

The TAVY 5k



A **TAVISTOCK**
Athletic Club
Production

Results

20 January 2024

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Position	Age Graded Performance	Course Record	Age Category Record
1	16:17	Mark	Budge	Unattached	Sen M	1	79.63%		
2	16:59	Matthew	Bradley	City of Plymouth AC	Vet 35 M	1	78.61%		
3	17:51	Corin	Russell	Tavistock AC	Vet 35 M	2	73.86%		
4	18:18	Jon	Scott	Unattached	Vet 40 M	1	75.14%		
5	18:46	Andy	Wall	Unattached	Vet 35 M	3	70.25%		
6	19:01	Mike	Wall	Unattached	Sen M	2	68.19%		
7	19:12	Richard	Drage	Tavistock AC	Vet 65 M	1	87.33%		New Age Category Record
8	19:32	James	Armstrong	Tavistock AC	Vet 40 M	2	69.88%		
9	19:46	Alan	Ryder	Plymouth Musketeers	Vet 55 M	1	80.44%		
10	19:51	Alistair	Peers	Tavistock AC	Vet 40 M	3	70.36%		
11	19:53	Simon	Yeo	Unattached	Vet 40 M	4	68.65%		
12	20:24	Ravi	Pandy	Storm Plymouth	Vet 50 M	1	73.45%		
13	20:52	Paul	Gregg	Tamar Trotters	Vet 55 M	2	74.92%		
14	21:26	Steve	Hale	Team Bath AC	Vet 65 M	2	78.23%		
15	21:58	Michael	Hockey	Plymouth Musketeers	Vet 40 M	5	64.04%		
16	22:37	Richard	Greaves	Unattached	Vet 60 M	1	73.47%		
17	22:52	Andy	Stapleton	Unattached	Vet 45 M	1	62.46%		
18	23:11	Richard	Sloley	Instinctive Sports	Vet 45 M	2	63.12%		
19	23:22	Harriet	Silvester	Tavistock AC	U11 W	1	73.04%		
20	23:30	Thomas	Shires	Unattached	Vet 35 M	4	56.10%		
21	23:37	Jane	Bremner	Tamar Trotters	Vet 65 W	1	88.50%		New Age Category Record
22	23:53	Fred	Jenkins	Instinctive Sports	Vet 60 M	2	68.95%		
23	24:02	James	Anthony	Unattached	U11 M	1	65.67%		
24	24:03	Adam	Savage	Unattached	Vet 35 M	5	56.34%		

25	24:07	Olivia	Walkerdine	Tavistock AC	U11 W	2	70.77%		
26	24:08	Greg	Walkerdine	Unattached	Vet 40 M	6	57.39%		
27	24:19	Neil	Turnham	Instinctive Sports	Vet 55 M	3	65.39%		
28	24:21	Ralph	Tomlin	Unattached	Vet 55 M	4	64.20%		
29	24:31	Steve	Cooper	Unattached	Vet 65 M	3	69.07%		
30	24:33	Peter	Armstrong	Plymouth Harriers	Vet 35 M	6	55.19%		
31	24:42	Sarah	Worth	Unattached	Vet 35 W	1	61.27%		
32	24:52	George	Lake	Tavistock AC	U10 M	1	65.75%		
33	25:01	Timothy	Silvester	Unattached	Vet 40 M	7	54.96%		
34	25:01	David	Fairbairn	Tavistock AC	Vet 60 M	3	64.09%		
35	25:14	Jonathan	Dearson	Royal Navy AC	Vet 45 M	3	56.61%		
36	25:45	Finn	Pipe	Unattached	U15 M	1	55.08%		
37	26:04	Harry	Quinn	Unattached	U13 M	1	58.70%		
38	26:16	Nicole	Heryet	Tavistock AC	Vet 50 W	1	65.42%		
39	26:33	Patrick	Knight	Unattached	Vet 55 M	5	59.89%		
40	26:37	Peter	Bazley	Tavistock AC	Vet 65 M	4	64.81%		
41	26:45	Louise	Gregg	Unattached	Vet 50 W	2	64.24%		
42	26:54	Lizz	Heatley	Unattached	Vet 40 W	1	56.88%		
43	27:23	Paul	Griffin	Instinctive Sports	Vet 55 M	6	56.12%		
44	27:24	David	Matthams	Instinctive Sports	Vet 60 M	4	59.06%		
45	27:36	Claire	Anthony	Unattached	Vet 45 W	1	58.09%		
46	27:40	Joan	Cooper	Unattached	Vet 65 W	2	75.54%		
47	27:56	Ian	McLeod	Plymouth Coasters	Vet 60 M	5	58.41%		
48	28:45	Daniel	Pipe	Unattached	Vet 50 M	2	51.71%		
49	29:41	Suzanne	Jones	Instinctive Sports	Vet 60 W	1	64.46%		
50	29:47	Stephen	Crosher	Unattached	Vet 50 M	3	49.92%		
51	29:49	Lindsay	Hobbs	Unattached	Vet 60 W	2	64.17%		
52	29:51	Geoffrey	Honey	Plymouth Harriers	Vet 70 M	1	62.42%		
53	30:09	Thelma	Turner	Tavistock AC	Vet 70 W	1	73.85%		
54	30:17	Marion	Stratton	Tavistock AC	Vet 65 W	3	67.97%		
55	31:05	Sophie	Roberts	Unattached	Vet 35 W	2	48.90%		
56	31:46	Beverley	Nation	Instinctive Sports	Vet 60 W	3	63.80%		
57	31:54	Sarah	Delorme	Plymouth Coasters	Vet 45 W	2	50.78%		
58	31:57	Shannon	Bays	Plymouth Coasters	Vet 35 W	3	47.57%		

59	34:13	Toby	Silvester	Unattached	U10 M	2	49.73%		
60	34:13	Orla	Quinn	Unattached	U10 W	1	52.95%		
61	34:13	Alison	Quinn	Tamar Trails Runners	Sen W	1	43.25%		
62	34:30	Andrew	Houghton	Tavistock AC	Vet 75 M	1	57.00%		
63	35:06	Gill	Turcan	Tavistock AC	Vet 65 W	4	58.64%		
64	37:32	Nicola	Silvester	Unattached	Vet 40 W	2	41.30%		
65	41:53	Caroline	Collins	Unattached	Vet 65 W	5	49.90%		