



# TAVISTOCK Athletic Club

www.tavistockathletics.co.uk

## CLUB AWARDS SCHEME

*Recognition - Celebration - Inspiration*

### Awards Achieved

### June 2022

Date	Name	Age Cat.	Event	Time	Age Grade		Award
07 June 2022	Samantha Lake	F40	Run Exe 5k	0:19:11	80%	5k	Gold Star
08 June 2022	Hannah Walker	Senior Female	Armada 5k	0:23:59	62%	5k	Silver
08 June 2022	Anna Kelly	Senior Female	Armada 5k	0:27:53	53%	5k	Bronze
08 June 2022	Hazel Walker	F50	Armada 5k	0:28:42	58%	5k	Bronze Star
18 June 2022	Adam Kula-Przewanski	Senior Male	Tavy 5k	0:17:17	75%	5k	Gold
18 June 2022	Emma Ryder	Senior Female	Tavy 5k	0:17:47	83%	5k	Diamond
18 June 2022	Alastair Peers	M40	Tavy 5k	0:18:25	74%	5k	Gold
18 June 2022	Helen Kula-Przewanski	F60	Tavy 5k	0:24:11	79%	5k	Gold Star
18 June 2022	Sarah Turner	F40	Tavy 5k	0:24:14	63%	5k	Silver
18 June 2022	Peter Bazley	M65	Tavy 5k	0:25:06	67%	5k	Silver Star
18 June 2022	Val Evans	F70	Tavy 5k	0:29:50	75%	5k	Gold
18 June 2022	Heather Cowie	F50	Tavy 5k	0:30:17	55%	5k	Bronze Star
18 June 2022	Les Maitland	M55	Tavy 5k	0:32:02	48%	5k	Commendation
18 June 2022	Nick Parsons	M60	Tavy 5k	0:37:26	43%	5k	Commendation
19 June 2022	Grant Harvey	Senior Male	Plymouth 10k	0:48:04	56%	10k	Bronze Star
19 June 2022	Richard Nettleship	M50	Plymouth 10k	0:50:41	61%	10k	Silver
19 June 2022	Sarah Prior	F45	Plymouth 10k	0:56:59	57%	10k	Bronze Star
19 June 2022	Mandy Warnett	F55	Plymouth 10k	0:58:27	63%	10k	Silver
19 June 2022	Ann Ruddock	F55	Plymouth 10k	1:06:43	55%	10k	Bronze
19 June 2022	Cynthia Squance	F60	Plymouth 10k	1:08:14	57%	10k	Bronze Star
19 June 2022	Hayden Bond	Senior Male	Plymouth Half Marathon	1:18:43	75%	Half Marathon	Gold Star
19 June 2022	Nikki Kelly	Senior Female	Plymouth Half Marathon	1:22:44	80%	Half Marathon	Gold Star
19 June 2022	James Armstrong	Senior Male	Plymouth Half Marathon	1:33:14	64%	Half Marathon	Silver
19 June 2022	Mark West	M50	Plymouth Half Marathon	1:41:09	66%	Half Marathon	Silver Star
19 June 2022	Jenny Bryant	F50	Plymouth Half Marathon	1:43:37	72%	Half Marathon	Gold

19 June 2022	Katherine Steer	F40	Plymouth Half Marathon	1:45:58	64%	Half Marathon	Silver
19 June 2022	David Twine	M65	Plymouth Half Marathon	1:47:05	72%	Half Marathon	Gold
19 June 2022	Nicole Heryet	F50	Plymouth Half Marathon	1:49:23	68%	Half Marathon	Silver Star
19 June 2022	Peter Bazley	M65	Plymouth Half Marathon	1:57:25	65%	Half Marathon	Silver Star
19 June 2022	Anna Kelly	Senior Female	Plymouth Half Marathon	1:57:48	56%	Half Marathon	Bronze Star
19 June 2022	Emma Webber	F40	Plymouth Half Marathon	1:59:39	57%	Half Marathon	Bronze Star
19 June 2022	Mark Orme	M50	Plymouth Half Marathon	2:00:26	56%	Half Marathon	Bronze Star
19 June 2022	Ian Jones	M70	Plymouth Half Marathon	2:07:35	63%	Half Marathon	Silver
19 June 2022	Annette Smith	F70	Plymouth Half Marathon	2:15:05	73%	Half Marathon	Gold
25 June 2022	Lee McMeekin	M50	Burrator 10k	0:38:29	80%	10k	Gold Star
25 June 2022	Nick Lane	Senior Male	Burrator 10k	0:49:58	54%	10k	Bronze
25 June 2022	Claire Duffin	F50	Burrator 10k	0:55:36	62%	10k	Silver
25 June 2022	Gill Northey	F50	Burrator 10k	1:09:16	50%	10k	Commendation
26 June 2022	Ian Collacott	Senior Male	Torbay Half Marathon	1:35:49	62%	Half Marathon	Silver
26 June 2022	Hayden Bond	Senior Male	Torbay Half Marathon	1:36:49	61%	Half Marathon	Silver
29 June 2022	Charlotte Walker	Senior Female	Tavistock Summer Series	0:05:50	72%	1 mile	Gold
29 June 2022	Liam Watts	Senior Male	Tavistock Summer Series	0:05:58	62%	1 mile	Silver
29 June 2022	Hollie Firth	Senior Female	Tavistock Summer Series	0:06:27	65%	1 mile	Silver Star
29 June 2022	Hazel Walker	F50	Tavistock Summer Series	0:07:54	63%	1 mile	Silver