



# The TAVY 5k



A TAVISTOCK Athletic Club Production

## Results

19 November 2022

| Pos. | Time  | Forename  | Surname          | Club                   | Age Cat. | Age Cat. Pos. | Age Grade Perf. | CR = Course ACR = Age Cat. |
|------|-------|-----------|------------------|------------------------|----------|---------------|-----------------|----------------------------|
| 1    | 15:38 | Jacob     | Landers          | Tamar Trotters         | Sen M    | 1             | 82.73%          | CR ACR                     |
| 2    | 15:40 | Jed       | Hutchings        | City of Plymouth AC    | U17 M    | 1             | 88.83%          |                            |
| 3    | 15:58 | Sam       | Larkham          | Tavistock AC           | Vet 35 m | 1             | 84.86%          |                            |
| 4    | 17:00 | Joe       | Beaton           | Tavistock AC           | Sen M    | 2             | 76.67%          |                            |
| 5    | 17:24 | Fynn      | Baker            | Tavistock AC           | U15 M    | 1             | 81.51%          |                            |
| 6    | 18:27 | Alistair  | Peers            | Tavistock AC           | Vet 40 M | 1             | 74.53%          |                            |
| 7    | 18:36 | Nikki     | Kelly            | Tavistock AC           | Sen W    | 1             | 79.57%          |                            |
| 8    | 19:12 | Tim       | Steere           | Unattached             | Vet 40 M | 2             | 72.14%          |                            |
| 9    | 19:16 | Samantha  | Lake             | Tavistock AC           | Vet 40 W | 1             | 81.66%          |                            |
| 10   | 19:19 | Heather   | Fell             | Tavistock AC           | Vet 35 W | 1             | 78.69%          |                            |
| 11   | 19:35 | Mike      | Crawford         | City of Plymouth AC    | Vet 40 M | 3             | 71.83%          |                            |
| 12   | 19:52 | Connor    | Duffin           | Tavistock AC           | U15 M    | 2             | 72.99%          |                            |
| 13   | 20:00 | Ben       | Hallam           | Unattached             | Vet 40 M | 4             | 69.83%          |                            |
| 14   | 20:13 | Lucas     | Hopkins          | Unattached             | Sen M    | 3             | 66.78%          |                            |
| 15   | 20:15 | Joe       | Thomson          | Launceston RR          | Vet 35 M | 2             | 65.51%          |                            |
| 16   | 20:22 | Grant     | Harvey           | Tavistock AC           | Vet 40 M | 5             | 67.02%          |                            |
| 17   | 20:34 | Hannah    | Worth            | Unattached             | Vet 40 W | 2             | 74.39%          |                            |
| 18   | 20:38 | Benedicte | Holtan Carter    | Launceston RR          | Vet 40 W | 3             | 74.56%          |                            |
| 19   | 21:11 | Kirsty    | Prowse           | DSFRS RC               | Vet 35 W | 2             | 70.57%          |                            |
| 20   | 21:20 | Ashley    | Elliott          | East Cornwall Harriers | Sen w    | 2             | 69.45%          |                            |
| 21   | 21:28 | Jason     | Shipton          | Launceston RR          | Vet 50 M | 1             | 69.80%          |                            |
| 22   | 21:36 | James     | Crossey          | Tavistock AC           | U17 M    | 2             | 64.43%          |                            |
| 23   | 21:41 | Helen     | Orme             | Tavistock AC           | Vet 45 W | 1             | 75.48%          |                            |
| 24   | 22:21 | Caroline  | Steven           | Tavistock AC           | Vet 55 W | 1             | 79.94%          |                            |
| 25   | 22:23 | Maria     | Clarke           | Unattached             | Vet 50 W | 1             | 75.80%          |                            |
| 26   | 22:24 | Louisa    | Shaw             | Bere Alston Trekkers   | Vet 40 W | 4             | 68.68%          |                            |
| 27   | 23:02 | Laura     | Lilley           | Unattached             | Vet 40 W | 5             | 66.43%          |                            |
| 28   | 23:32 | Ralph     | Tomlin           | Unattached             | Vet 55 M | 1             | 65.86%          |                            |
| 29   | 23:34 | Mark      | Orme             | Tavistock AC           | Vet 50 M | 2             | 64.14%          |                            |
| 30   | 24:26 | Ollie     | Thomson          | Tavistock AC           | U13 M    | 1             | 62.62%          |                            |
| 31   | 24:47 | Tim       | Haimes           | Tamar Trail Runners    | Vet 45 M | 1             | 59.05%          |                            |
| 32   | 24:50 | Peter     | Bazley           | Tavistock AC           | Vet 65 M | 1             | 68.79%          |                            |
| 33   | 25:57 | Emma      | Carty            | Unattached             | Vet 50 W | 2             | 64.61%          |                            |
| 34   | 25:59 | Rose      | Sebag-Montefiore | Unattached             | U11 W    | 1             | 65.68%          | #N/A                       |
| 35   | 26:04 | Zac       | Tasker           | Tavistock AC           | U11 M    | 1             | 60.55%          | #N/A                       |
| 36   | 26:35 | Anthony   | Shearer          | Tavistock AC           | Vet 70 M | 1             | 66.33%          |                            |
| 37   | 26:38 | Geoffrey  | Honey            | Plymouth Harriers      | Vet 70 M | 2             | 68.90%          |                            |
| 38   | 26:53 | Jon       | Carty            | Unattached             | Vet 45 M | 2             | 54.00%          |                            |

|    |       |           |                  |                        |          |   |        |      |
|----|-------|-----------|------------------|------------------------|----------|---|--------|------|
| 39 | 27:06 | Andrew    | Sims             | East Cornwall Harriers | Vet 55 m | 2 | 57.20% |      |
| 40 | 27:09 | Morgan    | Haimes           | Tamar Trail Runners    | U11 M    | 2 | 58.13% | #N/A |
| 41 | 27:09 | John      | Davies           | Unattached             | Vet 40 M | 6 | 51.44% |      |
| 42 | 27:23 | Leo       | Davies           | Unattached             | U11 M    | 3 | 57.64% | #N/A |
| 43 | 27:23 | Will      | Davies           | Unattached             | U11 M    | 4 | 57.64% | #N/A |
| 44 | 28:32 | Karen     | Sims             | East Cornwall Harriers | Vet 55 W | 2 | 62.62% |      |
| 45 | 25:36 | Paula     | Symons           | Unattached             | Vet 45 W | 2 | 63.93% |      |
| 46 | 29:57 | Emma      | James            | Launceston RR          | Vet 45 W | 3 | 55.31% |      |
| 47 | 29:19 | Adam      | Hicks            | Bere Alston Trekkers   | Vet 35 M | 3 | 45.88% |      |
| 48 | 29:37 | Stephen   | Crosher          | Unattached             | Vet 45 M | 3 | 49.41% |      |
| 49 | 29:46 | Jean      | Phillips         | Tavistock AC           | Vet 55 W | 3 | 60.02% |      |
| 50 | 29:54 | Steve     | Davis            | Bere Alston Trekkers   | Vet 60 M | 1 | 55.57% |      |
| 51 | 30:14 | Jack      | Anthony          | Tavistock AC           | U11 M    | 5 | 52.21% | #N/A |
| 52 | 30:16 | Claire    | Anthony          | Unattached             | Vet 45 W | 4 | 52.48% |      |
| 53 | 30:34 | Lavinia   | Marshall         | Launceston RR          | Vet 70 W | 1 | 72.85% |      |
| 54 | 30:43 | Justina   | Sebag-Montefiore | Unattached             | Vet 40 w | 6 | 50.46% |      |
| 55 | 31:03 | Jennifer  | McGavin          | Tavistock AC           | Vet 50 W | 3 | 56.79% |      |
| 56 | 31:17 | Thelma    | Turner           | Tavistock AC           | Vet 65 W | 1 | 68.89% |      |
| 57 | 32:10 | Mark      | Duke             | Bere Alston Trekkers   | Vet 50 M | 3 | 46.22% |      |
| 58 | 33:22 | Philippa  | Poole            | Tavistock AC           | Vet 65 W | 2 | 62.64% |      |
| 59 | 33:25 | Ann       | Fitzsimmons      | Tavistock AC           | Vet 65 W | 3 | 65.54% |      |
| 60 | 33:36 | Nigel     | Woods            | Unattached             | Vet 50 M | 4 | 44.59% |      |
| 61 | 33:40 | Robert    | Monk             | Unattached             | Vet 40 M | 7 | 41.49% |      |
| 62 | 34:25 | Harriet   | Kinloch          | Tavistock AC           | Vet 60 W | 1 | 55.59% |      |
| 63 | 34:35 | Geraldine | Quintero         | Unattached             | Sen W    | 3 | 42.99% |      |
| 64 | 34:40 | Susannah  | Batten Reveley   | Tavistock AC           | Vet 40 W | 7 | 44.38% |      |
| 65 | 34:40 | Trudy     | Eperon           | Tavistock AC           | Vet 45 W | 5 | 46.25% |      |
| 66 | 34:49 | Denise    | Broadbent        | Unattached             | Vet 55 W | 4 | 52.70% |      |
| 67 | 35:03 | Bea       | Hamilton         | Unattached             | Vet 55 W | 5 | 51.64% |      |
| 68 | 35:34 | Debbie    | Crewe            | Tavistock AC           | Vet 55 W | 6 | 50.23% |      |
| 69 | 35:46 | Trevor    | Grigg            | Tavistock AC           | Vet 65 M | 2 | 47.34% |      |
| 70 | 36:01 | Grace     | Baldwin          | Unattached             | Sen W    | 4 | 41.28% |      |
| 71 | 36:18 | Claire    | White            | Unattached             | Vet 40 W | 8 | 43.02% |      |
| 72 | 36:26 | Helen     | Tripp            | Tavistock AC           | Vet 50 W | 4 | 47.80% |      |
| 73 | 37:38 | Tish      | Valva            | Tavistock AC           | Vet 60 W | 2 | 51.55% |      |
| 74 | 37:52 | Helen     | Woods            | Tavistock AC           | Vet 50 M | 5 | 39.92% |      |
| 75 | 38:46 | Lisa      | Nickel           | Bere Alston Trekkers   | Vet 40 W | 9 | 40.58% |      |
| 76 | 38:46 | Janet     | Duke             | Bere Alston Trekkers   | Vet 50 W | 5 | 43.77% |      |
| 77 | 39:18 | lucy      | savage           | Tavistock AC           | Sen W    | 5 | 37.74% |      |
| 78 | 40:54 | Joanne    | Northmore        | Unattached             | Vet 45 W | 6 | 40.51% |      |
| 79 | 42:32 | Lillibet  | MacDonald        | Unattached             | Sen W    | 6 | 35.19% |      |
| 80 | 42:36 | Jane      | Cansdale         | Tavistock AC           | Vet 55 W | 7 | 41.94% |      |
| 81 | 26:50 | Pauline   | Cole             | Bere Alston Trekkers   | Vet 55 W | 8 | 3.15%  |      |
| 82 | 43:09 | Emma      | Owen             | Bere Alston Trekkers   | Vet 35 W | 3 | 35.07% |      |
| 83 | 00:00 | #N/A      | #N/A             | #N/A                   | #N/A     | 1 | #N/A   | #N/A |
| 84 | 00:00 | #N/A      | #N/A             | #N/A                   | #N/A     | 2 | #N/A   | #N/A |
| 85 | 00:00 | #N/A      | #N/A             | #N/A                   | #N/A     | 3 | #N/A   | #N/A |
| 86 | 00:00 | #N/A      | #N/A             | #N/A                   | #N/A     | 4 | #N/A   | #N/A |
| 87 | 00:00 | #N/A      | #N/A             | #N/A                   | #N/A     | 5 | #N/A   | #N/A |
| 88 | 00:00 | #N/A      | #N/A             | #N/A                   | #N/A     | 6 | #N/A   | #N/A |
| 89 | 00:00 | #N/A      | #N/A             | #N/A                   | #N/A     | 7 | #N/A   | #N/A |
| 90 | 00:00 | #N/A      | #N/A             | #N/A                   | #N/A     | 8 | #N/A   | #N/A |

|    |       |      |      |      |      |   |      |      |
|----|-------|------|------|------|------|---|------|------|
| 91 | 00:00 | #N/A | #N/A | #N/A | #N/A | 9 | #N/A | #N/A |
|----|-------|------|------|------|------|---|------|------|