Unattached
700	Jewell	Candace	F40	Bideford AAC
280	Johns	Lynn	F45	Unattached
183	Johnson	Graham	M50	Unattached
332	Johnston	Sally	F55	Tamar Trotters
426	Jonas	Suzanne	F40	Unattached
94	Jones	Michelle	F45	Storm Plymouth
117	Jones	Lewis	M70	South West Road Runners
265	Jones	Karen	F45	Storm Plymouth
481	Jones	Amy	F35	South West Road Runners
593	Jones	Marie	F70	Dartmouth AC
342	Jowett	Rachel	F35	Unattached
396	Karunatilake	Dumin	M45	Unattached
649	Kelly	Katy	F35	Unattached
692	Kemp	Mandy	F60	Looe Pioneers RC
463	Kerslake	Stephanie	Senior Female	Unattached
237	Kerton-Sharpe	Colette	F45	Unattached
101	Kibler	Matthew	Senior Male	Unattached
675	Kilgore	David	M40	Storm Plymouth
112	King	Kat	Senior Female	Unattached
522	King	Bryan	M65	Plymouth Musketeers RC

523	King	Louise	F55	Plymouth Musketeers RC
685	King	Chris	M50	Riviera Racers
451	Kirby	Helen	F40	Tiverton Harriers
336	Kirkland	Brian	M55	Tamar Trotters
241	Konst	Sarah	Senior Female	Unattached
388	Lacey	Phil	M45	Unattached
490	Lake	Samantha	F40	Tavistock AC
219	Lancaster	Mark	Senior Male	Unattached
505	Lane	Alison	F40	Unattached
693	Lane	Richard	M50	Erme Valley Harriers
118	Lawrence	Ruby	Senior Female	Unattached
213	Lawrie	Donna	F35	Storm Plymouth
301	Lawson	Karen	F45	Plymstock Road Runners
443	Leonard	stephen	M50	Plymstock Road Runners
310	Le-Seelleur	Vicky	Senior Female	Unattached
678	Lesniak	Michael	Senior Male	South Molton Strugglers
549	Levers	Darren	M50	Unattached
550	Levers	Jeannine	M50	Plymstock Road Runners
622	Lewis-Clark	Becky	F50	Storm Plymouth
460	Light	Lisa	F55	Plymouth Musketeers RC
578	Lim	Wm	F45	Unattached
76	Lloyd	Wesley	Senior Male	Unattached
79	Lloyd	April	Senior Female	Unattached
532	Lloyd	David	M50	Erme Valley Harriers
561	Locke	Justin	M40	Storm Plymouth
562	Locke	Hayley	F35	Unattached
384	Lockhart	Robyn	Senior Female	Unattached
171	Love	Benjamin	M40	Tavistock AC
77	Luke	Natasha	Senior Female	Storm Plymouth
178	Luther	Simon	M50	Unattached
491	MacDonough	Pat	M40	Tavistock AC
48	MacDougall	Gregor	M45	Unattached
49	MacDougall	Davina	F45	Unattached
41	Mace	Steve	M55	Plymouth Musketeers RC
100	Machin	Phil	M50	Unattached
653	Mackenzie	Paul	M45	Unattached
655	Mackenzie	Nicola	F45	Unattached
381	MacMillan	Andy	M50	South West Road Runners
418	Maddock	Heather	F60	South Devon AC
420	Maddock	Steve	M60	South Devon AC
231	Magee	Alex	Senior Male	South Devon AC
21	Maguire	Nicky	F45	Unattached
407	Mallinson	Hayley	Senior Female	Unattached
252	Malthouse	Rachael	F35	Tavistock Run Project
253	Malthouse	Christopher	M45	Tavistock Run Project
684	Marks	Jess	Senior Female	Unattached
167	Marlow	Jon	M40	Unattached
400	Marrison	Lucy	F35	Unattached
485	Marshall	Anne	F55	Plymouth Harriers
486	Marshall	Andrew	M55	Plymouth Harriers
45	Martin	Jane	F55	Tavistock AC
356	Martin	Andrew	M50	Tavistock AC
478	Martin	Olivia	F35	Unattached
597	Mather	Karen	F55	Tavistock AC
124	Matthews	Leila	F40	Plymouth Musketeers RC
595	Matthews	Jonny	M40	Storm Plymouth
427	Mc Ginnes	Helen	F45	Unattached
186	McAughey	Peter	M50	Launceston Road Runners
464	McCall	Mhairi	F55	Tavistock AC
529	McDonald	Alison	F35	Plymouth Striders
543	McDowell	Tilly	FU17	Tavistock AC
305	McKenna	Christopher	M65	Unattached
87	Mckibbin	James	Senior Male	South Molton Strugglers
59	McLean	Wendy	F50	Unattached
404	Medhurst	Jim	M40	Bere Alston Trekkers
73	Menlove-Platt	Chris	M65	Bude Rats
68	Mills-Hicks	Robert	M50	Tavistock AC
217	Milsom	Paul	M40	Unattached
413	Miners	Michael	Senior Male	Unattached
621	Minhinick	Kelly	F35	Storm Plymouth
647	Monaghan	Peter	M50	Torbay AAC
179	Moon	Sam	M40	Unattached
180	Moon	Sarah	F40	Unattached
181	Moon	Joshua	Senior Male	Unattached
182	Moon	Ben	M40	Unattached
366	Moore	Elana	F45	Tamar trail runners

673	Moore	Zoe	F50	Unattached
8	Morgan	Frances	F55	Bere Alston Trekkers
82	Morgan	Paul	M40	South Molton Strugglers
223	Morris	Nicola	F55	Just Jog
176	Morton	Richard	M65	Tamar Trotters
401	Morton	Jane	F35	Bere Alston Trekkers
654	Mountford	Clare	F45	Unattached
656	Mountford	Adrian	M45	Unattached
222	Mulvihill	Lorna	Senior Female	Plymouth Striders
409	Nash	Joe	Senior Male	Unattached
616	Nash	Declan	Senior Male	Unattached
515	Newcombe	Andrew	M40	Erme Valley Harriers
507	Nicholls	Lynn	F45	Erme Valley Harriers
189	Nicholson	Dana Ruth	F55	Tamar Trotters
623	Nicol	Rhiannon	Senior Female	Unattached
472	Nithavrianakis	Mike	M50	Tamar Trail Runners
311	Northey	Gill	F55	Unattached
370	Northey	Joanna	F45	Launceston Road Runners
573	O'Brien	Karen	F50	Teignbridge Trotters
633	Oconnor	David	Senior Male	Unattached
636	O'Connor Morrish	Rebecca	Senior Female	Unattached
510	Orme	Helen	F45	Tavistock AC
408	Ostenfeldt	Mandy	F55	Unattached
541	Outlaw	Anita	F45	Storm Plymouth
256	Oxborough	Tracey	F55	Tavistock AC
226	Oxenham	Julie	F45	Bodmin Road Runners
60	Paines	Zoe	F35	Unattached
31	Palmer	Christopher	Senior Male	Unattached
75	Pantling	Simone	F35	Unattached
192	Parish	David	Senior Male	Unattached
236	Parker	Andrew	M55	Launceston Road Runners
697	Parker	Lisa	F45	Unattached
613	Parrott	Natasha	F45	Unattached
320	Pascoe	Mark	M50	Tamar Trotters
321	Pascoe	Julie	F55	Tamar Trotters
670	Paskins	Paul	M60	Plymouth Harriers
12	Pateman	Jo	F35	Torrington AAC
590	Paull	Kevin	M55	Erme Valley Harriers
216	Pearce	Daniel	Senior Male	Unattached
416	Pearce	Nick	Senior Male	Lonely Goat RC
555	Pearce	Stewart	M70	Unattached
103	Pearson	David	M65	Plymstock Road Runners
358	Peart	Kevin	M45	Plymouth Harriers
346	Peck	Cris	M50	Tamar Trotters
347	Peck	Fiona	F50	Tamar Trotters
275	Pedrick	Mel	F45	Plymouth Harriers
509	Peppers	Liza	F35	Storm Plymouth
580	Perkin	Andrew	M45	Unattached
233	Perks	Wendy	F45	Unattached
687	Perriss	Jessica	F45	Riviera Racers
138	Peters	Martin	M50	Plymouth Striders
288	Petersen	Guy	M50	Unattached
329	Pethick	Sarah	F40	Unattached
631	Phelvin	Tamsin	F40	Tiverton Harriers
512	Phillips	Deb	F50	East Cornwall Harriers
208	Pilley	Georgia	Senior Female	Plymouth Striders
419	Pinfield	Melissa	F45	Bere Alston Trekkers
406	Pitt	Susie	F60	Unattached
343	Pittaway	Catherine	F60	Plymstock Road Runners
650	Pittaway	Steve	M45	Plymstock Road Runners
369	Plass	Matt	M45	Unattached
39	Plumb	Simon	M50	Plymouth Musketeers RC
144	Podmore	Jamie	Senior Male	Unattached
90	Pollard	Lee	Senior Male	Tamar Trotters
160	Powell	Arlene	F35	Tamar Trotters
564	Price	Kevin	M40	Unattached
140	Prisk	Maryann	F35	Unattached
172	Prisk	Penny	F60	Unattached
503	Prouse	Dave	Senior Male	Just Jog
282	Prowse	James	Senior Male	Unattached
185	Prudden	Ollie	M40	Unattached
254	Pryor	Janet	F55	Brixham Harriers
441	Pyke	Pauline	F50	Unattached
238	Pysden	Mark	Senior Male	Storm Plymouth
425	Quick	Merwyn	F40	Launceston Road Runners
496	Rafferty	Rebecca	F45	Unattached

497	Rafferty	Nigel	M45	Unattached
554	Rago	Tony	M45	Unattached
177	Randell	Tim	M55	Unattached
80	Rayer	Anita	F55	Unattached
659	Read	Nick	Senior Male	Unattached
643	Regan	Alicia	Senior Female	South West Road Runners
395	Rice	Mervyn	M60	Okehampton RC
641	Rice	Jenny	Senior Female	Helm Hill Runners
120	Richings	Cynthia	F70	Tamar Trotters
7	Rickard	Miranda	F35	Unattached
648	Rider	Ann	F35	Unattached
644	Riley	Sam	Senior Male	Unattached
645	Riley	Helen	F35	Unattached
437	Ritchie	John	M45	Plymouth Musketeers RC
438	Ritchie	Miranda	F50	Plymouth Musketeers RC
600	Ritchie	Janet	F55	Carn Runners
495	Rizk	Ralph	M40	Unattached
6	Rogers	Ben	Senior Male	Unattached
519	Rogers	Paul	M65	Tavistock AC
315	Rosewarne	Lisa	F40	Unattached
43	Ross	Sarah	F55	Launceston Road Runners
139	Ross	Alison	F60	Tamar Trail Runners
668	Rowcliffe	Sophie	Senior Female	Unattached
525	Rowe	Trudi	F45	Plymouth Coasters
201	Rowledge	Becky	F35	Unattached
300	Ruddock	Ann	F55	Tavistock AC
243	Runner	Summer	F35	Storm Plymouth
689	Russell	Kate	F40	Tavistock AC
195	Ryan	Karen	F40	Tamar Trotters
83	Samuel	Andrew	M60	South Molton Strugglers
122	Sanderson	Shaaron	F55	Unattached
24	Sanham	Victoria	Senior Female	Unattached
375	Sargent	Kelly	F40	Launceston Road Runners
16	Schneider	Nicki	F40	Unattached
499	Scott	Rebecca	F40	Storm Plymouth
599	Seabourne	Daisy	F40	Unattached
362	Seymour-Smith	Stuart	M55	Holsworthy RC
440	Shapcott	Paul	M45	Storm Plymouth
430	Sharples	Rachel	F45	South Devon AC
137	Shaw	Darren	M50	Unattached
690	Shaw	Kelly	F35	Bere Alston Trekkers
514	Shipton	Jason	M45	Unattached
298	Simmons	Nicky	F50	Brixham Harriers
501	Simpson	Mark	Senior Male	Unattached
173	Sims	Catherine	F45	Tamar Trotters
227	Sinclair	Sarah	F50	Plymouth Musketeers RC
307	Sinclair	Mark	M50	Plymouth Musketeers RC
372	Sinclair	Nicky	F50	Storm Plymouth
557	Sinclair	Nichola	F50	Bodmin Road Runners
471	Sincock	Steve	M55	Okehampton RC
672	Skinner	Steven	Senior Male	Unattached
488	Skipp	Paul	M50	Bude Rats
459	Sleep	Sally	F35	Unattached
291	Sluggett	Mark	M50	Unattached
424	Smart	Edward	Senior Male	Tavistock Run Project
435	Smart	Ian	M45	Unattached
436	Smart	Oliver	MU17	Tavistock Run Project
259	Smerdon	Marc	Senior Male	Tavistock Run Project
202	Smith	Lotte	F50	Okehampton RC
257	Smith	Ed	Senior Male	Tavistock Run Project
322	Smith	James	M40	Plymouth Musketeers RC
634	Smith	Glenda	F50	Launceston Road Runners
129	Smyly	Heather	F50	Unattached
130	Smyly	Roger	M50	Unattached
246	Soffe	Loretta	Senior Female	City of Birmingham Striders
286	Sortwell	Charlotte R.	Senior Female	Yaxley Runners & Joggers
109	Sowden	Louise	Senior Female	Storm Plymouth
363	Spence	Kelly	F35	Storm Plymouth
607	Spicer	Caren	F50	Unattached
248	Stacey	Stephanie	F55	Unattached
468	Stacey	Dom	M40	South West Road Runners
492	Steele	Gemma	Senior Female	Bideford AAC
534	Sterry	Ethan	Senior Male	South West Road Runners
570	Sterry	Martin	M45	South West Road Runners
558	Stevens	Debra	Senior Female	South West Road Runners
559	Stevens	Ross	Senior Male	South West Road Runners



696	Stevens	Brad	Senior Male	Tavistock AC
230	Stokes	Debbie	F55	Unattached
606	Stone	Serane	F40	Tiverton Harriers
698	Stott	Ellodie	Senior Female	Okehampton RC
355	Stringer	Jayne	F35	Yaxley Runners & Joggers
592	Stringer	Matthew	Senior Male	Launceston Road Runners
190	Sweeney	Paul	Senior Male	Tamar Trotters
591	Tapp	Matthew	Senior Male	South Molton Strugglers
163	Tate	Rosemary	F60	Unattached
429	Taverna	Brigitte	F40	Plymstock Road Runners
602	Taylor	Penny	F55	Tavistock AC
628	Taylor	Heather	F40	Storm Plymouth
70	Teague	Matthew	M40	Tavistock Run Project
681	Terry	Ruth	Senior Female	Erme Valley Harriers
683	Terry	Sharon	F55	Erme Valley Harriers
583	Tetley	Chris	M55	Plymouth Harriers
162	Thackham	Steve	M55	Tavistock AC
473	Theedom	Jacky	F65	Crediton Running Network
361	Thomas	Mark	M45	Plymouth Harriers
601	Thomas	Bart	Senior Male	Tavistock AC
277	Thorne	Sandie	F35	Unattached
477	Tilney	Victoria	F40	Tavistock AC
71	Tosh	Suzie	F40	South West Road Runners
470	Tossell	Michael	Senior Male	Storm Plymouth
32	Townshend	Liam	Senior Male	Unattached
150	Tregelles	David	M55	Unattached
520	Tremlett	Sue	F55	Teignbridge Trotters
553	Trethewey	Simon	Senior Male	Unattached
453	Tucker	Gillian	F70	Storm Plymouth
565	Tucker	Paul	M65	Unattached
147	Turner	Sarah	F35	Tavistock AC
380	Turner	Thelma	F65	Tavistock AC
423	Turner	Samantha	F50	Plymouth Musketeers RC
617	Twine	Sam	Senior Male	Tavistock AC
581	van der Linden	Vanda	F55	South West Road Runners
516	Varcoe	Edward	M40	Plymouth Harriers
517	Vassay	James	Senior Male	Tavistock Run Project
371	Venning	Martin	M65	Launceston Road Runners
143	Vernon	Andrew	M50	Okehampton RC
335	Verran	Katrina	F40	Bodmin Road Runners
89	Vialls	Tim	M55	South West Road Runners
261	Vosper	Francis	M60	Bodmin Road Runners
262	Vosper	Nicola	F60	Bodmin Road Runners
318	Vosper	Suzanne	F40	Plymouth Musketeers RC
319	Vosper	Mathew	M45	Plymouth Musketeers RC
383	waddington	stephen	M65	South Devon AC
417	Waldron	Alison	F45	Vegan Runners UK
44	Walker	Nancey	F40	Unattached
152	Walker	Christopher	M45	Wells City Harriers
660	Walker	Alex	Senior Female	Unattached
579	Ward	Donna	F50	Unattached
327	Ware	Aileen	F65	Unattached
170	Warner	Liz	F50	Unattached
200	Warner	Andy	M50	Unattached
513	Warner	Simon	M50	Storm Plymouth
615	Warren	Phil	M65	Erme Valley Harriers
156	Waters	Antony	M40	South Devon AC
157	Waters	Danielle	Senior Female	South Devon AC
47	Watkiss	Tracy	F45	Plymouth Musketeers RC
533	Watson	Paul	M40	Lonely Goat RC
133	Webb	Roger	M65	South Devon AC
610	Welch	Adam	M60	Lonely Goat RC
198	Welsh	Abi	F45	Brislington ladies
29	West	Mark	M45	Unattached
349	West	Zoe	F40	Unattached
221	Western	Gregory	M40	Unattached
84	Whalley	Nik	M45	South Molton Strugglers
159	White	Janet	F65	Okehampton RC
324	White	Ian	M45	South West Road Runners
431	White	Joanne	F40	lonely goat rc
432	White	Duncan	M45	Lonely Goat RC
359	Whitmore	Paul	Senior Male	Storm Plymouth
209	Wickett	James	Senior Male	Unattached
116	Wilkins	Natalie	F40	Storm Plymouth
149	Williams	Darren	M45	Plymouth Musketeers RC
264	Williams	Trevor	M60	Tamar trotters

271	Williams	Lynsey	F50	Plymouth Harriers
637	Williams	Paul	M45	Unattached
454	Wills	Michael	M65	Plymouth Coasters
484	Windemer	Richard	M65	Dartmoor Runners
110	Wintle	Geoff	M55	Unattached
58	Wolfenden	Lindsay	F45	Unattached
164	Wolstenholme	Erica	F60	Unattached
306	Wones	Sophie	Senior Female	Looe Pioneers RC
30	Wood	Glenn	M55	East Cornwall Harriers
391	Wood	Lauren	Senior Female	Unattached
392	Wood	Michael	M55	Unattached
169	Woolgar	Lorrie	F55	Unattached
663	Woollett	Mandy	F45	Looe Pioneers RC
323	Woolven-Allen	John	M45	Plymstock Road Runners
316	Wootten	Ann	F45	Unattached
629	Worsfold	Paul	M65	Plymstock Road Runners
630	Worsfold	Linda	F60	Plymstock Road Runners
2	Worth	Hannah	F35	Tavistock AC
313	Worth	Joanna	F45	Unattached
314	Worth	Emily	Senior Female	Unattached
5	Wright	Steve	M50	South Devon AC
658	Wylie	Philip	M40	Cheltenham and County Harriers
530	Yetton	Ami	F35	Plymouth Harriers
283	Youngman	Paul	M60	Plymouth Musketeers RC
386	Zaple	Katrina	F50	Unattached