

2023 TAVY 7

Sunday 29 October 2023

Race Results (Final)

v1

Pos.	Time	Forename	Surname	Club	M/F	Age Cat.	Age Cat. Pos.	Age Grade Perf.	
1	00:38:45	Adam	Tango	Holland	Tavistock AC	M	Senior Male	1	78.80%
2	00:39:05	Shaun	Dixon	Highgate Harriers	M	M40	1	82.35%	
3	00:39:41	Rob	Ellis	Exmouth Harriers	M	Senior Male	2	76.94%	
4	00:39:46	Sam	Larkham	Tavistock AC	M	M40	2	80.93%	
5	00:39:51	Peter	Freedman	Tavistock Run Project	M	Senior Male	3	76.62%	
6	00:41:18	Oliver	Oldfield	Tamar Trotters	M	Senior Male	4	73.93%	
7	00:41:28	Jake	Waldron	Erme Valley Harriers	M	Senior Male	5	73.63%	
8	00:41:58	Joel	Heatley	South West RR	M	M40	3	76.69%	
9	00:42:00	Jamie	Howard	South West RR	M	M45	1	79.64%	
10	00:42:21	Thomas	Brogden	Tavistock AC	M	M40	4	75.99%	
11	00:42:37	Jamie	Edwards	Newquay RR	M	Senior Male	6	71.65%	
12	00:42:55	Martin	Colwill	Bideford AC	M	M55	1	84.58%	
13	00:43:00	Daniel	Westlake	Storm Plymouth	M	Senior Male	7	71.01%	
14	00:43:22	Charlie	Milward	Erme Valley Harriers	M	Senior Male	8	70.41%	
15	00:43:44	Langdon	Williams	Exmouth Harriers	M	M55	2	83.00%	
16	00:43:54	Nikki	Kelly	Tavistock AC	F	Senior Female	1	78.40%	
17	00:44:07	Joe	Thomson	Launceston RR	M	Senior Male	9	69.21%	
18	00:44:22	Hayden	Bond	Tavistock AC	M	Senior Male	10	68.82%	
19	00:44:36	Chris	Spreadbury	Unattached	M	Senior Male	11	68.46%	
20	00:44:39	Michael	Greenacre	Tavistock AC	M	Senior Male	12	68.38%	
21	00:44:47	Charlotte	Walker	Tavistock AC	F	Senior Female	2	76.85%	
22	00:44:49	Stan	Sargent	Unattached	M	M45	2	74.64%	
23	00:44:58	James	Cartlidge	Plymouth Harriers	M	Senior Male	13	67.90%	
24	00:45:12	Christopher	Hedges	Plymouth Harriers	M	Senior Male	14	67.55%	
25	00:45:12	Corin	Russell	Tavistock AC	M	Senior Male	15	67.55%	
26	00:45:23	Colin	Densham	Unattached	M	Senior Male	16	67.28%	
27	00:45:28	Ethan	Sterry	South West RR	M	Senior Male	17	67.16%	
28	00:45:36	Mark	West	Tavistock AC	M	M50	1	76.35%	
29	00:45:45	Emma	Ryder	Tavistock AC	F	Senior Female	3	75.23%	
30	00:45:59	David	Morris	Plymouth Harriers	M	Senior Male	18	66.40%	
31	00:46:03	Nicky	Savill	South West RR	F	Senior Female	4	74.74%	
32	00:46:08	Neil	Squires	Unattached	M	M45	3	72.51%	
33	00:46:15	Wayne	Kirby	Unattached	M	M40	5	69.59%	
34	00:46:25	Matthew	Cundell	Plymouth Harriers	M	Senior Male	19	65.78%	
35	00:46:36	David	Rayfield	Erme Valley Harriers	M	M55	3	77.90%	
36	00:46:38	Jack	Caulfield	Greenbow RC	M	Senior Male	20	65.48%	
37	00:46:39	Iain	Gillam	Unattached	M	Senior Male	21	65.45%	
38	00:46:42	Daniel	Case	Plymouth Musketeers RC	M	Senior Male	22	65.38%	
39	00:46:48	Ben	Payne	Plymouth Harriers	M	Senior Male	23	65.24%	
40	00:47:01	Iain	Mcwass	Plymouth Harriers	M	M40	6	68.45%	
41	00:47:03	Sally	Erith	Erme Valley Harriers	F	F35	1	73.86%	
42	00:47:14	Stephen	Collier	South West RR	M	M45	4	70.82%	
43	00:47:23	Steve	Jones	City Of Plymouth AC	M	Senior Male	24	64.44%	
44	00:47:26	George	Holmes	Unattached	M	Senior Male	25	64.37%	
45	00:47:30	Matt	Harris	Unattached	M	M40	7	67.75%	
46	00:47:30	Mark	Greaves	Plymstock RR	M	M40	8	67.75%	
47	00:47:33	Lee	Herbert	Plymouth Musketeers RC	M	M45	5	70.35%	
48	00:47:38	Benjamin	Dawes	Unattached	M	Senior Male	26	64.10%	
49	00:47:44	Mark	Schofield	Unattached	M	M50	2	72.94%	
50	00:47:44	Thomas	King	Unattached	M	Senior Male	27	63.97%	
51	00:47:49	Nick	Bristow	Erme Valley Harriers	M	M50	3	72.81%	
52	00:47:56	David	Kilgore	Storm Plymouth	M	M45	6	69.78%	
53	00:48:17	Alistair	Peers	Tavistock AC	M	M40	9	66.66%	
54	00:48:46	David	Engledew	Erme Valley Harriers	M	M60	1	77.75%	
55	00:48:49	Kevin	Marshall	Launceston RR	M	M55	4	74.36%	
56	00:48:59	Nigel	Cowley	Lonely Goat RC	M	M60	2	77.41%	

2023 TAVY 7

Sunday 29 October 2023

Race Results (Final)

v1

Pos.	Time	Forename	Surname	Club	M/F	Age Cat.	Age Cat. Pos.	Age Grade Perf.
57	00:49:01	Daniel	Baugh	Storm Plymouth	M	Senior Male	28	62.29%
58	00:49:12	Barry	Neal	Erme Valley Harriers	M	M40	10	65.41%
59	00:49:20	Andrew	Vernon	Okehampton RC	M	M55	5	73.58%
60	00:49:21	Ross	Stevens	South West RR	M	M40	11	65.21%
61	00:49:31	Rachael	Malthouse	Tavistock Run Project	F	F35	2	70.18%
62	00:49:33	Matthew	Grzenda	Plymouth Musketeers RC	M	M45	7	67.51%
63	00:49:44	James	Woolf	South West RR	M	M55	6	72.99%
64	00:49:53	Marc	Curtis	Tavistock AC	M	M55	7	72.77%
65	00:50:02	Richard	Bowen	Plymouth Harriers	M	M55	8	72.55%
66	00:50:06	Ashley	Elliott	East Cornwall Harriers	F	Senior Female	5	68.70%
67	00:50:08	Samuel	White	Unattached	M	M40	12	64.20%
68	00:50:12	Peter	Jeffery	Gloucester AC	M	M55	9	72.31%
69	00:50:21	Tom	Boulden	Unattached	M	Senior Male	29	60.64%
70	00:50:23	Joanne	Page	Okehampton RC	F	F35	3	68.97%
71	00:50:32	David	Thomson	Unattached	M	M60	3	75.03%
72	00:50:34	Anthony	Raine	Torbay AAC	M	M50	4	68.85%
73	00:50:37	Jenny	Jeeves	Tavistock AC	F	F55	1	82.09%
74	00:50:38	Joseph	Arkle	Unattached	M	M40	13	63.56%
75	00:50:38	Philip	Clowes	Unattached	M	M50	5	68.76%
76	00:50:58	Sean	Mctaggart	Unattached	M	Senior Male	30	59.91%
77	00:51:08	Mark	Thomas	Storm Plymouth	M	M45	8	65.42%
78	00:51:08	David	Parish	Launceston RR	M	Senior Male	31	59.71%
79	00:51:14	Allan	Herdman	Tavistock AC	M	M70	1	81.39%
80	00:51:24	Hannah	Worth	Tavistock AC	F	F40	1	69.20%
81	00:51:35	Andy	Coates	South West RR	M	M40	14	62.39%
82	00:51:36	Ian	Lamerton	Plymouth RR	M	M55	10	70.35%
83	00:51:36	Caroline	Steven	Tavistock AC	F	F55	2	80.52%
84	00:51:46	Duncan	Jago	Storm Plymouth	M	M40	15	62.17%
85	00:51:48	Matthew	Ball	Plymouth Harriers	M	M50	6	67.21%
86	00:51:55	Damian	Dunne	Plymouth Musketeers RC	M	M45	9	64.43%
87	00:52:00	Iain	Mcgregor	Unattached	M	Senior Male	32	58.72%
88	00:52:05	Mark	Peck	Unattached	M	Senior Male	33	58.62%
89	00:52:22	Joseph	Murphy	Storm Plymouth	M	M55	11	69.32%
90	00:52:25	Dani	Waters	South Devon AC	F	F35	4	66.30%
91	00:52:27	Shaun	Kirk	South Devon AC	M	M55	12	69.21%
92	00:52:30	Josh	Roy	Unattached	M	Senior Male	34	58.16%
93	00:52:34	Robert	Scovell	South West RR	M	M45	10	63.63%
94	00:52:36	Josh	Burke	Unattached	M	Senior Male	35	58.05%
95	00:52:42	Chris	Morton	RunFit RunFast	M	Senior Male	36	57.94%
96	00:52:43	Louise	Reynolds	South West RR	F	F45	1	70.06%
97	00:52:46	Hannah	Walker	Tavistock AC	F	Senior Female	6	65.22%
98	00:52:49	John	Dowell	Unattached	M	M55	13	68.73%
99	00:53:23	Darren	Cummings	Unattached	M	M45	11	62.66%
100	00:53:30	Mark	Sinclair	Plymouth Musketeers RC	M	M55	14	67.85%
101	00:53:45	Matthew	Retter	Unattached	M	Senior Male	37	56.81%
102	00:53:46	Peter	Hinton	Unattached	M	M55	15	67.51%
103	00:53:46	Murray	Turner	Bere Alston Trekkers	M	M50	7	64.76%
104	00:53:49	Rosie	Glazier	South West RR	F	Senior Female	7	63.95%
105	00:53:55	Sarah	Robbins	Plymouth Harriers	F	Senior Female	8	63.83%
106	00:53:58	Sean	Doogan	Plymstock RR	M	M50	8	64.52%
107	00:54:02	Kate	Medlicott	Erme Valley Harriers	F	F55	3	76.90%
108	00:54:04	Ruth	Ellis	Unattached	F	Senior Female	9	63.66%
109	00:54:06	Freya	Page	Tavistock AC	F	Senior Female	10	63.62%
110	00:54:14	Emma	Jeffery	Gloucester AC	F	F50	1	71.88%
111	00:54:19	Andy	Stapleton	Unattached	M	M45	12	61.58%
112	00:54:41	Martin	Hynes	Launceston RR	M	M70	2	76.26%

2023 TAVY 7

Sunday 29 October 2023

Race Results (Final)

v1

Pos.	Time	Forename	Surname	Club	M/F	Age Cat.	Age Cat. Pos.	Age Grade Perf.
113	00:54:51	Helen	Orme	Tavistock AC	F	F45	2	67.34%
114	00:54:55	Sara	Tapp	Unattached	F	F50	2	70.99%
115	00:55:00	Reef	Lakin	Unattached	M	Senior Male	38	55.52%
116	00:55:03	Amelia	Varley	Tamar Trail Runners	F	F50	3	70.81%
117	00:55:05	Sumner	Runner	Storm Plymouth	F	F40	2	64.57%
118	00:55:21	Nathan	Watson	Unattached	M	Senior Male	39	55.16%
119	00:55:24	David	Mccarthy	Storm Plymouth	M	Senior Male	40	55.11%
120	00:55:25	David	Madge	Unattached	M	M45	13	60.36%
121	00:55:26	Sharon	Daw	East Cornwall Harriers	F	F55	4	74.95%
122	00:55:32	Michael	Hockey	Plymouth Musketeers RC	M	M40	16	57.95%
123	00:55:36	Debra	Stevens	South West RR	F	Senior Female	11	61.90%
124	00:55:45	David	Austin	Plymouth Musketeers RC	M	M40	17	57.73%
125	00:55:46	Sarah	Nelson	Unattached	F	F35	5	62.31%
126	00:55:47	Nick	Jones	Unattached	M	Senior Male	41	54.74%
127	00:55:50	Andrew	Parsons	Storm Plymouth	M	M50	9	62.36%
128	00:55:50	Roger	Hine	Unattached	M	M60	4	67.91%
129	00:55:53	Zoe	Chapman	Unattached	F	F35	6	62.18%
130	00:55:53	Christopher	Chapman	Unattached	M	Senior Male	42	54.64%
131	00:55:55	John	Stewart	Unattached	M	Senior Male	43	54.61%
132	00:55:57	John	Bailey	Unattached	M	Senior Male	44	54.57%
133	00:55:59	Helen	Colwill	Bideford AC	F	F50	4	69.63%
134	00:56:00	Alison	Engledew	Erme Valley Harriers	F	F65	1	85.45%
135	00:56:03	Ben	Palmer	Unattached	M	Senior Male	45	54.48%
136	00:56:04	Daniel	Worth	Unattached	M	M45	14	59.66%
137	00:56:17	Stephen	Mace	Plymouth Falconers	M	M55	16	64.50%
138	00:56:18	Peter	James	Launceston RR	M	M45	15	59.41%
139	00:56:22	Andrew	Mitchell	Erme Valley Harriers	M	M50	10	61.77%
140	00:56:25	Andrew	Hosk	Launceston RR	M	M50	11	61.71%
141	00:56:26	Jane	Ling	Plymstock RR	F	F45	3	65.45%
142	00:56:29	Marilyn	Blair	Torrington AAC	F	F60	1	78.75%
143	00:56:31	Giles	Newcombe	Unattached	M	M40	18	56.94%
144	00:56:34	Polly	Iddon	Unattached	F	F40	3	62.88%
145	00:56:35	David	Gilvear	Erme Valley Harriers	M	M60	5	67.01%
146	00:56:38	Christopher	Spencer	Unattached	M	M60	6	66.95%
147	00:56:56	Molly	Bytheway	Tavistock AC	F	Senior Female	12	60.45%
148	00:56:59	Katherine	Steer	Tavistock AC	F	F40	4	62.42%
149	00:57:03	Adam	Bewes	Unattached	M	Senior Male	46	53.52%
150	00:57:04	Carole	Walters	Tavistock AC	F	F60	2	77.95%
151	00:57:04	Sally	Copson-Ball	Unattached	F	F45	4	64.72%
152	00:57:04	Simon	Woodhouse	Unattached	M	M45	16	58.62%
153	00:57:10	Richard	Morton	Tamar Trotters	M	M70	3	72.94%
154	00:57:15	Rhian	Lismore	Plymouth Musketeers RC	F	F35	7	60.70%
155	00:57:18	Andrew	Whitby	Instinctive Sports	M	M60	7	66.17%
156	00:57:22	Christopher	Bailey	Storm Plymouth	M	M45	17	58.31%
157	00:57:26	Ej	Findlay	Tavistock AC	F	F50	5	67.88%
158	00:57:27	Fiona	Clenahan	Unattached	F	Senior Female	13	59.91%
159	00:57:29	Matthew	Jeffery	Unattached	M	Senior Male	47	53.12%
160	00:57:39	Natalie	Harris	Unattached	F	Senior Female	14	59.70%
161	00:57:45	Richard	Atkinson	Plymouth Harriers	M	M55	17	62.86%
162	00:58:04	Jennie	Kingdon	Plymouth Harriers	F	F60	3	76.61%
163	00:58:12	Richard	Eales	Unattached	M	M40	19	55.30%
164	00:58:12	Jack	Southcott	Unattached	M	Senior Male	48	52.46%
165	00:58:19	Helen	Perry-Smith	Plymouth Coasters	F	Senior Female	15	59.02%
166	00:58:22	Karine	Gallais-Montgomery	Unattached	F	F50	6	66.79%
167	00:58:25	Lee	Cusick	South West RR	M	M55	18	62.14%
168	00:58:28	Matthew	Charlton	Unattached	M	M40	20	55.05%

2023 TAVY 7

Sunday 29 October 2023

Race Results (Final)

v1

Pos.	Time	Forename	Surname	Club	M/F	Age Cat.	Age Cat. Pos.	Age Grade Perf.
169	00:58:29	Matthew	Anderson	Unattached	M	M40	21	55.03%
170	00:58:31	Becky	Prudden	Unattached	F	F40	5	60.78%
171	00:58:37	Alan	Carter	Unattached	M	M40	22	54.90%
172	00:58:38	John	Moorhouse	Dawlish coasters	M	M65	1	67.68%
173	00:58:53	Emma	Start	Bovey Valley Runners	F	F50	7	66.20%
174	00:59:00	Eddie	Thomson	Unattached	M	Senior Male	49	51.75%
175	00:59:05	Sarah	Holland	Tavistock AC	F	F45	5	62.51%
176	00:59:06	Phil	Allen	RunFit RunFast	M	M45	18	56.60%
177	00:59:09	Steve	Jackson	Unattached	M	M40	23	54.41%
178	00:59:15	Paul	Whitmore	Storm Plymouth	M	M40	24	54.32%
179	00:59:16	Laura	Webber	Unattached	F	F40	6	60.01%
180	00:59:18	Richard	Lane	Erme Valley Harriers	M	M50	12	58.71%
181	00:59:19	Mike	Dauncey	Bradworthy Runners	M	M60	8	63.92%
182	00:59:22	Peter	Bazley	Unattached	M	M65	2	66.84%
183	00:59:22	Brendan	Palmer	Storm Plymouth	M	M45	19	56.34%
184	00:59:24	Fred	Jenkins	Instinctive Sports	M	M60	9	63.83%
185	00:59:30	Annette	Beilby	RunFit RunFast	F	F45	6	62.07%
186	00:59:32	Rebecca	Scott	Storm Plymouth	F	F45	7	62.04%
187	00:59:39	Samuel	Sharland	Tavistock AC	M	M40	25	53.95%
188	00:59:42	Andrea	Mitchell	Erme Valley Harriers	F	F50	8	65.30%
189	00:59:44	Nick	Boorman	Unattached	M	Senior Male	50	51.12%
190	00:59:51	Donna	Stacey	Tavistock AC	F	F50	9	65.14%
191	00:59:55	Wayne	Baxter	Unattached	M	M40	26	53.71%
192	01:00:00	Colin	Weeks	Unattached	M	M40	27	53.64%
193	01:00:02	Steven	Bush	Plymouth Musketeers RC	M	M50	13	58.00%
194	01:00:05	David	Twine	Tavistock AC	M	M65	3	66.05%
195	01:00:18	James	Addelsee	Unattached	M	Senior Male	51	50.64%
196	01:00:21	Michael	Callaghan-Martin	Torrington AAC	M	M50	14	57.69%
197	01:00:32	Ged	Fitzgibbon	Okehampton RC	M	M70	4	68.89%
198	01:00:36	Miranda	Burke	Plymouth Harriers	F	F55	5	68.56%
199	01:00:37	Travis	Trice	Plymouth Musketeers RC	M	Senior Male	52	50.37%
200	01:00:39	Rachel	Godfrey	Torrington AAC	F	F50	10	64.28%
201	01:00:41	Christopher	Marcol	Plymouth Harriers	M	M65	4	65.39%
202	01:00:44	Michaela	Hillman	Torrington AAC	F	F55	6	68.41%
203	01:00:45	Clive	Leythorne	Unattached	M	M40	28	52.98%
204	01:00:48	James	Mann	Plymstock RR	M	Senior Male	53	50.22%
205	01:00:49	Lindsay	Lane	Erme Valley Harriers	F	F40	7	58.48%
206	01:00:55	Matthew	Kemp	Unattached	M	M40	29	52.83%
207	01:01:02	Michelle	Tucker	Unattached	F	F50	11	63.87%
208	01:01:03	Debora	Cornish	Storm Plymouth	F	F55	7	68.06%
209	01:01:04	Michael	Hughes	Storm Plymouth	M	M60	10	62.09%
210	01:01:04	Becky	Kingdon	Unattached	F	F35	8	56.91%
211	01:01:06	Lee	Cosgrove	Unattached	M	Senior Male	54	49.97%
212	01:01:07	Melanie	Bouyer	Unattached	F	F40	8	58.19%
213	01:01:08	Richard	Yarwood	Plymouth Harriers	M	M50	15	56.95%
214	01:01:11	Andrew	Lowerson	Unattached	M	M60	11	61.97%
215	01:01:13	William	Hine	Unattached	M	Senior Male	55	49.88%
216	01:01:15	Bryn	Truscott	South West RR	M	M60	12	61.90%
217	01:01:18	Dave	Armstrong	Unattached	M	M60	13	61.85%
218	01:01:22	Emma	Jenks	Plymouth Musketeers RC	F	F40	9	57.96%
219	01:01:24	Anthony	Shearer	Tavistock AC	M	M70	5	67.92%
220	01:01:29	Mark	Widgery	Unattached	M	M40	30	52.34%
221	01:01:31	Andy	Cowden	Bere Alston Trekkers	M	M60	14	61.64%
222	01:01:34	Kevin	Chiswell	Storm Plymouth	M	M55	19	58.96%
223	01:01:41	Samuel	Elliott	Unattached	M	Senior Male	56	49.50%
224	01:01:53	Tim	Haimes	Tavistock AC	M	M50	16	56.26%

2023 TAVY 7

Sunday 29 October 2023

Race Results (Final)

v1

Pos.	Time	Forename	Surname	Club	M/F	Age Cat.	Age Cat. Pos.	Age Grade Perf.
225	01:02:05	Charlene	Matthews	Storm Plymouth	F	F35	9	55.97%
226	01:02:05	Catherine	Brown	Storm Plymouth	F	F45	8	59.49%
227	01:02:11	Tristan	Muller-Forster	Unattached	M	Senior Male	57	49.10%
228	01:02:12	Stuart	Hearne	Run Venture RC	M	M50	17	55.98%
229	01:02:18	Luke	Wilcox	Unattached	M	M40	31	51.66%
230	01:02:20	Gary	Tapp	Storm Plymouth	M	M50	18	55.86%
231	01:02:23	Emily	Faircloth	Erme Valley Harriers	F	F45	9	59.20%
232	01:02:30	Andy	Bees	Plymouth Musketeers RC	M	M40	32	51.49%
233	01:02:35	Peter	Addelsee	Storm Plymouth	M	M60	15	60.59%
234	01:02:39	Phil	Adderley	Erme Valley Harriers	M	M45	20	53.39%
235	01:02:45	Sam	Mayne	Unattached	M	Senior Male	58	48.66%
236	01:02:48	Tracey	Oxborough	Tavistock AC	F	F55	8	66.16%
237	01:02:50	Peter	Roissetter	Unattached	M	M55	20	57.77%
238	01:03:13	Alana	Pearson	Storm Plymouth	F	F40	10	56.26%
239	01:03:15	Francesca	Walker	Erme Valley Harriers	F	Senior Female	16	54.41%
240	01:03:18	Colin	Miller	Ocean City RC	M	Senior Male	59	48.24%
241	01:03:21	Alice	Burbidge	Unattached	F	F40	11	56.14%
242	01:03:25	Joanna	Humphreys	Unattached	F	F40	12	56.08%
243	01:03:29	Jay	Randle	Unattached	M	Senior Male	60	48.10%
244	01:03:31	Lucy	Jay	Unattached	F	F60	4	70.03%
245	01:03:32	Mandy	Sanders	Unattached	F	F50	12	61.36%
246	01:03:33	Sarah	Jones	Unattached	F	F40	13	55.97%
247	01:03:35	Jenny	Kumah	Plymouth Musketeers RC	F	F45	10	58.09%
248	01:03:37	Andrew	Geen	Bradworthy Runners	M	M65	5	62.38%
249	01:03:48	Donna	Smith	South West RR	F	F60	5	69.72%
250	01:03:51	Linda	Trebilcock	Plymouth Harriers	F	F60	6	69.67%
251	01:03:53	Natalie	Bonney	Unattached	F	F40	14	55.67%
252	01:03:56	Ryan	York	Storm Plymouth	M	M50	19	54.46%
253	01:04:03	Maggie	Arlidge	Unattached	F	F45	11	57.66%
254	01:04:04	Thomas	Johnston	Unattached	M	Senior Male	61	47.66%
255	01:04:05	Andy	Harris	Unattached	M	M50	20	54.33%
256	01:04:10	Geraldine	Butchers	Storm Plymouth	F	F45	12	57.56%
257	01:04:12	Sarah-Jane	Sinclair	Plymouth Musketeers RC	F	F50	13	60.72%
258	01:04:13	Nicola	Mackenzie	Unattached	F	F50	14	60.71%
259	01:04:21	Marjan	Saberi	Plymouth Harriers	F	Senior Female	17	53.48%
260	01:04:24	Wendy	Perks	Unattached	F	F50	15	60.53%
261	01:04:25	Jacqui	Howe	Unattached	F	F55	9	64.50%
262	01:04:26	Alan	Howe	Unattached	M	M55	21	56.34%
263	01:04:27	Clare	Scotton	Tamar Trail Runners	F	F40	15	55.18%
264	01:04:28	Julian	Budd	South West RR	M	M55	22	56.31%
265	01:04:30	Derren	Wilkie	Storm Plymouth	M	M50	21	53.98%
266	01:04:35	Jo	Williams	Unattached	F	F35	10	53.81%
267	01:04:39	Alison	Ross	Unattached	F	F65	2	74.01%
268	01:04:43	Kimberly	Randle	Unattached	F	F50	16	60.24%
269	01:04:43	Kevin	Knight	Plymouth Falconers	M	Senior Male	62	47.18%
270	01:04:46	Suzy	White	Unattached	F	F40	16	54.92%
271	01:04:47	Stacey	Allen	Unattached	F	Senior Female	18	53.13%
272	01:04:48	Ruth	Mccalley	Plymouth Musketeers RC	F	Senior Female	19	53.11%
273	01:04:48	Laura	Lake	Unattached	F	Senior Female	20	53.11%
274	01:04:50	Peter	Kenvin	Bere Alston Trekkers	M	M65	6	61.21%
275	01:04:50	Emma	Alee	Plymouth Musketeers RC	F	F45	13	56.97%
276	01:04:57	Karen	Albiston	Unattached	F	F50	17	60.02%
277	01:04:58	Michael	Hallahan	Unattached	M	Senior Male	63	47.00%
278	01:05:01	Simon	Barrett	Instinctive Sports	M	M60	16	58.32%
279	01:05:17	Mark	Symons	TEAM H	M	M50	22	53.33%
280	01:05:20	Ian	Grimes	Launceston RR	M	M70	6	63.83%

2023 TAVY 7

Sunday 29 October 2023

Race Results (Final)

v1

Pos.	Time	Forename	Surname	Club	M/F	Age Cat.	Age Cat. Pos.	Age Grade Perf.
281	01:05:22	Mark	Albiston	Unattached	M	M50	23	53.26%
282	01:05:27	Emily	Roissetter	Unattached	F	Senior Female	21	52.58%
283	01:05:28	Dean	Trice	Plymouth Musketeers RC	M	M50	24	53.18%
284	01:05:29	Tracey	Garland	Storm Plymouth	F	F50	18	59.53%
285	01:05:35	Simon	Hague	Storm Plymouth	M	M45	21	51.00%
286	01:05:36	Gillian	Aze-Thomas	Launceston RR	F	F50	19	59.43%
287	01:05:43	Karen	Walker	Storm Plymouth	F	F50	20	59.32%
288	01:05:44	Andrew	Elvidge	Plymouth Harriers	M	M50	25	52.97%
289	01:05:54	Robin	Newcombe	Unattached	M	M45	22	50.76%
290	01:05:57	Paul	Tucker	Unattached	M	M70	7	63.23%
291	01:05:59	Emma	Dunne	Plymouth Musketeers RC	F	F45	14	55.97%
292	01:06:02	Paul	Martin	Tamar Trail Runners	M	M60	17	57.42%
293	01:06:03	Dean	Rockey	Storm Plymouth	M	M55	23	54.96%
294	01:06:04	Rebecca	Mccallum	Storm Plymouth	F	F35	11	52.60%
295	01:06:05	David	Matthams	Instinctive Sports	M	M60	18	57.38%
296	01:06:05	Daniel	Matthams	Unattached	M	Senior Male	64	46.20%
297	01:06:17	Michelle	Cartlidge	Plymouth Harriers	F	F35	12	52.43%
298	01:06:29	Andy	Bartlett	Erme Valley Harriers	M	M50	26	52.37%
299	01:06:32	Donna	Baker	Tamar Trail Runners	F	F40	17	53.46%
300	01:06:33	Louise	Cheetham	Tamar Trail Runners	F	F35	13	52.22%
301	01:06:50	Ryan	Woolcock	Unattached	M	Senior Male	65	45.69%
302	01:06:57	Clair	Cullingford	Unattached	F	F35	14	51.90%
303	01:07:00	Jane	Miles	Unattached	F	F50	21	58.18%
304	01:07:01	David	Phillips	Storm Plymouth	M	M50	27	51.95%
305	01:07:04	Emma	James	Launceston RR	F	F50	22	58.13%
306	01:07:05	Lizzy	Hawke	Unattached	F	Senior Female	22	51.30%
307	01:07:06	Samantha	Harte-Latremouille	Bere Alston Trekkers	F	F45	15	55.04%
308	01:07:12	Peter	Griffith	Unattached	M	M70	8	62.05%
309	01:07:19	Les	Wilkinson	Unattached	F	F55	10	61.72%
310	01:07:23	Jason	Mann	Unattached	M	M50	28	51.67%
311	01:07:24	Kate	Fowle	Unattached	F	F40	18	52.77%
312	01:07:34	Hilary	Preece	Islwyn RC	F	F50	23	57.70%
313	01:07:36	Alan	Mccarthy	Storm Plymouth	M	M60	19	56.09%
314	01:07:50	Christie	Campbell	Bere Alston Trekkers	F	F35	15	51.23%
315	01:07:53	Florence	Hayne	Unattached	F	Senior Female	23	50.70%
316	01:08:11	Laura	Nunn	Unattached	F	F40	19	52.16%
317	01:08:14	Emma-Louise	Williams	Unattached	F	F35	16	50.93%
318	01:08:21	Denise	Betty	Unattached	F	F35	17	50.84%
319	01:08:26	Brent	Carpenter	Fremlington Trail Blazers	M	M40	33	47.03%
320	01:08:27	Hannah	Harvey	Fremlington Trail Blazers	F	F45	16	53.96%
321	01:08:27	Helen	Findlay	Unattached	F	F40	20	51.96%
322	01:08:48	Karen	Noakes	Tavistock AC	F	F60	7	64.66%
323	01:08:51	Emily	Smith	Unattached	F	Senior Female	24	49.99%
324	01:08:52	Peter	Gadd	Unattached	M	M50	29	50.56%
325	01:08:55	Nick	Fathers	Plymouth Musketeers RC	M	M50	30	50.52%
326	01:09:07	Harriet	Hunter	Unattached	F	Senior Female	25	49.80%
327	01:09:08	Paul	Stronge	Unattached	M	M60	20	54.85%
328	01:09:19	Helen	Boulden	Plymstock RR	F	Senior Female	26	49.65%
329	01:09:22	Darren	Shaw	Unattached	M	M50	31	50.19%
330	01:09:29	Gary Albon	Albon	Unattached	M	M55	24	52.24%
331	01:10:07	Dotty	King	Unattached	F	F55	11	59.26%
332	01:10:12	Helen	Childs	Storm Plymouth	F	F45	17	52.61%
333	01:10:15	Sarah	Sharland	RunFit RunFast	F	F35	18	49.47%
334	01:10:23	Samantha	West	Plymouth Musketeers RC	F	F35	19	49.37%
335	01:10:31	Jo	White	Lonely Goat RC	F	F45	18	52.38%
336	01:10:36	Samantha	Turner	Plymouth Musketeers RC	F	F55	12	58.85%

2023 TAVY 7

Sunday 29 October 2023

Race Results (Final)

v1

Pos.	Time	Forename	Surname	Club	M/F	Age Cat.	Age Cat. Pos.	Age Grade Perf.
337	01:10:55	Jack	Marsh	Unattached	M	Senior Male	66	43.06%
338	01:10:56	Josh	Meehan	Unattached	M	MU17	1	#N/A
339	01:10:57	Mandy	Chapman	Unattached	F	F40	21	50.13%
340	01:10:59	Robert	Mills-Hicks	Tavistock AC	M	M55	25	51.14%
341	01:11:09	Ollie	Hoskin	Unattached	M	Senior Male	67	42.91%
342	01:11:24	Dawn	Childs	Storm Plymouth	F	F50	24	54.60%
343	01:11:41	Sarah	Richardson	Bradworthy Runners	F	F45	19	51.52%
344	01:11:44	Danielle	Green	Unattached	F	Senior Female	27	47.98%
345	01:11:49	Martin	Sterry	South West RR	M	M45	23	46.58%
346	01:11:53	Emma	Boran	Unattached	F	Senior Female	28	47.88%
347	01:11:53	Harry	Boran	Unattached	M	Senior Male	68	42.48%
348	01:12:00	Anita	Ley	Up and Running Torbay	F	F55	13	57.71%
349	01:12:06	Jennie	Hayes	Torrington AAC	F	F60	8	61.70%
350	01:12:06	Sarah	Walton	Tavistock AC	F	F45	20	51.23%
351	01:12:18	David	Hardy	Ocean City RC	M	Senior Male	69	42.23%
352	01:12:20	Anna	Sheinman	Unattached	F	Senior Female	29	47.58%
353	01:12:21	Elise	Spicer	Unattached	F	Senior Female	30	47.57%
354	01:12:45	Thomas	Roberts	Plymouth Striders	M	Senior Male	70	41.97%
355	01:12:56	Paul	Barnaby	Unattached	M	Senior Male	71	41.86%
356	01:13:02	Chloe	Sherwin	Plymstock RR	F	Senior Female	31	47.12%
357	01:13:08	Louise	Creber	Erme Valley Harriers	F	F50	25	53.30%
358	01:13:09	James	Nicholson	Plymouth Coasters	M	Senior Male	72	41.74%
359	01:13:11	Jacqui	Couch	Torrington AAC	F	F50	26	53.27%
360	01:13:14	Dona	Turner	Plymouth Musketeers RC	F	F45	21	50.43%
361	01:13:26	Jean	Phillips	Tavistock AC	F	F55	14	56.58%
362	01:13:34	Susanna	Keenan	Unattached	F	F40	22	48.35%
363	01:13:43	Tania	Coker	Storm Plymouth	F	Senior Female	32	46.69%
364	01:13:44	Sarah	Fast	Okehampton RC	F	F35	20	47.13%
365	01:13:44	Justin	Locke	Storm Plymouth	M	M45	24	45.37%
366	01:13:49	Elise	Milden	Plymouth Musketeers RC	F	Senior Female	33	46.62%
367	01:13:51	Louise	King	Plymouth Musketeers RC	F	F55	15	56.26%
368	01:13:51	Karen	Stockdale	Unattached	F	F40	23	48.16%
369	01:14:01	Mary	Ritson	Torrington AAC	F	F60	9	60.10%
370	01:14:00	Sean Barrie	Rafton	Unattached	M	M50	32	47.05%
371	01:14:04	Claire	Herbert	Plymouth Musketeers RC	F	F50	27	52.63%
372	01:14:18	Jane	Simpson	Erme Valley Harriers	F	F40	24	47.87%
373	01:14:19	Alan	Makeham	Erme Valley Harriers	M	M50	33	46.85%
374	01:14:20	Lorraine	Hawkins	Launceston RR	F	F55	16	55.90%
375	01:14:31	Paula	Tapp	Storm Plymouth	F	F50	28	52.31%
376	01:14:34	Hannah	Penman	Storm Plymouth	F	F40	25	47.70%
377	01:14:34	Cheryl	Boxall	Storm Plymouth	F	F50	29	52.28%
378	01:14:37	Vikki	Savage	Launceston RR	F	F50	30	52.24%
379	01:14:40	Julie	Spencer	Storm Plymouth	F	F60	10	59.58%
380	01:14:42	Damon	Bruce	Storm Plymouth	M	M45	25	44.78%
381	01:14:53	Sarah	Welsh	Torbay Tri Club	F	F55	17	55.49%
382	01:14:55	Lorna	Mulvihill	Bere Alston Trekkers	F	F35	21	46.38%
383	01:15:15	Sarah	Hazeldine	Unattached	F	F60	11	59.11%
384	01:15:18	Brenda	Thorne	Instinctive Sports	F	F65	3	63.55%
385	01:15:18	Neal	Owen	Unattached	M	M55	26	48.21%
386	01:15:20	Kathleen	Allen	Unattached	F	F55	18	55.15%
387	01:15:20	Ann	Wootten	Unattached	F	F50	31	51.75%
388	01:15:33	Gregor	MacDougall	Unattached	M	M50	34	46.08%
389	01:15:34	Jo	Fox	Danson Runners	F	F50	32	51.59%
390	01:15:34	Steve	Fox	Danson Runners	M	M50	35	46.07%
391	01:15:37	Bryan	King	Plymouth Musketeers RC	M	M70	9	55.15%
392	01:15:42	Teresa	Roberts	Unattached	F	F45	22	48.79%

2023 TAVY 7

Sunday 29 October 2023

Race Results (Final)

v1

Pos.	Time	Forename	Surname	Club	M/F	Age Cat.	Age Cat. Pos.	Age Grade Perf.
393	01:15:44	Sophie	Roberts	Unattached	F	F35	22	45.88%
394	01:15:45	Susan	Mann	Unattached	F	F45	23	48.76%
395	01:15:46	Sean	Furlonger	Unattached	M	M55	27	47.91%
396	01:16:14	Roger	Webb	South Devon AC	M	M65	7	52.06%
397	01:16:25	Dawn	Dixon	Storm Plymouth	F	F45	24	48.33%
398	01:16:25	Alison	Ince	Storm Plymouth	F	F40	26	46.54%
399	01:16:49	Jane	Walter	Bradworthy Runners	F	F55	19	54.09%
400	01:17:12	Deborah	Winship	South West RR	F	F50	33	50.50%
401	01:18:36	Pam	Adams	Unattached	F	F55	20	52.86%
402	01:18:53	Michele	Hore	Unattached	F	F50	34	49.42%
403	01:18:53	Judith	Cook	Unattached	F	F65	4	60.66%
404	01:19:02	Beatrice	Hamilton	Unattached	F	F55	21	52.57%
405	01:19:06	Laura	Whitemore	Storm Plymouth	F	Senior Female	34	43.51%
406	01:19:07	Jon	Cryer	Unattached	M	M65	8	50.16%
407	01:19:24	Phil	Bees	Plymouth Falconers	M	M65	9	49.98%
408	01:19:24	Lavinia	Marshall	Launceston RR	F	F70	1	65.20%
409	01:19:27	John	Stewart	Unattached	M	M60	21	47.72%
410	01:19:40	Irene	Envy	Plymouth Musketeers RC	F	F60	12	55.84%
411	01:20:56	Jonny	Matthews	Storm Plymouth	M	M45	26	41.33%
412	01:21:08	Karen	King	Okehampton RC	F	F45	25	45.52%
413	01:21:08	Jennifer	Jones	Unattached	F	F40	27	43.84%
414	01:21:36	Suze	Tilley	Callington Running Group	F	F40	28	43.59%
415	01:21:37	Tony	Farrant	Unattached	M	M55	28	44.48%
416	01:22:04	Darren	Fisher	Tavistock AC	M	M55	29	44.23%
417	01:23:05	Sarah	Ogilvie	Unattached	F	F35	23	41.83%
418	01:23:05	Morwenna	Sayers	Unattached	F	F40	29	42.81%
419	01:23:11	Nicola	Hague	Storm Plymouth	F	F40	30	42.76%
420	01:23:11	Lynn	Johns	Storm Plymouth	F	F50	35	46.86%
421	01:23:22	Kelvin	Coker	Storm Plymouth	M	Senior Male	73	36.63%
422	01:23:22	James	Farr	Unattached	M	M65	10	47.60%
423	01:23:52	Jean	Findlay	Unattached	F	F70	2	61.72%
424	01:25:35	Paul	Mingo	Unattached	M	M50	36	40.68%
425	01:25:59	Davina	MacDougall	Unattached	F	F50	36	45.34%
426	01:26:12	Stephen	Pretty	Unattached	M	M60	22	43.99%
427	01:26:32	Graham	Hole	Unattached	M	M50	37	40.23%
428	01:30:09	Rebecca	Davenport	Unattached	F	Senior Female	35	38.18%
429	01:30:10	Tony	Carlton	Unattached	M	M45	27	37.10%
430	01:31:59	Emma	Greening	Unattached	F	Senior Female	36	37.42%
431	01:32:34	Paula	Dale	Unattached	F	F45	26	39.90%
432	01:33:45	Hollie	Baxter	Plymouth Harriers	F	F35	24	37.07%
433	01:33:45	Jennifer	Dyer	Plymouth Harriers	F	F40	31	37.94%
434	01:33:46	Lisa	Parr	Plymouth Harriers	F	F45	27	39.39%
435	01:33:46	Amy	Dymond	Plymouth Harriers	F	Senior Female	37	36.70%
436	01:36:07	Cheryl	Mcveigh	Unattached	F	F60	13	46.28%
437	01:37:01	Martin	Clark	Unattached	M	M50	38	35.89%
438	01:37:10	Katie	Whitemore	Storm Plymouth	F	Senior Female	38	35.42%
439	01:37:56	Rachel	Bennett	Unattached	F	F50	37	39.81%
440	01:37:57	Melanie	Pedrick	Unattached	F	F50	38	39.80%
441	01:43:05	Megan	Walters	Storm Plymouth	F	Senior Female	39	33.39%