

TAVISTOCK Athletic Club

TRACK & FIELD RECORDS

Under 13

Boys			
Event	Name	Time/Dist	Year
60m (indoor)	Nicolas Maczugowski	8.81s	2019
100m	Patrick Channings	12.90s	2010
150m	Patrick Channings	19.60s	2010
200m	Patrick Channings	26.50s	2010
200m (indoor)	Nicolas Maczugowski	28.97s	2018
300m	Jude White	54.0s	2011
600m	Harry Herdman	1m 48.03s	2012
800m	Thomas Hennessey	2m 14.07s	2023
800m (indoor)	Nicolas Maczugowski	2m 38.60s	2019
1000m	Nicolas Maczugowski	3m 34.94s	2018
1200m	Oliver Woodmason	4m 01.20s	2016
1500m (indoor)	Oliver Woodmason	5m 09.02s	2015
1500m	Thomas Hennessey	4m 32.36s	2023
1 mile	Joe Dix	6m 05.95s	2015
3000m	Leigh Gilson	11m 43.0s	1990
60m hurdles (indoor)	Nicolas Maczugowski	10.94s	2019
70m Hurdles	Thomas Liddicott	15.70s	1995
75m Hurdles	Joshua Allott	12.95s	2021
80m Hurdles	Harry Wyatt	15.00s	2002
Discus 1kg	Nicolas Maczugowski	26.38m	2019
Hammer 3kg	Owen Fileman	26.31m	2020
High Jump	Nicolas Maczugowski	1.41m	2018
High jump (indoor)	Nicolas Maczugowski	1.38m	2019
Javelin 400g	Harry Tomlin	33.25m	2016

Girls			
Event	Name	Time/Dist	Year
75m	Olivia Kinnear	11.18s	2013
100m	Erin Cockle	13.20s	2023
150m	Erin Cockle	21.2s	2023
200m (Indoor)	Jenny Milburn	30.66s	2014
200m	Erin Cockle	28.23s	2023
300m	Jenny Milburn	46.7s	2014
400m	Jodie Stacey	1m 12.0s	2011
600m	Jenny Milburn	1m 45.89s	2014
800m (Indoor)	Jenny Milburn	2m 32.56s	2014
800m	Jenny Milburn	2m 28.93s	2014
1200m	Amelia Riggott	4m 05.17s	2017
1500m	Matilda Riggott	5m 06.13s	2019
1 mile	Sarah Bull	5m 48.1s	2014
70m Hurdles	Melanie Vaggers	12.40s	1993
75m Hurdles	Zoe Nowell	13.10s	1988
80m Hurdles	Melanie Vaggers	12.90s	1993
Discus 0.75kg	Ella Patterson	23.20m	2019
Hammer 3kg	Tegan Brown	30.21m	2021
High Jump	Melanie Vaggers	1.45m	1994
Javelin 400g	Eve Russell	32.38m	1995
Long Jump (Indoor)	Jenny Milburn	3.64m	2014
Long Jump	Suzanne Knight	4.22m	1988
Shot Put 2.72kg	Eve Russell	9.54m	1995
Pentathlon	Olivia Divall	1668 pts	2022

Long Jump	Patrick Channings	4.77m	2010
Long Jump (indoor)	Nicolas Maczugowski	4.14m	2018
Shot Put 3.25kg	Robin Weldon	10.41m	1993
Shot Put 3kg*	Nicolas Maczugowski	9.91m	2019
Shot Put (indoor)	Nicolas Maczugowski	8.33m	2019
Pentathlon (indoor)	Nicolas Maczugowski	1510 pts	2019
Pentathlon	Nicolas Maczugowski	1568 pts	2019

* weight change 1st April 2018

5 star pentathlon	Nell Maguire	304pts	2022
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updated October 2023