



TAVISTOCK Athletic Club

www.tavistockathletics.co.uk

CLUB AWARDS SCHEME

Recognition - Celebration - Inspiration

Awards Achieved

July 2022

Date	Name	Age Cat.	Event	Time	Age Grade		Award
05 July 2022	Samantha Lake	F40	Run Exe 5k	0:19:24	79%	5k	Gold Star
13 July 2022	Paul Chinn	M60	Exeter 10k	0:56:10	59%	10k	Bronze Star
13 July 2022	Nikki Kelly	Senior Female	Armada 5k	0:18:41	79%	5k	Gold Star
13 July 2022	Anna Kelly	Senior Female	Armada 5k	0:27:42	53%	5k	Bronze
16 July 2022	Lee McMeekin	M50	Tavy 5k	0:19:05	77%	5k	Gold Star
16 July 2022	Kirsty Prowse	F35	Tavy 5k	0:21:24	70%	5k	Silver Star
16 July 2022	Caroline Steven	F55	Tavy 5k	0:21:42	82%	5k	Diamond
16 July 2022	Sarah Turner	F40	Tavy 5k	0:24:59	61%	5k	Silver
16 July 2022	Emily Drage	Senior Female	Tavy 5k	0:26:29	56%	5k	Bronze Star
16 July 2022	Peter Bazley	M65	Tavy 5k	0:26:51	62%	5k	Silver
16 July 2022	Marian Stratton	F60	Tavy 5k	0:29:04	66%	5k	Silver Star
16 July 2022	Paula Symons	F45	Tavy 5k	0:29:35	54%	5k	Bronze
16 July 2022	Val Evans	F70	Tavy 5k	0:30:33	73%	5k	Gold
16 July 2022	Darren Fisher	M50	Tavy 5k	0:33:44	44%	5k	Commendation
16 July 2022	Nick Parsons	M60	Tavy 5k	0:37:18	43%	5k	Commendation