

The TAVY 5k



A **TAVISTOCK**
Athletic Club
Production

Results

21 October 2023

| Pos. | Time | Forename | Surname | Club | Age Cat. | Age Cat. Position | Age Graded Performance | Course Record | Age Category Record |
|------|-------|----------|----------|------------------------|----------|-------------------|------------------------|---------------|---------------------|
| 1 | 16:57 | Matthew | Bradley | City of Plymouth AC | Vet 35 M | 1 | 78.76% | | |
| 2 | 17:14 | Derrick | Warren | Plymstock RR | Vet 35 M | 2 | 78.05% | | |
| 3 | 17:22 | Richard | Ezra-Ham | Tamar Trotters | Sen M | 1 | 74.86% | | |
| 4 | 17:37 | Rebecca | Ezra-Ham | Tamar Trotters | Sen W | 1 | 84.20% | | |
| 5 | 17:59 | Benjamin | Marriott | City of Plymouth AC | U17 M | 1 | 77.39% | | |
| 6 | 19:03 | Corin | Russell | Tavistock AC | Vet 35 M | 3 | 69.20% | | |
| 7 | 19:12 | Alan | Ryder | Plymouth Musketeers | Vet 55 M | 1 | 82.81% | | |
| 8 | 19:18 | Daniel | Case | Plymouth Musketeers | Vet 35 M | 4 | 69.17% | | |
| 9 | 19:22 | Jasmine | Gray | Tavistock AC | Sen W | 1 | 76.42% | | |
| 10 | 19:27 | Jack | Anthony | Tavistock AC | U13 M | 1 | 76.44% | | |
| 11 | 19:29 | Lewis | Mill | Tavistock Run Project | Vet 35 M | 5 | 69.03% | | |
| 12 | 19:38 | Tim | Steere | Erme Valley Harriers | Vet 40 M | 1 | 71.14% | | |
| 13 | 19:45 | Alistair | Peers | Tavistock AC | Vet 40 M | 2 | 70.13% | | |
| 14 | 20:23 | Mark | Curtis | Tavistock AC | Vet 55 M | 2 | 75.39% | | |
| 15 | 20:36 | Ravi | Pandy | Storm Plymouth | Vet 50 M | 1 | 72.73% | | |
| 16 | 20:45 | Matthew | Retter | Unattached | Vet 35 M | 6 | 64.82% | | |
| 17 | 20:47 | Nigel | Cowley | Lonely Goat RC | Vet 60 M | 1 | 79.23% | | |
| 18 | 20:50 | Ashley | Elliott | East Cornwall Harriers | Sen W | 3 | 71.36% | | |
| 19 | 21:04 | Jenny | Jeeves | Tavistock AC | Vet 55 W | 1 | 85.92% | | |
| 20 | 21:19 | Hannah | Worth | Tavistock AC | Vet 40 W | 1 | 72.17% | | |
| 21 | 21:20 | Richard | Bowen | Plymouth Harriers | Vet 55 M | 3 | 73.91% | | |
| 22 | 21:47 | Mark | Peck | Unattached | Vet 35 M | 7 | 61.29% | | |
| 23 | 22:08 | Craig | Archer | Unattached | U10 M | 1 | 76.88% | | |
| 24 | 22:08 | Craig | Morgan | Unattached | Vet 40 M | 3 | 63.55% | | |

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| 25 | 22:11 | Michael | Hockey | Plymouth Musketeers | Vet 40 M | 4 | 63.41% | | |
| 26 | 22:59 | James | Crossey | Tavistock AC | Sen M | 2 | 58.74% | | |
| 27 | 23:07 | Martin | Hynes | Launceston RR | Vet 70 M | 1 | 76.28% | | |
| 28 | 23:10 | Hayley | Marriott | City of Plymouth AC | Vet 50 W | 1 | 73.24% | | |
| 29 | 23:18 | Charlie | Elder | Unattached | Vet 55 M | 4 | 67.10% | | |
| 30 | 23:20 | Zac | Tasker | Tavistock AC | U13 M | 2 | 63.71% | | |
| 31 | 23:31 | Carleen | Andrews | Unattached | Sen W | 4 | 63.36% | | |
| 32 | 24:01 | Jenny | Bryant | Tavistock AC | Vet 55 W | 2 | 74.39% | | |
| 33 | 24:04 | Daniel | Worth | Unattached | Vet 45 M | 1 | 59.35% | | |
| 34 | 24:18 | Ayla | Orgacki | City of Plymouth AC | U15 W | 1 | 65.71% | | |
| 35 | 24:29 | Ceri | Bryant | Unattached | Sen W | 5 | 60.45% | | |
| 36 | 24:37 | Olivia | Walkerdine | Tavistock AC | U11 W | 1 | 69.33% | | |
| 37 | 25:06 | James | Anthony | Unattached | U11 M | 1 | 62.88% | | |
| 38 | 25:09 | Fearne | Brogden | Tavistock AC | U11 W | 2 | 67.86% | | |
| 39 | 25:40 | Jason | Shipton | Launceston RR | Vet 50 M | 2 | 58.90% | | |
| 40 | 25:43 | Peter | Bazley | Tavistock AC | Vet 65 M | 1 | 66.43% | | |
| 41 | 26:15 | Nicole | Heryet | Tavistock AC | Vet 50 W | 2 | 65.46% | | |
| 42 | 26:53 | Bluebell | Cooke | Tavistock AC | U13 W | 1 | 60.57% | | |
| 43 | 27:37 | Charlotte | Slater | Unattached | Sen W | 6 | 53.71% | | |
| 44 | 27:38 | Lawrence | Cooke | Unattached | Vet 40 M | 5 | 50.54% | | |
| 45 | 27:52 | Anna | Kelly | Tavistock AC | Sen W | 7 | 53.11% | | |
| 46 | 28:20 | Les | Wilkinson | Unattached | Vet 55 W | 3 | 66.59% | | |
| 47 | 28:44 | Nicky | Deane-Simmons | Unattached | Vet 65 W | 1 | 72.74% | | |
| 48 | 28:57 | Gavin | Keightley | Unattached | Sen M | 3 | 45.08% | | |
| 49 | 30:49 | Morgan | Haines | Tavistock AC | U13 M | 3 | 48.24% | | |
| 50 | 31:35 | Marion | Stratton | Tavistock AC | Vet 65 W | 2 | 65.17% | | |
| 51 | 33:46 | Angie | Ryder | Unattached | Vet 70 W | 1 | 69.35% | | |
| 52 | 34:00 | Darren | Fisher | Tavistock AC | Vet 55 M | 5 | 45.20% | | |
| 53 | 35:31 | Morwenna | Tregellas | Tavistock AC | Vet 40 W | 2 | 43.97% | | |
| 54 | 35:31 | Naoka | Yoshihara-Coles | Tavistock AC | Vet 45 W | 1 | 46.64% | | |
| 55 | 36:52 | Len | Saxty | Instinctive Sports | Vet 75 M | 1 | 51.40% | | |
| 56 | 36:52 | Rob | Felwick | Instinctive Sports | Vet 60 M | 2 | 44.26% | | |
| 57 | 37:08 | Rebecca | Greatrex | Unattached | Vet 40 W | 3 | 41.74% | | |
| 58 | 41:04 | Emily | McVeigh | Unattached | Sen W | 8 | 36.04% | | |

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| 59 | 43:48 | Andrew | Kelly | Unattached | Vet 60 M | 3 | 37.25% | | |
| 60 | 46:56 | Anna | McVeigh | Unattached | Vet 50 W | 3 | 37.11% | | |