



TAVISTOCK Athletic Club

www.tavistockathletics.co.uk

CLUB AWARDS SCHEME

Recognition - Celebration - Inspiration

Awards Achieved

January 2022

Date	Name	Age Cat.	Event	Time	Age Grade		Award
15 January 2022	Sue Jarman	F60	Tavy 5k	00:39:24	49%	5k	Commendation
15 January 2022	Darren Fisher	M50	Tavy 5k	00:34:36	43%	5k	Commendation
15 January 2022	Greg Jones	M40	Tavy 5k	00:30:19	45%	5k	Commendation
09 January 2022	Trevor Grigg	M65	January Jaunt	01:06:51	52%	10k	Bronze
15 January 2022	Sarah J Swinburne	F45	Tavy 5k	00:30:39	52%	5k	Bronze
09 January 2022	Anna Luff	Senior Female	January Jaunt	00:54:47	55%	10k	Bronze Star
09 January 2022	Sarah Turner	F40	January Jaunt	00:53:03	59%	10k	Bronze Star
09 January 2022	Richard Nettleship	M50	January Jaunt	00:52:25	59%	10k	Bronze Star
15 January 2022	Richard Paine	M70	Tavy 5k	00:29:44	59%	5k	Bronze Star
09 January 2022	Andy Hughes	M65	January Jaunt	00:57:32	61%	10k	Silver
15 January 2022	Jan Sainsbury	F60	Tavy 5k	00:30:57	62%	5k	Silver
15 January 2022	Marian Stratton	F60	Tavy 5k	00:29:40	64%	5k	Silver
09 January 2022	Nicole Heryet	F50	January Jaunt	00:50:42	68%	10k	Silver Star
15 January 2022	Peter Bazley	M65	Tavy 5k	00:24:57	67%	5k	Silver Star
15 January 2022	Nicole Heryet	F50	Tavy 5k	00:24:02	70%	5k	Silver Star
23 January 2022	Helen Kula-Przewanski	F60	Storm Force 10	01:28:57	72%	10 miles	Gold
15 January 2022	Richard Greaves	M60	Tavy 5k	00:21:53	73%	5k	Gold
15 January 2022	Alistair Peers	M40	Tavy 5k	00:18:39	73%	5k	Gold
09 January 2022	Andrew Houghton	M75	January Jaunt	00:51:03	77%	10k	Gold Star
15 January 2022	Helen Kula-Przewanski	F60	Tavy 5k	00:24:51	77%	5k	Gold Star
15 January 2022	Andrew Houghton	M75	Tavy 5k	00:23:57	79%	5k	Gold Star
15 January 2022	Nikki Kelly	Senior Female	Tavy 5k	00:19:02	78%	5k	Gold Star
15 January 2022	Caroline Stevens	F55	Tavy 5k	00:21:49	82%	5k	Diamond