



# CLUB AWARDS SCHEME

## FEBRUARY 2023

RECOGNITION  
CELEBRATION  
INSPIRATION

Date	Name	Age Cat.	Event	Time	Age Grade	Award		Club Record
05 February 2023	Helen Kula-Przezowski	F60	Newquay 10k	0:54:45	72%	10k	Gold	
11 February 2023	Haydn Bond	Senior Male	Exeter Half Marathon (Day 1)	1:20:27	74%	Half Marathon	Gold	
11 February 2023	Grant Harvey	M40	Exeter Half Marathon (Day 1)	1:28:20	70%	Half Marathon	Silver Star	
11 February 2023	Hannah Worth	F40	Exeter Half Marathon (Day 1)	1:33:08	73%	Half Marathon	Gold	
11 February 2023	Nicky Maguire	F45	Exeter Half Marathon (Day 1)	1:50:04	64%	Half Marathon	Silver	
12 February 2023	Mandy Warnett	F60	Exeter Half Marathon (Day 2)	2:02:46	69%	Half Marathon	Silver Star	
18 February 2023	Sam Larkham	Senior Male	Tavy 5	0:16:04	80%	5k	Diamond	
18 February 2023	Nikki Kelly	Senior Female	Tavy 5	0:17:55	83%	5k	Diamond	
18 February 2023	Noah Reid	Senior Male	Tavy 5	0:18:56	68%	5k	Silver Star	
18 February 2023	Samantha Lake	F40	Tavy 5	0:19:11	80%	5k	Gold Star	
18 February 2023	Grant Harvey	M40	Tavy 5	0:19:19	71%	5k	Gold	
18 February 2023	Marc Curtis	M50	Tavy 5	0:19:59	74%	5k	Gold	
18 February 2023	Hannah Smith	Senior Female	Tavy 5	0:20:33	72%	5k	Gold	
18 February 2023	Charlotte Walker	Senior Female	Tavy 5	0:20:35	72%	5k	Gold	
18 February 2023	Hannah Worth	F40	Tavy 5	0:20:43	74%	5k	Gold	
18 February 2023	Jenny Jeeves	F55	Tavy 5	0:20:45	86%	5k	Diamond Star	F55 5k Club Record
18 February 2023	Freya Page	Senior Female	Tavy 5	0:21:48	68%	5k	Silver Star	
18 February 2023	Sarah Turner	F40	Tavy 5	0:25:02	61%	5k	Silver	
18 February 2023	Peter Bazley	M65	Tavy 5	0:25:46	65%	5k	Silver Star	
18 February 2023	Kate Rogers	F60	Tavy 5	0:27:15	70%	5k	Gold	
18 February 2023	Hazel Walker	F50	Tavy 5	0:28:01	60%	5k	Bronze Star	
18 February 2023	Marion Stratton	F60	Tavy 5	0:29:45	64%	5k	Silver	
18 February 2023	Andy Houghton	M75	Tavy 5	0:29:45	64%	5k	Silver	
18 February 2023	Darren Fisher	M50	Tavy 5	0:33:48	44%	5k	Commendation	

26 February 2023	Carlos Castillo	M50	Looe 10 miler	1:28:40	57%	10 miles	Bronze Star	
26 February 2023	Sarah Holland	F45	Looe 10 miler	1:36:46	55%	10 miles	Bronze Star	
26 February 2023	Sarah Turner	F40	Looe 10 miler	1:40:07	51%	10 miles	Bronze	
26 February 2023	Anna Luff-Kirvell	F35	Looe 10 miler	1:41:56	49%	10 miles	Commendation	