



CLUB AWARDS SCHEME

APRIL 2023

RECOGNITION
CELEBRATION
INSPIRATION

Date	Name	Age Cat.	Event	Time	Age Grade	Award	Club Record
02 April 2023	Nikki Kelly	Senior Female	Berlin Half Marathon	1:20:22	82%	Half Marathon	Diamond
02 April 2023	Emma Webber	F40	Brighton Marathon	4:13:11	56%	Marathon	Bronze Star
02 April 2023	Sarah Prior	F50	Brighton Marathon	4:41:21	57%	Marathon	Bronze Star
02 April 2023	Richard Nettleship	M50	Brighton Marathon	4:56:16	47%	Marathon	Commendation
02 April 2023	Danielle James	F40	Brighton Marathon	5:05:14	47%	Marathon	Commendation
07 April 2023	Ben Neale	Senior Male	Exeter Fast Friday 10k	0:32:38	82%	10k	Diamond
07 April 2023	Nikki Kelly	Senior Female	Exeter Fast Friday 10k	0:36:52	82%	10k	Diamond
07 April 2023	Hayden Bond	Senior Male	Exeter Fast Friday 10k	0:37:54	71%	10k	Gold
07 April 2023	Corin Russell	Senior Male	Exeter Fast Friday 10k	0:39:16	68%	10k	Silver Star
07 April 2023	Mark West	M50	Exeter Fast Friday 10k	0:39:34	78%	10k	Gold Star
07 April 2023	Samantha Lake	F40	Exeter Fast Friday 10k	0:40:55	77%	10k	Gold Star
07 April 2023	Ian Collacott	M40	Exeter Fast Friday 10k	0:41:23	69%	10k	Silver Star
07 April 2023	Marc Curtis	M50	Exeter Fast Friday 10k	0:42:25	72%	10k	Gold
07 April 2023	Jenny Jeeves	F55	Exeter Fast Friday 10k	0:43:07	85%	10k	Diamond
07 April 2023	Allan Herdman	M70	Exeter Fast Friday 10k	0:43:30	84%	10k	Diamond
07 April 2023	Helen Orme	F45	Exeter Fast Friday 10k	0:45:41	71%	10k	Gold
07 April 2023	Emma White	F45	Exeter Fast Friday 10k	0:47:33	68%	10k	Silver Star
07 April 2023	Mark Orme	M50	Exeter Fast Friday 10k	0:49:29	62%	10k	Silver
07 April 2023	Anna Kelly	Senior Female	Exeter Fast Friday 10k	0:57:36	53%	10k	Bronze
15 April 2023	Nikki Kelly	Senior Female	Tavy 5k	0:18:02	82%	5k	Diamond
15 April 2023	Grant Harvey	M40	Tavy 5k	0:18:10	75%	5k	Gold Star
15 April 2023	Samantha Lake	F40	Tavy 5k	0:19:42	78%	5k	Gold Star
15 April 2023	Ian Duffin	M45	Tavy 5k	0:20:36	69%	5k	Silver Star

15 April 2023	Edward Fileman	Senior Male	Tavy 5k	0:23:39	55%	5k	Bronze	
15 April 2023	Hollie Firth	Senior Female	Tavy 5k	0:25:01	59%	5k	Bronze Star	
15 April 2023	Nicole Heryet	F50	Tavy 5k	0:25:53	65%	5k	Silver	
15 April 2023	Claire Duffin	F50	Tavy 5k	0:26:24	64%	5k	Silver	
15 April 2023	Anna Kelly	Senior Female	Tavy 5k	0:26:58	55%	5k	Bronze	
15 April 2023	Peter Bazley	M65	Tavy 5k	0:28:32	59%	5k	Bronze Star	
15 April 2023	Marion Stratton	F65	Tavy 5k	0:30:12	68%	5k	Silver Star	
15 April 2023	Thelma Turner	F65	Tavy 5k	0:30:12	68%	5k	Silver Star	
15 April 2023	Sarah Walton	F40	Tavy 5k	0:34:55	44%	5k	Commendation	
16 April 2023	Ben Neale	Senior Male	Newport 10k	0:31:49	84%	10k	Diamond	
16 April 2023	Hayden Bond	Senior Male	Newport 10k	0:36:07	74%	10k	Gold	
16 April 2023	Peter Bazley	M65	Newport Marathon	4:41:58	57%	Marathon	Bronze Star	
18 April 2023	Samantha Lake	F40	Run Exe 5k	0:18:59	81%	5k	Diamond	
18 April 2023	Clara Bowles	Senior Female	Run Exe 5k	0:24:41	60%	5k	Bronze Star	
19 April 2023	Nikki Kelly	Senior Female	Armada 5k	0:18:20	81%	5k	Diamond	
19 April 2023	Grant Harvey	M40	Armada 5k	0:19:26	70%	5k	Gold	
23 April 2023	Sam Larkham	M40	The London Marathon	2:37:54	81%	Marathon	Diamond	M40 Marathon Club Record
23 April 2023	Mark West	M50	The London Marathon	3:03:24	76%	Marathon	Gold Star	
23 April 2023	Edward Horn	Senior Male	The London Marathon	3:04:10	68%	Marathon	Silver Star	
23 April 2023	Sam Hortopp	Senior Male	The London Marathon	3:28:56	60%	Marathon	Bronze Star	
23 April 2023	Jenny Bryant	F50	The London Marathon	3:53:47	69%	Marathon	Silver Star	
23 April 2023	Nicky Maguire	F45	The London Marathon	3:59:28	63%	Marathon	Silver	
23 April 2023	Lisa Mabey	F45	The London Marathon	4:02:22	62%	Marathon	Silver	
23 April 2023	Richard Nettleship	M50	The London Marathon	4:34:28	51%	Marathon	Bronze	
23 April 2023	Ian Jones	M70	The London Marathon	4:34:36	62%	Marathon	Silver	
23 April 2023	Helen Kula-Przezawski	F60	The London Marathon	4:40:04	66%	Marathon	Silver Star	
23 April 2023	Amanda Warnett	F60	The London Marathon	4:46:29	64%	Marathon	Silver	
23 April 2023	Sarah Prior	F50	The London Marathon	4:54:35	55%	Marathon	Bronze	
23 April 2023	Dene Medland	F60	The London Marathon	5:09:21	60%	Marathon	Bronze Star	
23 April 2023	Danielle James	F40	The London Marathon	5:27:51	44%	Marathon	Commendation	