

LYD/ERME GROUPS: November and December 2024

Routes may be changed by the leader depending on weather conditions etc.

Routes will be shortened for Erme's as needed.

Meet at the College unless otherwise stated

Wednesday - all ability body conditioning on the track 6.30 pm with Tracey

All changes to the schedule will be put on the messenger page

Hi-vis and torches are essential

w/c	Tuesday – 6.20 pm	Thursday – 6.20 pm	Saturday 8.50 am
4 th Nov	Over footbridge in Meadows, St Johns Walk, Deer Park, St Davids, Bluebell Way, Pimple return Down Road.	Meet at Anderton Lane – Drake's Trail.	Canal out and back
11 th Nov	Meet at Council Offices – to Wilminstone, back along main road, Parkwood Road, between the Banks, back to Council Offices.	St Johns Walk, Whitchurch Road, Church Lea, cemetery, Anderton Lane, Tiddybrook and Bishopsmead.	Tavy 5 – please take part or volunteer to marshal. C25K Graduation Day.
18 th Nov	Square, Drake Road, Wyatts Lane, path to The Dell, steps to Manor Road, Drake Road and return through town.	Down Road, St Davids, Green Lane, Stannary Bridge, Parkwood Road.	Meet at the College for a car share 8.30am. 9am start at Yelverton Church CP, out and back along the former tramway.
25 th Nov	Drake's Trail, to old Drake's Cafe, Mast Hill, Rix Hill. Erme – might like to do an out and back on Drake's Trail.	Meet at Council Offices - Wilminstone, Harford Bridge and return.	Meet at Quarry car park for loop of Burrator Reservoir.
2 nd Dec	Over footbridge in Meadows, St John's Walk, Deer Pk, St Davids, Bluebell Way, Pimple return Down Road.	Monksmead, Uplands, Railway, hospital, Watts Rd, Council Offices, Old Exeter Road and return though the town.	Meet at Caseytown Cross Car Park. Caseytown, Plasterdown, Pew Tor Road, Moortown, Warren's Cross and return.

9 th Dec	Along by football pitches, through Bishopsmead with a loop around Whitchurch.	Crease Lane, Two viaducts route.	Meet at Caseytown car park. Down to Middlemoor, Witches Lane, Shorts Down back to Caseytown Cross.
16 th Dec	Christmas Lights run through the town, Bannawell Street, Glanville Road, Courtlands Road, Old Launceston Road, Rocky Hill, West Street, Ford Street.	Christmas Lights run around Bishopsmead, Tiddbybrook via path between football pitches.	Tavy 5 – please take part or volunteer to marshal.
23 rd Dec	Christmas Eve – No Session	Boxing Day – No Session. If you wish, you can take park in the Jingle Bell Jog at Burrator Reservoir. 4 miles. 11 am start.	Meet at Leg O Mutton car park (by Drake's Vets) for loop of airfield.
30 th Dec	New Year's Eve – No Session	Out and back to Trout and Tipple.	Mill Hill Loop.