

# The TAVY 5k



A **TAVISTOCK**  
Athletic Club  
Production

## Results

15 June 2024

Version 1

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Position	Age Graded Performance	Course Record	Age Category Record
1	16:07	Adam 'Tango'	Holland	Tavistock AC	Vet 35 M	1	82.83%		
2	17:16	Benjamin	Marriott	City of Plymouth AC	U15 M	1	82.14%		
3	17:32	Sam	Larkham	Tavistock AC	Vet 40 M	1	78.42%		
4	17:46	Joe	Thomson	Launceston RR	Vet 35 M	2	75.70%		
5	17:54	Lucy	Coad	South West Road Runners	Sen W	1	82.68%		
6	18:13	Connor	Duffin	Tavistock AC	U15 M	2	77.86%		
7	18:23	Grant	Harvey	Tavistock AC	Vet 40 M	2	74.80%		
8	18:37	Harrison	Shaw	Unattached	U11 M	1	84.78%		
9	18:40	Lucas	Sweeney	Unattached	U11 M	1	84.55%		
10	19:44	Sebby	Travers	City of Plymouth AC	U11 M	3	79.98%		
11	20:01	William	Russell	Unattached	Sen M	1	65.86%		
12	20:52	Paul	Sweeney	City of Plymouth AC	Vet 40 M	3	66.37%		
13	21:23	Chris	Jelliman	Plymouth Harriers	Vet 55 M	1	72.49%		
14	21:32	Andy	Stapleton	Unattached	Vet 45 M	1	66.87%		
15	21:57	Jacob	Sweeney	City of Plymouth AC	U10 M	1	77.52%		
16	21:57	Steve	Jones	City of Plymouth AC	Vet 35 M	3	60.82%		
17	22:05	James	Alexander	Unattached	Vet 40 M	4	61.81%		
18	22:07	Taylan	Jones	City of Plymouth AC	U13 M	1	67.22%		
19	22:08	Jeremy	Erscoff	Unattached	Sen M	2	58.58%		
20	22:14	Andrew	Whitby	Instinctive Sports	Vet 60 M	1	73.39%		
21	22:45	Ryan	Travers	Vegan Runners	Vet 40 M	5	60.00%		
22	22:57	Kirstie	Elias	Unattached	Vet 50 W	1	76.83%		
23	23:01	Hayley	Marriott	City of Plymouth AC	Vet 50 W	2	74.66%		
24	23:01	Guy	Webber	Unattached	Sen M	3	56.12%		

25	23:10	Christopher	Fowler	Launceston RR	Vet 35 M	4	58.06%		
26	23:11	Cheryl	Littlewood	Plymouth Musketeers	Vet 35 W	1	64.92%		
27	23:25	Richard	Sloley	Instinctive Sports	Vet 45 M	2	62.49%		
28	23:34	Carole	Walters	Tavistock AC	Vet 60 W	1	83.52%		
29	23:42	Richard	Eales	Unattached	Vet 40 M	6	58.44%		
30	23:45	Natalia	Wase	Unattached	Vet 45 W	1	68.91%		
31	23:48	Fred	Jenkins	Instinctive Sports	Vet 60 M	2	69.19%		
32	24:01	Peter	Armstrong	Plymouth Harriers	Vet 35 M	5	56.42%		
33	24:13	Peter	Bazley	Tavistock AC	Vet 65 M	1	71.23%		
34	24:21	Ralph	Tomlin	Unattached	Vet 55 M	2	64.75%		
35	24:22	Catriona	Sell	Launceston RR	Vet 35 W	2	61.56%		
36	24:23	Roger	Serres	Launceston RR	Vet 45 M	3	58.58%		
37	24:28	Theia	Jones	City of Plymouth AC	U10 W	1	74.05%		
38	24:46	Anthony	Shearer	Tavistock AC	Vet 70 M	1	72.07%		
39	25:10	Nicola	Martin	Unattached	Vet 35 W	3	60.13%		
40	25:11	Jason	Martin	Unattached	Vet 40 M	7	55.86%		
41	25:12	Jonathan	Dearson	Royal Navy AC	Vet 45 M	4	56.68%		
42	25:45	Nicole	Heryet	Tavistock AC	Vet 50 W	3	66.73%		
43	25:55	Hugo	Packer	Unattached	U13 M	2	59.04%		
44	26:03	Kate	Rogers	Tavistock AC	Vet 65 W	1	79.01%		
45	26:18	David	McCartney	Storm Plymouth	Vet 60 M	3	62.61%		
46	26:34	Rose	Sebag-Montefiore	Tavistock AC	U13 W	1	62.61%		
47	26:40	Sarah	Prior	Tavistock AC	Vet 50 W	4	63.63%		
48	26:44	Beth	Kelly	Tavistock AC	U10 W	2	67.77%		
49	26:45	Katy	Kelly	Tavistock AC	Vet 40 W	1	57.20%		
50	26:46	Bluebell	Cooke	Tavistock AC	U13 W	2	62.14%		
51	26:53	Olivia	Webber	Unattached	U10 W	3	67.39%		
52	26:56	Caelan	Walsh	Unattached	U15 M	3	53.84%		
53	27:06	David	Matthams	Instinctive Sports	Vet 60 M	4	59.72%		
54	27:16	Shona	Cornish	Plymouth Harriers	Vet 45 W	2	58.25%		
55	27:19	Harry	Felwick	Unattached	Sen M	4	47.22%		
56	27:28	Leighton	Fowler	Launceston RR	U10 M	2	61.95%		
57	27:28	Katie	Fowler	Launceston RR	Vet 35 W	4	54.43%		
58	27:50	Geoffrey	Honey	Plymouth Harriers	Vet 70 M	2	66.95%		

59	28:09	Megan	Kelly	Tavistock AC	U10 W	4	69.39%		
60	28:11	Tim	Cuckston	Lonely Goat RC	Vet 65 M	2	60.08%		
61	28:17	Stephen	Crosher	Unattached	Vet 50 M	1	52.56%		
62	28:21	Stacie	Sweeney	Unattached	Vet 35 W	5	53.62%		
63	28:42	Janet	Birchnall-Travers	Vegan Runners	Vet 50 W	5	58.42%		
64	28:46	Sophie	Jones	Unattached	Vet 35 W	6	52.84%		
65	29:08	Paul	Kennelly	Unattached	Vet 55 M	3	53.66%		
66	29:18	Kathy	King	Unattached	Vet 45 W	3	54.21%		
67	29:32	Beverley	Nation	Instinctive Sports	Vet 60 W	2	68.62%		
68	30:59	Louise	Cooke	Unattached	Vet 45 W	4	52.82%		
69	31:35	Willow	Giles-Wyatt	Unattached	U10 W	5	59.42%		
70	31:36	Angie	Harper	Unattached	Vet 65 W	2	68.20%		
71	31:36	Adam	Giles-Wyatt	Unattached	Vet 35 M	6	42.56%		
72	31:45	Cameron	Slack	Unattached	Sen M	5	40.63%		
73	31:47	Daisy	Sebag-Montefiore	Unattached	U10 W	6	57.00%		
74	31:47	Justina	Sebag-Montefiore	Unattached	Vet 40 W	2	49.13%		
75	31:50	Sarah	Delorme	Plymouth Coasters	Vet 45 W	5	50.89%		
76	31:50	Shannon	Bays	Plymouth Coasters	Vet 40 W	3	48.06%		
77	32:33	Jess	Bartlett	Launceston RR	Sen W	2	45.47%		
78	33:03	Ailla	Thomson	Unattached	U10 W	7	54.82%		
79	33:39	Gemma	Eales	Tavistock AC	Vet 40 W	4	46.41%		
80	36:06	Len	Saxty	Instinctive Sports	Vet 75 M	1	53.42%		
81	36:06	Rob	Felwick	Instinctive Sports	Vet 60 M	5	45.20%		
82	38:13	Katie	Russell	Unattached	Vet 45 W	6	41.56%		
83	38:38	Nick	Parsons	Tavistock AC	Vet 60 M	6	42.62%		