



The TAVY 5k

A TAVISTOCK Athletic Club Production



Results

Saturday, 18 February 2023

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Pos.	Age Grade Perf.	CR = Course Record ACR = Age Cat.
1	15:51	Josh	Benford	Bideford AAC	Sen M	1	81.39%	
2	16:04	Sam	Larkham	Tavistock AC	Vet 35 m	1	84.34%	
3	17:09	Joel	Heatley	South West Road Runners	Vet 40 M	1	79.59%	
4	17:31	Mathew	Bradley	City of Plymouth AC	Vet 35 M	2	75.74%	
5	17:59	Thomas	Broden	Unattached	Vet 40 M	2	75.90%	
6	17:55	Nikki	Kelly	Tavistock AC	Sen W	1	82.60%	
7	18:44	Tim	Steere	Unattached	Vet 40 M	3	74.56%	
8	18:56	Noah	Reid	Tavistock AC	U17 M	1	73.50%	
9	19:04	Connor	Duffin	Tavistock AC	U15 M	1	74.39%	
10	19:11	Samantha	Lake	Tavistock AC	Vet 40 W	1	82.02%	
11	19:19	Grant	Harvey	Tavistock AC	Vet 40 M	4	70.66%	
12	19:50	Mike	Crawford	City of Plymouth AC	Vet 40 M	5	70.92%	
13	19:54	Joe	Thomson	Launceston RR	Vet 35 M	3	66.67%	
14	19:59	Marc	Curtis	Tavistock AC	Vet 50 M	1	76.23%	
15	20:05	Jack	Anthony	Tavistock AC	U13 M	1	76.18%	
16	20:22	Gidon	Reid	Unattached	Vet 50 M	2	72.42%	
17	20:33	Hannah	Smith	Tavistock AC	Sen W	2	72.02%	
18	20:35	Charlotte	Walker	Tavistock AC	Sen W	3	73.44%	
19	20:43	Hannah	Worth	Tavistock AC	Vet 40 W	2	73.85%	
20	20:45	Jenny	Veeves	Tavistock AC	Vet 55 W	1	86.10%	
21	21:04	Steven	Sims	East Cornwall Harriers	Sen M	2	61.31%	
22	21:05	Ashley	Elliott	East Cornwall Harriers	Sen w	4	70.36%	
23	21:18	Steeve	Hale	Team Bath AC	Vet 60 M	1	78.01%	
24	21:48	Freya	Page	Tavistock AC	U17 W	1	70.18%	
25	22:28	Chris	Jelliman	Plymouth Harriers	Vet 55 M	1	68.40%	
26	23:07	Richard	Sloley	Unattached	Vet 45 M	1	62.80%	
27	23:11	Michael	Hockey	Plymouth Musketeers	Vet 40 M	6	60.24%	
28	23:28	Mary	Broden	Unattached	U13 W	1	70.88%	
29	23:54	Charlie	Cleland	Tavistock AC	U13 M	2	64.02%	
30	24:03	Ollie	Thomson	Tavistock AC	U13 M	3	61.82%	
31	24:14	Andrew	Whitby	Instinctive Sports	Vet 60 M	2	66.78%	
32	24:30	Fearne	Broden	Unattached	U10 W	1	71.63%	#N/A
33	25:01	Daniel	Matthams	Unattached	Sen M	3	52.17%	
34	25:02	Sarah	Turner	Tavistock AC	Vet 40 W	3	61.92%	
35	25:04	Neil	Turnham	Instinctive Sports	Vet 55 M	2	62.90%	
36	25:25	Katie	Greenough	Instinctive Sports	Vet 35 W	1	59.02%	
37	25:46	Peter	Bazley	Tavistock AC	Vet 65 M	1	66.30%	
38	25:48	Lizz	Heatley	Unattached	Vet 35 W	2	58.91%	
39	26:26	Karen	Sims	East Cornwall Harriers	Vet 55 W	2	68.47%	
40	26:50	Rose	Sebag-Montefiore	Unattached	U13 W	2	61.99%	
41	26:50	Tim	Haimes	Tamar Trail Runners	Vet 50 M	3	54.97%	
42	26:56	Simon	Barrett	Instinctive Sports	Vet 60 M	3	60.09%	
43	27:08	Patrick	Knight	Unattached	Vet 55 M	3	58.11%	
44	27:12	Richard	Walker	Unattached	Vet 50 M	4	55.09%	
45	27:15	Kate	Rogers	Tavistock AC	Vet 60 W	1	74.37%	
46	27:18	Sarah	Jones	Unattached	Vet 40 W	4	56.35%	
47	27:19	James	Anthony	Unattached	U10 M	1	59.85%	#N/A
48	27:21	Geoffrey	Honey	Plymouth Harriers	Vet 70 M	1	67.09%	
49	27:45	Claire	Anthony	Unattached	Vet 45 W	1	57.24%	
50	27:54	Dave	Matthams	Unattached	Vet 60 M	4	57.47%	
51	28:01	Hazel	Walker	Tavistock AC	Vet 50 W	1	60.56%	



The TAVY 5k

A TAVISTOCK Athletic Club Production



Results

Saturday, 18 February 2023

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Pos.	Age Grade Perf.	CR = Course Record ACR = Age Cat.
52	28:02	Liam	Sebag-Montefiore	Unattached	Vet 45 M	2	50.95%	
53	28:42	Les	Wilkinson	Unattached	Vet 55 W	3	65.74%	
54	29:28	Deborah	Sutcliffe	Instinctive Sports	Vet 55 W	4	64.03%	
55	29:28	Paul	Kennelly	Instinctive Sports	Vet 55 M	4	52.60%	
56	29:30	Brenda	Thorne	Instinctive Sports	Vet 65 W	1	70.85%	
57	29:41	Thomas	Cleland	Unattached	U10 M	2	55.08%	#N/A
58	29:42	Jo	Campbell	Unattached	Vet 60 W	2	64.42%	
59	29:45	Stuart	Cleland	Unattached	Vet 40 M	7	46.22%	
60	29:45	Marion	Stratton	Tavistock AC	Vet 60 W	3	68.12%	
61	29:45	Andy	Houghton	Tavistock AC	Vet 75 M	1	64.82%	
62	31:01	Sophie	Roberts	Unattached	Vet 35 W	3	48.79%	
63	31:56	Karen	Goss	Instinctive Sports	Vet 45 W	2	51.25%	
64	32:08	Geraldine	Quintero	Unattached	Sen W	5	46.37%	
65	32:33	Nicky	Deane-Simmons	Unattached	Vet 65 W	2	63.24%	
66	32:45	Justina	Sebag-Montefiore	Unattached	Vet 40 w	5	47.33%	
67	33:34	Lucy	Ambler	Unattached	Vet 50 W	2	51.19%	
68	33:37	Daisy	Sebag-Montefiore	Unattached	U10 W	2	55.83%	#N/A
69	33:48	Darren	Fisher	Tavistock AC	Vet 50 M	5	45.07%	