



# The TAVY 5k



A TAVISTOCK Athletic Club Production

## Results

Saturday, 19 August 2023

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Pos.	Age Grade Perf.	CR = Course Record ACR = Age Cat.
1	17:27	Christopher	Turner	Okehampton RC	Sen M	1	74.79%	
2	18:04	Nikki	Kelly	Tavistock AC	Sen W	1	81.92%	
3	18:14	Thomas	Hennessey	Tavistock AC	U13 M	1	81.54%	
4	18:43	Tim	Steere	Erme Valley Harriers	Vet 40 M	1	74.62%	
5	18:51	Iain	McWass	Plymouth Harriers	Vet 40 M	2	72.94%	
6	18:53	John	Porter	Plymouth Harriers	Vet 50 M	1	78.73%	
7	19:09	Charlene	Matthews	Storm	Vet 35 W	1	78.33%	
8	19:12	Tom	Green	Unattached	Sen M	2	67.19%	
9	19:15	David	Morris	Plymouth Harriers	Vet 35 M	1	69.87%	
10	19:16	Jack	Anthony	Tavistock AC	U13 M	2	79.41%	
11	19:21	Kyle	Orgacki	Tamar Trotters	Vet 35 M	2	69.51%	
12	19:30	Joe	Beer	Hayle Runners	Vet 55 M	1	79.49%	
13	19:52	Joshua	Kendall-Dunn	Unattached	Sen M	3	65.27%	
14	19:58	Nigel	Sankey	Dursely Running Club	Vet 40 M	3	69.37%	
15	20:12	Zoe	Bigham	Tavistock AC	U13 W	1	80.61%	ACR
16	20:19	Barry	Neal	Erme Valley Harriers	Vet 40 M	4	68.74%	
17	22:22	Glen	Wheeler	Unattached	Vet 50 M	2	65.95%	
18	20:44	Richard	Bowen	Plymouth Harriers	Vet 55 M	2	76.05%	
19	20:53	Steve	Hale	Team Bath AC	Vet 60 M	1	79.57%	
20	20:59	Tristan	Bigham	Tavistock AC	U11 M	1	75.22%	#N/A
21	21:00	Mark	Peck	Unattached	Vet 35 M	3	63.57%	
22	21:10	Caroline	Steven	Tavistock AC	Vet 55 W	1	85.51%	
23	21:21	Donald	Ladell	Tavistock Run Project	Vet 35 M	4	62.53%	
24	21:30	Caitlin	Darke	Unattached	Sen W	2	68.84%	
25	21:34	Helen	Orme	Tavistock AC	Vet 45 W	1	76.82%	
26	21:48	Michael	Hockey	Plymouth Musketeers	Vet 40 M	5	64.07%	
27	22:26	Jason	Shipton	Launceston RR	Vet 50 M	3	67.38%	
28	22:30	Michael	Cork	Plymouth Coasters	Vet 65 M	1	75.26%	
29	23:16	Lucas	Withecumbe	Tavistock AC	U10 M	1	73.14%	#N/A
30	23:17	carole	Walters	Tavistock AC	Vet 60 W	1	83.32%	
31	23:22	Debbie	Mitchell	Hayle Runners	Vet 45 W	2	70.04%	
32	23:31	Sarah	Holland	Tavistock AC	Vet 45 W	3	69.60%	
33	23:50	Noah	Reid	Tavistock AC	U17 M	1	58.39%	
34	24:05	Polly	Iddon	Unattached	Vet 40 W	1	64.36%	
35	24:27	Peter	Armstrong	Plymouth Harriers	Vet 35 M	5	55.01%	
36	24:35	Stephanie	Parish	Unattached	Sen W	3	60.34%	
37	24:45	Peter	Bazley	Tavistock AC	Vet 65 M	2	69.02%	
38	24:51	Alice	Thompson	Unattached	Vet 35 W	2	60.16%	
39	25:08	Sarah	Jones	Unattached	Vet 40 W	2	61.21%	
40	25:12	Ayla	Orgacki	City of Plymouth AC	U13 W	2	64.62%	
41	25:16	Anthony	Shearer	Tavistock AC	Vet 70 M	1	70.65%	
42	25:31	Sue	Gawman	Unattached	Vet 50 W	1	69.11%	
43	25:53	Leigh	Robinson	Plymouth Harriers	Vet 50 M	4	57.44%	
44	25:57	George	Lake	Tavistock AC	U10 M	2	65.57%	#N/A
45	26:08	Kate	Rogers	Tavistock AC	Vet 65 W	1	78.76%	
46	26:10	Serena	Bigham	Tavistock AC	U10 W	1	71.72%	#N/A
47	26:11	Alison	Bigham	Tavistock AC	Vet 40 W	3	59.20%	
48	26:18	Marianne	Fry	Unattached	Vet 45 W	4	62.99%	
49	27:07	Ian	McLeod	Plymouth Coasters	Vet 60 M	2	59.68%	
50	27:12	James	Anthony	Unattached	U10 M	3	60.11%	#N/A
51	27:18	Nicola	Martin	Unattached	Vet 35 W	3	55.13%	



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Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Pos.	Age Grade Perf.	CR = Course Record ACR = Age Cat.
52	27:18	Jason	Martin	Unattached	Vet 40 M	6	51.16%	
53	27:34	Lucia	Ladell	Tavistock AC	U11 W	1	61.91%	#N/A
54	27:50	Emily	Drage	Unattached	Sen W	4	53.23%	
55	27:51	Hugh	Ladell	Unattached	U10 M	4	63.91%	#N/A
56	27:55	Claire	Anthony	Unattached	Vet 45 W	5	56.90%	
57	28:37	Kirsty	Thomas-Stacey	Launceston RR	Vet 45 W	6	57.19%	
58	28:56	Emma	James	Launceston RR	Vet 45 W	7	57.26%	
59	29:06	Dave	Connell	Plymouth Harriers	Vet 70 M	2	63.06%	
60	29:19	Jean	Phillips	Tavistock AC	Vet 55 W	2	61.74%	
61	30:58	Val	Evans	Tavistock AC	Vet 70 W	1	74.33%	
62	31:31	Tim	Randell	Unattached	Vet 55 M	3	50.45%	
63	32:34	Sarah	Delorme	Plymouth Coasters	Vet 45 W	8	49.23%	
64	32:42	Darren	Fisher	Tavistock AC	Vet 50 M	5	46.59%	
65	34:55	Grace	Baldwin	Tavistock AC	Sen W	5	42.67%	
66	37:25	Tish	Valva	Tavistock AC	Vet 60 W	2	52.61%	
67	37:33	Nick	Parsons	Tavistock AC	Vet 60 M	3	43.45%	
68	44:50	Geri	Cousins	Tavistock AC	Vet 55 W	3	39.85%	