

The TAVY 5k



A **TAVISTOCK**
Athletic Club
Production

Results

16 December 2023

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Position	Age Graded Performance	Course Record	Age Category Record
1	15:19	Ben	Neale	Tavistock AC	Vet 35 M	1	87.81%	New Course Record	New Age Category Record
2	16:09	Adam 'Tango'	Holland	Tavistock AC	Vet 35 M	2	82.15%		
3	16:15	Sam	Larkham	Tavistock AC	Vet 40 M	1	84.00%		
4	16:26	Peter	Freedman	Tavistock Run Project	Vet 35 M	3	82.45%		
5	17:26	Craig	Morgan	Unattached	Vet 45 M	1	81.36%		
6	17:40	Anis	Sahoo	Unattached	Sen M	1	73.02%		
7	17:51	Reuben	Sebag-Montefiore	Tavistock AC	U17 M	1	77.96%		
8	18:08	Grant	Harvey	Tavistock AC	Vet 40 M	2	75.83%		
9	18:13	David	Friskin	Plymouth Musketeers	Vet 35 M	1	72.37%		
10	18:15	Daniel	Case	Plymouth Musketeers	Vet 35 M	5	73.15%		
11	18:21	Lee	Herbert	Plymouth Musketeers	Vet 45 M	2	78.47%		
12	18:34	Thomas	Hennessey	Tavistock AC	U15 M	1	78.10%		
13	18:46	Rob	Jinman	Tavistock AC	Vet 35 M	6	72.20%		
14	18:51	Steve	Jones	City of Plymouth AC	Vet 35 M	7	70.38%		
15	19:18	Freddie	Whybrow	Tavistock AC	U15 M	2	75.13%		
16	19:23	Ian	Trice	Tavistock AC	Vet 45 M	3	74.89%		
17	19:32	Alan	Ryder	Plymouth Musketeers	Vet 55 M	1	81.40%		
18	20:01	Damian	Dunne	Plymouth Musketeers	Vet 45 M	4	73.11%		
19	20:12	Jack	Anthony	Tavistock AC	U13 M	1	73.60%		
20	20:30	Ravi	Pandy	Storm Plymouth	Vet 50 M	1	73.09%		
21	21:19	Mark	Peck	Unattached	Vet 35 M	8	62.63%		
22	21:28	Marc	Young	City of Plymouth AC	Vet 50 M	2	69.25%		
23	21:31	James	Crossey	Tavistock AC	Sen M	2	62.74%		
24	21:47	Pille	Pedmanson	Unattached	Sen W	1	68.40%		
25	22:11	William	Halliday	Unattached	Vet 60 M	1	74.91%		
26	22:19	Cheryl	Littlewood	Plymouth Musketeers	Vet 35 W	1	67.44%		

27	22:25	Peter	McAughey	Launceston RR	Vet 50 M	3	67.96%		
28	22:27	Michael	Hockey	Plymouth Musketeers	Vet 40 M	3	62.66%		
29	22:27	Martin	Hynes	Launceston RR	Vet 70 M	1	78.54%		
30	22:28	Richard	Greaves	Unattached	Vet 60 M	2	73.96%		
31	22:36	Adam	Paynter	Launceston RR	Vet 50 M	4	65.27%		
32	22:38	Soozie	Trice	Tavistock AC	Vet 45 W	1	72.31%		
33	22:45	Taylan	Jones	City of Plymouth AC	U15 M	3	63.74%		
34	22:48	Steve	Cox	Tavistock AC	Vet 50 M	5	66.81%		
35	22:52	Catriona	Sell	Launceston RR	Vet 35 W	2	65.38%		
36	22:57	Zac	Tasker	Tavistock AC	U13 M	2	64.78%		
37	22:57	Mary	Brogden	Tavistock AC	U13 W	1	70.95%		
38	23:00	Claire	Winfield	Launceston RR	Vet 50 W	1	76.67%		
39	23:11	Harriet	Silvester	Tavistock AC	U11 W	1	73.62%		
40	23:16	James	Anthony	Unattached	U11 M	1	67.84%		
41	23:16	Fearne	Brogden	Tavistock AC	U11 W	2	73.35%		
42	23:50	Jaine	Hynes	Launceston RR	Vet 55 W	1	79.16%		
43	23:56	Carole	Walters	Tavistock AC	Vet 60 W	1	82.24%		
44	23:58	Rachael	Malthouse	Tavistock Run Project	Vet 35 W	3	63.42%		
45	23:58	Harry	Malthouse	Tavistock AC	U13 M	3	62.03%		
46	24:00	Roger	Serres	Launceston RR	Vet 45 M	5	59.51%		
47	24:06	George	Lake	Tavistock AC	U10 M	1	67.84%		
48	24:06	Tim	Silvester	Unattached	Vet 40 M	4	57.05%		
49	24:13	Shaun	West	Unattached	Vet 50 W	2	70.96%		
50	24:18	Olivia	Walkerdine	Tavistock AC	U11 W	3	70.23%		
51	24:24	Greg	Walkerdine	Unattached	Vet 40 M	5	56.76%		
52	24:43	Matt	Chan	Unattached	Vet 35 M	9	53.67%		
53	24:48	Tim	Haimes	Tavistock AC	Vet 50 M	6	59.48%		
54	24:50	Emelia	Steel	Tavistock AC	Sen W	2	59.60%		
55	24:52	Neil	Turnham	Unattached	Vet 55 M	2	63.94%		
56	25:00	Mirianthi	Crossey	Tavistock AC	U15 W	1	63.87%		
57	25:10	David	Fairbairn	Tavistock AC	Vet 60 M	3	63.71%		
58	25:19	Ann	Barriball	Launceston RR	Vet 50 W	3	67.02%		
59	25:28	Peter	Bazley	Tavistock AC	Vet 65 M	1	67.74%		
60	25:34	Nicole	Heryet	Tavistock AC	Vet 50 W	4	67.21%		
61	25:42	Lorenzo	Cladi	Unattached	Vet 40 M	6	53.50%		

62	26:03	Andy	Hughes	Tavistock AC	Vet 65 M	2	65.58%		
63	26:05	Angela	Brinicombe	Launceston RR	Vet 65 W	1	80.13%		
64	26:22	Rose	Sebag-Montefiore	Tavistock AC	U13 W	2	61.76%		
65	26:36	Jackie	Chapman	Launceston RR	Vet 60 W	2	72.93%		
66	26:36	Sarah	Swinburne	Tavistock AC	Vet 45 W	2	61.53%		
67	26:44	Emma	Dunne	Plymouth Musketeers	Vet 45 W	3	60.60%		
68	27:07	Les	Wilkinson	Unattached	Vet 55 W	2	69.58%		
69	27:10	Lucy	Hann	Tavistock AC	Vet 45 W	4	59.02%		
70	27:44	Evie	Boon	Unattached	U11 W	4	61.54%		
71	27:45	Simon	Boon	Royal Navy AC	Vet 40 M	7	50.33%		
72	27:45	Claire	Anthony	Unattached	Vet 45 W	5	57.78%		
73	27:47	Calli	Walkerdine	Unattached	Vet 40 W	1	56.21%		
74	28:02	Claire	Herbert	Plymouth Musketeers	Vet 50 W	5	60.52%		
75	28:11	John	Barnes	Launceston RR	Vet 60 M	4	58.43%		
76	28:13	Louise	Roper	Unattached	Sen W	3	52.51%		
77	28:18	Samantha	West	Plymouth Musketeers	Vet 35 W	4	53.47%		
78	28:41	Jean	Phillips	Tavistock AC	Vet 55 W	3	63.10%		
79	28:42	Ellie-May	Dunne	Plymouth Musketeers	Sen W	4	51.57%		
80	28:52	Geoffrey	Honey	Plymouth Harriers	Vet 70 M	2	64.55%		
81	28:59	Rob	Johnston	Unattached	Vet 65 M	3	57.85%		
82	29:21	Morgan	Haines	Tavistock AC	U13 M	4	50.65%		
83	29:34	Justina	Sebag-Montefiore	Unattached	Vet 40 W	2	52.82%		
84	29:58	Val	Evans	Tavistock AC	Vet 70 W	1	76.81%		
85	30:00	Thelma	Turner	Tavistock AC	Vet 65 W	2	73.00%		
86	30:20	Sarah	Walton	Tavistock ac	Vet 45 W	6	52.36%		
87	30:34	Marion	Stratton	Tavistock AC	Vet 65 W	3	67.34%		
88	31:10	Ann	Ruddock	Tavistock AC	Vet 60 W	3	61.39%		
89	31:14	Sarah	Delorme	Plymouth Coasters	Vet 45 W	7	51.87%		
90	31:14	Shannon	Bays	Plymouth Coasters	Vet 35 W	5	48.67%		
91	33:00	Angie	Ryder	Unattached	Vet 70 W	2	72.17%		
92	33:07	Darren	Fisher	Tavistock AC	Vet 55 M	3	46.40%		
93	35:59	Gill	Turcan	Tavistock AC	Vet 65 W	4	57.20%		
94	36:19	Jill	Underwood	Unattached	Vet 55 W	4	50.53%		
95	37:26	Sarah	Doidge	Tavistock AC	Vet 50 M	7	40.03%		
96	38:16	Toby	Silvester	Unattached	U10 M	2	44.47%		

97	38:25	Nicola	Silvester	Unattached	Vet 40 W	3	40.35%		
98	39:42	Emma	Brogden	Unattached	U10 W	1	47.27%		
99	39:42	Thomas	Brogden	Tavistock AC	Vet 40 M	8	34.63%		
100	40:39	Trevor	Grigg	Tavistock AC	Vet 65 M	4	42.44%		