

The TAVY 5k



A **TAVISTOCK**
Athletic Club
Production

Results

18 May 2024

Version 2

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Position	Age Graded Performance	Course Record	Age Category Record
1	15:04	Josh	Benford	Bideford AAC	Sen M	1	85.62%	New Course Record	New Age Category Record
2	17:34	Jack	Dee	Plymouth Harriers	Sen M	2	75.90%		
3	17:58	Reuben	Sebag-Montefiore	Tavistock AC	U15 M	1	78.94%		
4	18:04	Wesley	Smith	Unattached	Sen M	3	71.77%		
5	18:07	Joe	Thomson	Launceston RR	Vet 35 M	1	74.24%		
6	18:08	Grant	Harvey	Tavistock AC	Vet 40 M	1	75.83%		
7	18:25	Lucy	Coad	South West Road Runners	Sen W	1	80.36%		
8	18:40	Daniel	Case	Plymouth Musketeers	Vet 35 M	2	71.52%		
9	18:53	Matthew	Retter	Unattached	Vet 35 M	1	71.23%		
10	18:54	David	Morris	Plymouth Harriers	Vet 35 M	4	71.69%		
11	19:12	Iain	McWass	Plymouth Harriers	Vet 40 M	2	71.61%		
12	19:37	Tim	Steere	Erme Valley Harriers	Vet 40 M	3	71.71%		
13	19:52	Ravi	Pandy	Storm Plymouth	Vet 50 M	1	76.09%		
14	20:11	Matthew	Walkey	Plymouth Harriers	Vet 40 M	4	68.13%		
15	20:27	Jack	Anthony	Tavistock AC	U13 M	1	74.82%		
16	20:30	Damian	Dunne	Plymouth Musketeers	Vet 50 M	2	71.95%		
17	20:39	Phoebe	Timson	City of Plymouth AC	U17 W	1	74.09%		
18	20:57	Ami	Peyton Jones	Plymouth Harriers	Vet 40 W	1	74.54%		
19	21:05	Steve	Hale	Team Bath AC	Vet 65 M	1	79.53%		
20	21:13	Samuel	White	Unattached	Vet 40 M	5	66.30%		
21	21:18	Richard	Bowen	Plymouth Harriers	Vet 55 M	1	74.65%		
22	21:24	Mark	Peck	Unattached	Vet 35 M	5	62.85%		
23	21:27	Mark	Sinclair	Plymouth Musketeers	Vet 55 M	2	72.26%		
24	21:40	Chris	Jelliman	Plymouth Harriers	Vet 55 M	3	71.54%		

25	21:41	Peter	Hinton	Unattached	Vet 55 M	4	73.33%		
26	21:43	Suzie	Spooner	Plymouth Harriers	Vet 35 W	1	69.99%		
27	21:43	Sarah	Robbins	Plymouth Harriers	Sen W	2	68.15%		
28	22:05	Jason	Shipton	Launceston RR	Vet 50 M	3	68.98%		
29	22:10	Olivia	Walkerdine	Tavistock AC	U10 W	1	79.17%		
30	22:12	Louisa	Shaw	Bere Alston Trekkers	Vet 40 W	2	70.35%		
31	22:14	Timothy	Silvester	Unattached	Vet 40 M	6	61.84%		
32	22:16	Michael	Hockey	Plymouth Musketeers	Vet 40 M	7	63.17%		
33	22:31	Nicola	Noble	Plymouth Harriers	Vet 35 W	2	66.84%		
34	22:34	Michael	Cork	Plymouth Coasters	Vet 65 M	2	75.04%		
35	22:36	Polly	Iddon	Tavistock AC	Vet 40 W	3	69.10%		
36	22:41	Paul	Evenden	Unattached	Vet 55 M	5	68.33%		
37	22:44	Dave	Scrivens	Unattached	Vet 65 M	3	76.69%		
38	22:50	David	Austin	Plymouth Musketeers	Vet 40 M	8	60.66%		
39	22:55	Umberto	Berergonzini	Tavistock Run Project	Vet 50 M	4	65.38%		
40	23:07	Richard	Eales	Unattached	Vet 40 M	9	59.91%		
41	23:10	Danielle	Page	Plymouth Harriers	Sen W	3	63.88%		
42	23:18	Catriona	Sell	Launceston RR	Vet 35 W	3	64.38%		
43	23:18	Jeremy	Erscott	Unattached	Sen M	4	55.65%		
44	23:23	Greg	Walkerdine	Unattached	Vet 40 M	10	59.23%		
45	23:39	Seth	Gibbs	Tavistock AC	U10 M	1	69.13%		
46	23:43	Barrie	Christian	Plymouth musketeers	Vet 55 M	6	64.79%		
47	23:44	Daniel	Worth	Unattached	Vet 45 M	1	60.18%		
48	23:46	Jim	Andrews	Plymouth Musketeers	Vet 60 M	1	69.28%		
49	23:51	Peter	Armstrong	Plymouth Harriers	Vet 35 M	6	56.81%		
50	23:54	Cheryl	Littlewood	Plymouth Musketeers	Vet 35 W	4	62.97%		
51	24:00	Steve	Cooper	Unattached	Vet 65 M	4	70.56%		
52	24:02	Andy	Millward	Tavistock AC	Vet 55 M	7	66.16%		
53	24:15	Harriet	Silvester	Tavistock AC	U10 W	2	72.37%		
54	24:40	Michelle	Cartlidge	Plymouth Harriers	Vet 35 W	5	61.62%		
55	25:04	Peter	Bazley	Tavistock AC	Vet 65 M	5	68.82%		
56	25:05	Tom	Glendinning	Unattached	Vet 40 M	11	55.22%		
57	25:07	Karen	Hockin	Unattached	Vet 60 W	1	77.24%		
58	25:17	Jonathan	Dearson	Royal Navy AC	Vet 45 M	2	56.49%		

59	25:22	David	McCartney	Storm Plymouth	Vet 60 M	2	64.91%		
60	25:38	Nicola	Martin	Unattached	Vet 35 W	6	59.04%		
61	25:39	Jason	Martin	Unattached	Vet 40 M	12	54.84%		
62	25:55	Kate	Rogers	Tavistock AC	Vet 65 W	1	79.42%		
63	26:58	Patrick	Knight	Unattached	Vet 60 M	3	59.46%		
64	26:59	Louise	Roper	Unattached	Sen W	4	54.85%		
65	27:02	Leigh	Robinson	Plymouth Harriers	Vet 50 M	5	55.43%		
66	27:39	Les	Wilkinson	Tavistock AC	Vet 60 W	2	69.20%		
67	28:26	Joan	Cooper	Unattached	Vet 65 W	2	74.62%		
68	28:27	Shona	Cornish	Plymouth Harriers	Vet 45 W	1	55.83%		
69	28:29	Geoffrey	Honey	Plymouth Harriers	Vet 70 M	1	65.42%		
70	28:52	Stephen	Crosher	Unattached	Vet 50 M	6	51.50%		
71	29:05	Cheryl	Schofield	Unattached	Vet 55 W	1	64.87%		
72	29:28	Hazel	Walker	Tavistock AC	Vet 50 W	1	59.11%		
73	29:52	Samantha	Turner	Plymouth Musketeers	Vet 55 W	2	59.82%		
74	29:52	Emma	Dunne	Plymouth Musketeers	Vet 45 W	2	54.24%		
75	29:55	Jean	Phillips	Tavistock AC	Vet 55 W	3	61.34%		
76	30:14	Thelma	Turner	Tavistock AC	Vet 70 W	1	73.65%		
77	30:44	Elaine	Hill	Launceston RR	Vet 55 W	4	58.13%		
78	31:06	Annette	Smith	Tavistock AC	Vet 70 W	2	72.78%		
79	31:09	Lily	Griffiths	Tavistock AC	U10 W	3	56.34%		
80	31:40	Justina	Sebag-Montefiore	Unattached	Vet 40 W	4	49.32%		
81	31:40	Daisy	Sebag-Montefiore	Unattached	U10 W	4	57.21%		
82	31:45	Sarah	Delorme	Plymouth Coasters	Vet 45 W	3	51.02%		
83	31:57	Helen	Thewlls	Tavistock AC	Vet 55 W	5	55.92%		
84	32:06	Val	Evans	Tavistock AC	Vet 70 W	3	72.95%		
85	32:16	Cynthia	Squance	Tavistock AC	Vet 65 W	3	63.79%		
86	33:29	Tim	Randell	Unattached	Vet 55 M	8	47.49%		
87	33:39	Darren	Fisher	Tavistock AC	Vet 55 M	9	45.67%		
88	34:02	Ray	Lewis	Exmouth Harriers	Vet 75 M	1	56.66%		
89	34:16	Alana	Evenden	Unattached	U15 W	1	46.60%		
90	34:16	Laura	Evenden	Tavistock Run Project	Vet 45 W	4	47.76%		
91	34:30	Gemma	Eales	Tavistock AC	Vet 40 W	5	45.27%		
92	34:37	Ailla	Thomson	Unattached	U10 W	5	52.34%		

93	35:17	Len	Saxty	Instinctive Sports	Vet 75 M	2	54.65%		
94	35:17	Rob	Felwick	Instinctive Sports	Vet 60 M	4	46.24%		
95	37:24	Jack	Pearce	Launceston RR	Sen M	5	34.89%		
96	37:25	Jenna	Dunmore	Unattached	Vet 35 W	7	40.09%		
97	39:03	Toby	Silvester	Unattached	U10 M	2	45.58%		
98	39:37	Nicola	Silvester	Unattached	Vet 40 W	6	39.12%		