



# CLUB AWARDS SCHEME

## AUGUST 2023

RECOGNITION  
CELEBRATION  
INSPIRATION

| Date           | Name            | Age Cat.      | Event                       | Time    | Age Grade | Award         | Club Record  |
|----------------|-----------------|---------------|-----------------------------|---------|-----------|---------------|--------------|
| 06 August 2023 | Marc Curtis     | M55           | Indian Queens Half Marathon | 1:35:50 | 73%       | Half Marathon | Gold         |
| 06 August 2023 | Jenny Jeeves    | F55           | Indian Queens Half Marathon | 1:37:06 | 82%       | Half Marathon | Diamond      |
| 06 August 2023 | Ian Collacott   | M40           | Indian Queens Half Marathon | 1:37:06 | 64%       | Half Marathon | Silver       |
| 06 August 2023 | Mark West       | M50           | York 10k                    | 0:40:45 | 75%       | 10k           | Gold Star    |
| 06 August 2023 | Valerie Evans   | F70           | York 10k                    | 1:00:33 | 75%       | 10k           | Gold Star    |
| 19 August 2023 | Nikki Kelly     | Senior Female | Tavy 5k                     | 0:18:04 | 82%       | 5k            | Diamond      |
| 19 August 2023 | Caroline Steven | F55           | Tavy 5k                     | 0:21:10 | 84%       | 5k            | Diamond      |
| 19 August 2023 | Helen Orme      | F45           | Tavy 5k                     | 0:21:34 | 74%       | 5k            | Gold         |
| 19 August 2023 | Carole Walters  | F60           | Tavy 5k                     | 0:23:17 | 82%       | 5k            | Diamond      |
| 19 August 2023 | Sarah Holland   | F45           | Tavy 5k                     | 0:23:31 | 68%       | 5k            | Silver Star  |
| 19 August 2023 | Peter Bazley    | M65           | Tavy 5k                     | 0:24:45 | 68%       | 5k            | Silver Star  |
| 19 August 2023 | Anthony Shearer | M70           | Tavy 5k                     | 0:25:16 | 70%       | 5k            | Silver Star  |
| 19 August 2023 | Kate Rogers     | F65           | Tavy 5k                     | 0:26:08 | 79%       | 5k            | Gold Star    |
| 19 August 2023 | Alison Bigham   | F40           | Tavy 5k                     | 0:26:11 | 58%       | 5k            | Bronze Star  |
| 19 August 2023 | Jean Phillips   | F55           | Tavy 5k                     | 0:29:19 | 61%       | 5k            | Silver       |
| 19 August 2023 | Val Evans       | F70           | Tavy 5k                     | 0:30:58 | 72%       | 5k            | Gold         |
| 19 August 2023 | Darren Fisher   | M50           | Tavy 5k                     | 0:32:42 | 45%       | 5k            | Commendation |
| 19 August 2023 | Grace Baldwin   | Senior Female | Tavy 5k                     | 0:34:55 | 42%       | 5k            | Commendation |
| 19 August 2023 | Tish Valva      | F60           | Tavy 5k                     | 0:37:25 | 51%       | 5k            | Bronze       |
| 19 August 2023 | Nick Parsons    | M60           | Tavy 5k                     | 0:37:33 | 43%       | 5k            | Commendation |
| 19 August 2023 | Geri Cousins    | F55           | Tavy 5k                     | 0:44:50 | 40%       | 5k            | Commendation |