

# The **TAVY** 5k

A **TAVISTOCK** Athletic Club Production

## Entries

This list contains the names of all who ran in  
2024 and January 2025.

No.	Surname	Forename	Age Cat.	Club	Fee Due
	Alexander	James	Vet 40 M	Unattached	£2
	Allen	Sara	Vet 50 W	Tavistock AC	£1
	Andrews	Jim	Vet 60 M	Plymouth Musketeers	£1
	Anthony	Claire	Vet 45 W	Unattached	£2
	Anthony	Jack	U13 M	Tavistock AC	£1
	Anthony	James	U11 M	Unattached	£2
	Armstrong	James	Vet 40 M	Tavistock AC	£1
	Armstrong	Jodi	Vet 40 W	Unattached	£2
	Armstrong	Peter	Vet 40 M	Plymouth Harriers	£1
	Ashton	Debbie	Vet 50 W	Unattached	£2
	Austin	David	Vet 40 M	Plymouth Musketeers	£1
	Bailey	Dan	Sen M	Tavistock Run Project	£1
	Bain	Matthew	Vet 50 M	Unattached	£2
	Baker	Fynn	U17 M	Tavistock AC	£1
	Baker	Mark	Vet 50 M	Unattached	£2
	Ball	Rebecca	Vet 40 W	Unattached	£2
	Barnes	John	Vet 60 M	Launceston RR	£1
	Barrett	Simon	Vet 60 M	Instinctive Sports	£1
	Bartlett	Jess	Sen W	Launceston RR	£1
	Bays	Shannon	Vet 40 W	Plymouth Coasters	£1
	Bazley	Peter	Vet 65 M	Tavistock AC	£1
	Beer	Alan	Vet 70 M	Unattached	£2
	Beer	Chloe	U13 W	Unattached	£2
	Beer	Lee	Vet 40 M	Unattached	£2
	Bees	Andy	Vet 40 M	Plymouth Musketeers	£1
	Beilby	Ollie	Vet 40 M	Unattached	£2
	Bell	Harry	Sen M	Unattached	£2
	Benford	Josh	Sen M	Bideford AAC	£1
	Berergonzini	Umberto	Vet 50 M	Tavistock Run Project	£1
	Bickley	Jane	Vet 50 W	Unattached	£2
	Bigham	Alison	Vet 40 W	Tavistock AC	£1
	Bigham	Colin	Vet 45 M	Tavistock AC	£1
	Bigham	Serena	U10 W	Tavistock AC	£1
	Bigham	Tristan	U13 M	Tavistock AC	£1
	Bigham	Zoe	U15 W	Tavistock AC	£1
	Birchnall-Travers	Janet	Vet 50 W	Vegan Runners	£1
	Boonstra	David	Vet 50 M	Unattached	£2
	Borrow	Toby	Sen M	Unattached	£2
	Boundy	Eleanor	U10 W	Unattached	£2
	Boundy	Katie	Vet 40 W	Unattached	£2
	Bowen	Richard	Vet 60 M	Plymouth Harriers	£1
	Bradley	Matthew	Vet 35 M	City of Plymouth AC	£1
	Brandon	Tanisha	Sen W	Unattached	£2
	Bremner	Jane	Vet 65 W	Tamar Trotters	£1

	Brennan	Sallie	Vet 45 W	Tamar Trotters	£1
	Brogden	Emma	U10 W	Unattached	£2
	Brogden	Fearne	U11 W	Tavistock AC	£1
	Brogden	Mary	U13 W	Tavistock AC	£1
	Brogden	Thomas	Vet 40 M	Tavistock AC	£1
	Bryant	Ceri	Sen W	Unattached	£2
	Budge	Mark	Sen M	Unattached	£2
	Bytheway	Molly	Sen W	Tavistock AC	£1
	Camp	Beatriz	Vet 40 W	Unattached	£2
	Cann	Annette	Vet 65 W	Unattached	£2
	Cann	Brian	Vet 60 M	Unattached	£2
	Cann	Edward	Sen M	Unattached	£2
	Cansdale	Jane	Vet 55 W	Unattached	£2
	Cartlidge	Michelle	Vet 35 W	Plymouth Harriers	£1
	Case	Daniel	Vet 35 M	Plymouth Musketeers	£1
	Case	Leanne	Vet 45 W	Plymouth Musketeers	£1
	Chambers	Samuel	Sen M	Tavistock Run Project	£1
	Chiswell	Kevin	Vet 60 M	Storm Plymouth	£1
	Christian	Barrie	Vet 55 M	Plymouth musketeers	£1
	Christie	Bill	Vet 60 M	Plymouth Musketeers	£1
	Clatworthy	Jamie	Sen M	Unattached	£2
	Cleland	Charlie	U13 M	Tavistock AC	£1
	Cleland	Gemma	Vet 40 W	Unattached	£2
	Cleland	Stuart	Vet 40 M	Unattached	£2
	Coad	Lucy	Sen W	South West Road Runners	£1
	Coker	Kelvin	Sen M	Storm Plymouth	£1
	Cole	Jim	Vet 40 M	Tavistock Run Project	£1
	Collacott	Ian	Vet 40 M	Tavistock AC	£1
	Collins	Caroline	Vet 65 W	Unattached	£2
	Cooke	Bluebell	U13 W	Tavistock AC	£1
	Cooke	Louise	Vet 45 W	Unattached	£2
	Cooper	Joan	Vet 65 W	Unattached	£2
	Cooper	Sarah	Vet 60 W	Tavistock AC	£1
	Cooper	Steve	Vet 65 M	Unattached	£2
	Cork	Michael	Vet 65 M	Plymouth Coasters	£1
	Cornish	Shona	Vet 45 W	Plymouth Harriers	£1
	Courtice	Sophie	Sen W	Unattached	£2
	Cox	Steve	Vet 55 M	Tavistock AC	£1
	Craig	Archer	U10 M	Unattached	£2
	Craig	Morgan	Vet 45 M	Bude Rats	£1
	Crawford	Mike	Vet 45 M	City of Plymouth AC	£1
	Creasy	Hannah	Vet 50 W	Tavistock AC	£1
	Crewe	Justin	Vet 50 M	Unattached	£2
	Crosher	Stephen	Vet 50 M	Unattached	£2
	Crossey	Alan	Vet 75 M	Unattached	£2
	Crossey	James	Sen M	Tavistock AC	£1
	Crossey	Luke	Vet 40 M	Unattached	£2
	Crossey	Mirianthi	U15 W	Tavistock AC	£1
	Crossey	Vanessa	Vet 55 W	Unattached	£2
	Cuckston	Tim	Vet 65 M	Lonely Goat RC	£1
	Curtis	Kristian	Sen M	Unattached	£2
	Cusack	Addie	Vet 50 M	Unattached	£2
	Dale	Lewis	Sen M	Storm Plymouth	£1
	Davies	Abi	Sen W	Unattached	£2
	Daymond	Corrina	Vet 40 W	Tavistock AC	£1

	de la Hoya	Pablo	Vet 65 M	Unattached	£2
	Dearson	Jonathan	Vet 45 M	Royal Navy AC	£1
	Dee	Jack	Sen M	Plymouth Harriers	£1
	Delorme	Sarah	Vet 45 W	Plymouth Coasters	£1
	Diaper	Luke	Sen M	Unattached	£2
	Disu	Feyi	Vet 35 M	Unattached	£2
	Dix	Ewan	Sen M	Unattached	£2
	Doran	Stephen	Vet 40 M	North Herts RR	£1
	Drage	Richard	Vet 65 M	Tavistock AC	£1
	Duffin	Connor	U17 M	Tavistock AC	£1
	Dunmore	Jenna	Vet 35 W	Unattached	£2
	Dunne	Damian	Vet 50 M	Plymouth Musketeers	£1
	Dunne	Ellie-May	Sen W	Plymouth Musketeers	£1
	Dunne	Emma	Vet 45 W	Plymouth Musketeers	£1
	Eadie	Janet	Vet 60 W	Unattached	£2
	Eales	Gemma	Vet 40 W	Tavistock AC	£1
	Eales	Richard	Vet 40 M	Unattached	£2
	Earp	Rebecca	Sen W	Unattached	£2
	Edwards	Hywel	Vet 70 M	Tavistock AC	£1
	Eick	Susan	Vet 45 W	Unattached	£2
	Elias	Kirstie	Vet 55 W	Unattached	£2
	Ellis	Ryan	Sen M	Unattached	£2
	Erscott	Jeremy	Sen M	Unattached	£2
	Evans	Val	Vet 70 W	Tavistock AC	£1
	Evenden	Alana	U15 W	Unattached	£2
	Evenden	Laura	Vet 45 W	Tavistock Run Project	£1
	Evenden	Paul	Vet 55 M	Unattached	£2
	Everett	Samantha	Vet 40 W	Unattached	£2
	Ezra-Ham	Richard	Sen M	Tamar Trotters	£1
	Fairbairn	David	Vet 60 M	Tavistock AC	£1
	Farr	Georgie	Sen W	Storm Plymouth	£1
	Fast	Sarah	Vet 35 W	Okehampton RC	£1
	Faulkner	Jacquelyn	Vet 45 W	Plymouth Musketeers	£1
	Felwick	Harry	Sen M	Unattached	£2
	Felwick	Rob	Vet 60 M	Instinctive Sports	£1
	Field	Oscar	U10 M	Unattached	£2
	Fierek	Rebecca	Vet 40 W	Unattached	£2
	Fisher	Darren	Vet 55 M	Tavistock AC	£1
	Fitzgerald	Hollie	Vet 35 W	Unattached	£2
	Fitzsimmons	Ann	Vet 70 W	Tavistock AC	£1
	Folland	Nathan	Vet 40 M	Tavistock Run Project	£1
	Forbes	Rosie	Vet 40 W	Unattached	£2
	Foster	Mark	Vet 50 M	Unattached	£2
	Fowler	Christopher	Vet 35 M	Launceston RR	£1
	Fowler	Imogen	U10 W	Unattached	£2
	Fowler	Katie	Vet 35 W	Launceston RR	£1
	Fowler	Leighton	U10 M	Launceston RR	£1
	Friskin	David	Vet 35 M	Plymouth Musketeers	£1
	Fuller	Freddie	Sen M	Unattached	£2
	Gawman	Sue	Vet 55 W	Unattached	£2
	Gibbs	Seth	U11 M	Tavistock AC	£1
	Giles-Wyatt	Adam	Vet 35 M	Unattached	£2
	Giles-Wyatt	Willow	U10 W	Unattached	£2
	Glendingning	Tom	Vet 40 M	Unattached	£2
	Goodhead	Lia	Vet 40 W	Tavistock AC	£1

	Greaves	Richard	Vet 65 M	Unattached	£2
	Gregg	Louise	Vet 50 W	Unattached	£2
	Gregg	Paul	Vet 55 M	Tamar Trotters	£1
	Griffin	Paul	Vet 55 M	Instinctive Sports	£1
	Griffith	Peter	Vet 70 M	Unattached	£2
	Griffiths	Andrew	Vet 45 M	Unattached	£2
	Griffiths	Lily	U11 W	Tavistock AC	£1
	Griffiths	Tracey	Vet 45 W	Unattached	£2
	Grimes	Ian	Vet 70 M	Launceston RR	£1
	Haines	Morgan	U13 M	Tavistock AC	£1
	Haines	Tim	Vet 50 M	Tavistock AC	£1
	Hale	Steve	Vet 65 M	Team Bath AC	£1
	Hann	Lucy	Vet 45 W	Tavistock AC	£1
	Harper	Angie	Vet 65 W	Unattached	£2
	Harris	Charlotte	Sen W	Unattached	£2
	Harris	Pippi	Sen W	Unattached	£2
	Harris	David	Vet 60 M	Tavistock AC	£1
	Harvey	Grant	Vet 40 M	Tavistock AC	£1
	Hazeldine	Emma	Vet 50 W	Tavistock AC	£1
	Heatley	Joel	Vet 40 M	South West Road Runners	£1
	Heatley	Lizz	Vet 40 W	Unattached	£2
	Heeley	Abbie	Vet 35 W	Storm Plymouth	£1
	Herbert	Sam	Vet 35 M	Unattached	£2
	Herdman	Allan	Vet 70 M	Tavistock AC	£1
	Herdman	Francesca	Sen W	Unattached	£2
	Herdman	Harry	Sen M	Unattached	£2
	Heryet	Nicole	Vet 50 W	Tavistock AC	£1
	Hill	Elaine	Vet 55 W	Launceston RR	£1
	Hine	William	Sen M	Unattached	£2
	Hinton	Peter	Vet 55 M	Unattached	£2
	Hobbs	Lindsay	Vet 60 W	Unattached	£2
	Hockey	Michael	Vet 45 M	Plymouth Musketeers	£1
	Hockin	Karen	Vet 60 W	Unattached	£2
	Holland	Adam 'Tango'	Vet 35 M	Tavistock AC	£1
	Holland	Sarah	Vet 50 W	Tavistock AC	£1
	Holloway	Damien	Vet 45 M	Storm Plymouth	£1
	Honey	Geoffrey	Vet 75 M	Plymouth Harriers	£1
	Hooper	Rebecca	Vet 50 W	Unattached	£2
	Horn	Edward	Vet 35 M	Tavistock AC	£1
	Hornby-Peters	Daisy	Sen W	Unattached	£2
	Houghton	Andrew	Vet 75 M	Tavistock AC	£1
	Howells	Craig	Vet 40 M	Unattached	£2
	Howells	Jack	U11 M	Tavistock AC	£1
	Hubbard	Simon	Vet 55 M	Tavistock AC	£1
	Hughes	Andy	Vet 65 M	Tavistock AC	£1
	Hyde	Catrin	Sen W	Storm Plymouth	£1
	Hyde	Catrin Hyde	Sen W	Storm Plymouth	£1
	Iddon	Polly	Vet 40 W	Tavistock AC	£1
	James	Andy	Sen M	Unattached	£2
	Jelliman	Chris	Vet 55 M	Plymouth Harriers	£1
	Jenkins	Fred	Vet 60 M	Instinctive Sports	£1
	Jenks	Emma	Vet 45 W	Plymouth Musketeers	£1
	Jinman	Rob	Vet 40 M	Tavistock AC	£1
	Jones	Shelly	Vet 50 W	Storm Plymouth	£1
	Jones	Sophie	Vet 35 W	Unattached	£2

	Jones	Steve	Vet 35 M	City of Plymouth AC	£1
	Jones	Suzanne	Vet 60 W	Instinctive Sports	£1
	Jones	Taylan	U15 M	City of Plymouth AC	£1
	Jones	Theia	U10 W	City of Plymouth AC	£1
	Jones-Roberts	Toby	Sen M	Unattached	£2
	Kappes	Jonathan	Vet 55 M	Launceston RR	£1
	Kelly	Anna	Sen W	Tavistock AC	£1
	Kelly	Beth	U10 W	Tavistock AC	£1
	Kelly	Katy	Vet 40 W	Tavistock AC	£1
	Kelly	Megan	U10 W	Tavistock AC	£1
	Kennelly	Paul	Vet 55 M	Unattached	£2
	Kilgore	David	Vet 45 M	Storm Plymouth	£1
	King	Kathy	Vet 45 W	Unattached	£2
	Knight	Patrick	Vet 60 M	Unattached	£2
	Kula-Przezanski	Helen	Vet 65 W	Tavistock AC	£1
	Lake	George	U10 M	Tavistock AC	£1
	Lake	Samantha	Vet 45 W	Tavistock AC	£1
	Lancaster	Joni	Vet 45 W	Unattached	£2
	Lane	Jenny	Sen W	Unattached	£2
	Lane	Nick	Vet 35 M	Unattached	£2
	Langmead	Olivia	Vet 50 W	Unattached	£2
	Larkham	Sam	Vet 40 M	Tavistock AC	£1
	Lathom	Janet	Vet 65 W	Launceston RR	£1
	Letheren	Garry	Vet 35 M	Tavistock AC	£1
	Lewis	Marc	Vet 40 M	Unattached	£2
	Lewis	Ray	Vet 75 M	Exmouth Harriers	£1
	Lismore	Rhian	Vet 40 W	Plymouth Musketeers	£1
	Littlewood	Cheryl	Vet 35 W	Plymouth Musketeers	£1
	Lovell	Fiona	Vet 60 W	Unattached	£2
	Lowe	Frankie	U10 W	Unattached	£2
	Lowe	Tim	Vet 35 M	Unattached	£2
	Malthouse	Harry	U13 M	Unattached	£2
	Mansfield	Logan	U13 M	City of Plymouth AC	£1
	Mansfield	Scott	Vet 35 M	Plymouth Musketeers	£1
	Marchant	Bailey	U11 M	Tavistock AC	£1
	Marriott	Benjamin	U17 M	City of Plymouth AC	£1
	Marriott	Hayley	Vet 50 W	City of Plymouth AC	£1
	Marsh	Lauren	Sen W	Unattached	£2
	Martin	Gary	Vet 55 M	Plymouth Musketeers	£1
	Martin	Jason	Vet 45 M	Unattached	£2
	Martin	Nicola	Vet 35 W	Unattached	£2
	Martin	Samantha	Vet 50 W	Plymouth Musketeers	£1
	Matthams	Daniel	Sen M	Unattached	£2
	Matthams	David	Vet 60 M	Instinctive Sports	£1
	Matthews	Charlene	Vet 35 W	Storm Plymouth	£1
	Mcardle	Emma	Vet 45 W	Plymouth Harriers	£1
	McCartney	David	Vet 60 M	Storm Plymouth	£1
	McLeod	Ian	Vet 60 M	Plymouth Coasters	£1
	McWass	Iain	Vet 40 M	Plymouth Harriers	£1
	Mee-Langmead	Flora	U13 W	Unattached	£2
	Mendes	Elisa	Sen W	Tavistock AC	£1
	Merrett	Lorena	Vet 70 W	Tavistock AC	£1
	Middelkoop	Rianne	Vet 40 W	Unattached	£2
	Mill	Lewis	Vet 35 M	Tavistock Run Project	£1
	Mills	Carl	Vet 45 M	Instinctive Sports	£1

	Millward	Andy	Vet 60 M	Tavistock AC	£1
	Mitchell	Ellis	Sen M	Unattached	£2
	Moore	Emily	Sen W	Unattached	£2
	Morfey	Michaela	Vet 50 W	Unattached	£2
	Morris	David	Vet 35 M	Plymouth Harriers	£1
	Mycock	Tim	Vet 50 M	Plymouth Musketeers	£1
	Nation	Beverley	Vet 65 W	Instinctive Sports	£1
	Nawalany	Dominika	Vet 40 W	Bere Alston Trekkers	£1
	Neale	Ben	Vet 35 M	Tavistock AC	£1
	Neale	Oliver	U13 M	Tavistock AC	£1
	Newcombe	Alison	Vet 60 W	Tavistock AC	£1
	Newman	Alison	Vet 60 W	Baffins Fit Club	£1
	Newman	Geoffrey	Vet 60 M	Baffins Fit Club	£1
	Newman	Peter	Sen M	Tavistock AC	£1
	Nicholls	Joshua	Sen M	Unattached	£2
	Nishkur	Alina	Vet 40 W	Unattached	£2
	Noble	Nicola	Vet 35 W	Plymouth Harriers	£1
	Norman	Faye	Sen W	Unattached	£2
	Oddie	Fred	U10 M	Unattached	£2
	Oddie	Rosa	U10 W	Unattached	£2
	Orchard	Ruby	Vet 40 W	Cornwall AC	£1
	Orme	Mark	Vet 55 M	Tavistock AC	£1
	Overy	Catherine	Vet 35 W	Unattached	£2
	Overy	Nicolette	Vet 65 W	Tavistock AC	£1
	Oxborough-Clarke	Mary	Sen W	Unattached	£2
	Packer	Hugo	U13 M	Unattached	£2
	Page	Danielle	Sen W	Plymouth Harriers	£1
	Paine	Richard	Vet 70 M	Tavistock AC	£1
	Pandy	Ravi	Vet 50 M	Storm Plymouth	£1
	Parish	Jo	Vet 35 W	Unattached	£2
	Parsons	Andrew	Vet 50 M	Storm Plymouth	£1
	Parsons	Julia	Vet 55 W	Holbeton Harriers	£1
	Parsons	Nick	Vet 60 M	Tavistock AC	£1
	Paul	Olivia	U15 W	Team Bath AC	£1
	Paynter	Adam	Vet 50 M	Launceston RR	£1
	Pearce	Jack	Vet 35 M	Launceston RR	£1
	Peck	Mark	Vet 35 M	Unattached	£2
	Peers	Alistair	Vet 40 M	Tavistock AC	£1
	Perry	Azara	Sen W	Unattached	£2
	Perry	Merlin	Sen M	Unattached	£2
	Peyton Jones	Ami	Vet 40 W	Plymouth Harriers	£1
	Phillips	Jean	Vet 55 W	Tavistock AC	£1
	Pilsbury	Claire	Vet 35 W	Tavistock AC	£1
	Pinney	Dianne	Vet 55 W	Unattached	£2
	Pipe	Daniel	Vet 50 M	Unattached	£2
	Pipe	Finn	U15 M	Unattached	£2
	Pirie	Caleb	Sen M	North Devon AC	£1
	Pollard	Lee	Vet 35 M	Tamar Trotters	£1
	Porter	Adam	Sen M	Unattached	£2
	Porter	John	Vet 50 M	Plymouth Harriers	£1
	Prior	Sarah	Vet 50 W	Tavistock AC	£1
	Pritchard	Angela	Vet 55 W	Storm Plymouth	£1
	Prouse	Martyn	Vet 45 M	Unattached	£2
	Prowse	Kirsty	Vet 35 W	DSFRS RC	£1
	Puertas	Chris	Vet 55 M	Plymouth Harriers	£1

	Quinn	Alison	Sen W	Tamar Trails Runners	£1
	Quinn	Harry	U13 M	Unattached	£2
	Quinn	Orla	U10 W	Unattached	£2
	Randell	Tim	Vet 60 M	Unattached	£2
	Ratcliffe	Vanessa	Vet 40 W	Unattached	£2
	Refson	Kitty	Vet 70 W	Tavistock AC	£1
	Retter	Matthew	Vet 35 M	Unattached	£2
	Robbins	Sarah	Sen W	Plymouth Harriers	£1
	Roberts	Sam	Sen M	Unattached	£2
	Roberts	Sophie	Vet 40 W	Unattached	£2
	Robinson	Leigh	Vet 50 M	Plymouth Harriers	£1
	Rockey	Dean	Vet 60 M	Storm Plymouth	£1
	Rogers	Kate	Vet 65 W	Tavistock AC	£1
	Roissetter	Emily	Sen W	Tavistock AC	£1
	Roper	Louise	Sen W	Unattached	£2
	Ruffell	Bryony	Vet 60 W	Unattached	£2
	Ruskin	Sarah	Vet 60 W	Unattached	£2
	Russell	Corin	Vet 35 M	Tavistock AC	£1
	Russell	Katie	Vet 45 W	Unattached	£2
	Russell	William	Sen M	Unattached	£2
	Ryder	Alan	Vet 60 M	Plymouth Musketeers	£1
	Sangster	Cameron	Sen M	Infinity Club	£1
	Savage	Adam	Vet 40 M	Unattached	£2
	Savage	James	Vet 55 M	Tavistock AC	£1
	Saxty	Len	Vet 75 M	Instinctive Sports	£1
	Schofield	Cheryl	Vet 60 W	Tavistock AC	£1
	Scott	Jon	Vet 40 M	Unattached	£2
	Scrivens	Dave	Vet 70 M	Unattached	£2
	Sebag-Montefiore	Daisy	U10 W	Unattached	£2
	Sebag-Montefiore	Justina	Vet 40 W	Unattached	£2
	Sebag-Montefiore	Reuben	U17 M	Tavistock AC	£1
	Sebag-Montefiore	Rose	U13 W	Tavistock AC	£1
	Sell	Catriona	Vet 35 W	Launceston RR	£1
	Serres	Roger	Vet 45 M	Launceston RR	£1
	Sharp	Harry	Sen M	Tavistock AC	£1
	Shaw	Harrison	U13 M	Unattached	£2
	Shaw	Louisa	Vet 40 W	Bere Alston Trekkers	£1
	Shearer	Anthony	Vet 70 M	Tavistock AC	£1
	Shere	Ruth	Vet 45 W	Unattached	£2
	Shipton	Jason	Vet 50 M	Launceston RR	£1
	Shires	Thomas	Vet 35 M	Unattached	£2
	Silvester	Harriet	U11 W	Tavistock AC	£1
	Silvester	Nicola	Vet 40 W	Unattached	£2
	Silvester	Timothy	Vet 40 M	Unattached	£2
	Silvester	Toby	U10 M	Unattached	£2
	Sinclair	Mark	Vet 55 M	Plymouth Musketeers	£1
	Sinclair	Sarah-Jane	Vet 55 W	Plymouth Musketeers	£1
	Slack	Cameron	Sen M	Unattached	£2
	Sloley	Richard	Vet 50 M	Instinctive Sports	£1
	Sluggett	Mark	Vet 55 M	Launceston RR	£1
	Smerdon	Noa	Sen W	Unattached	£2
	Smith	Abigail	Sen W	Unattached	£2
	Smith	Andrew	Sen M	Marshall Milton Keynes AC	£1
	Smith	Annette	Vet 70 W	Tavistock AC	£1
	Smith	Hannah	Sen W	Tavistock AC	£1

	Smith	Wes	Sen M	Tavistock Run Project	£1
	Smith	Wesley	Sen M	Unattached	£2
	Smyly	Jack	Sen M	Unattached	£2
	Snell	Jessica	Sen W	Unattached	£2
	Spencer	James	Vet 40 M	Unattached	£2
	Sperring	Bethany-Paige	Sen W	Unattached	£2
	Spooner	Suzie	Vet 40 W	Plymouth Harriers	£1
	Squance	Cynthia	Vet 65 W	Tavistock AC	£1
	Stapleton	Andy	Vet 45 M	Unattached	£2
	Stead	Hazel	U15 W	Tavistock AC	£1
	Steel	Emelia	Sen W	Unattached	£2
	Steel	Josephine	Sen W	Unattached	£2
	Steere	Tim	Vet 45 M	Erme Valley Harriers	£1
	Steven	Caroline	Vet 55 W	Tavistock AC	£1
	Stewart	Nick	Vet 55 M	Bere Alston Trekkers	£1
	Stoneman	Alex	Sen M	Unattached	£2
	Stoneman	Neil	Vet 45 M	Unattached	£2
	Stratton	Marion	Vet 65 W	Tavistock AC	£1
	Sweeney	Jacob	U10 M	City of Plymouth AC	£1
	Sweeney	Lucas	U13 M	Unattached	£2
	Sweeney	Paul	Vet 40 M	City of Plymouth AC	£1
	Sweeney	Stacie	Vet 40 W	Unattached	£2
	Talling	Mary-Anne	Vet 45 W	Tavistock AC	£1
	Tapp	Leann	Vet 40 W	Tamar Trotters	£1
	Teague	Christine	Vet 60 W	Tavistock AC	£1
	Thewlls	Helen	Vet 55 W	Tavistock AC	£1
	Thompson	Alice	Vet 35 W	Unattached	£2
	Thomson	Ailla	U10 W	Unattached	£2
	Thomson	Joe	Vet 35 M	Launceston RR	£1
	Thomson	Ollie	U15 M	Tavistock AC	£1
	Thomson	Oscar	U13 M	Unattached	£2
	Thorne	Brenda	Vet 65 W	Instinctive Sports	£1
	Timson	Phoebe	Sen W	City of Plymouth AC	£1
	Tomlin	Harry	Sen M	Unattached	£2
	Tomlin	Ralph	Vet 55 M	Unattached	£2
	Torres Langmead	Javier	Sen M	Unattached	£2
	Travers	Ryan	Vet 40 M	Vegan Runners	£1
	Travers	Sebby	U13 M	City of Plymouth AC	£1
	Trezise	Bianca	Sen W	Unattached	£2
	Trice	Ian	Vet 50 M	Tavistock AC	£1
	Trice	Soozie	Vet 45 W	Tavistock AC	£1
	Tucker	George	Sen M	Unattached	£2
	Tucker	Keeley	Sen W	Unattached	£2
	Turcan	Gill	Vet 65 W	Tavistock AC	£1
	Turner	Richard	Vet 40 M	Unattached	£2
	Turner	Samantha	Vet 55 W	Plymouth Musketeers	£1
	Turner	Sarah	Vet 40 W	Tavistock AC	£1
	Turner	Thelma	Vet 70 W	Tavistock AC	£1
	Turnham	Neil	Vet 60 M	Instinctive Sports	£1
	Underwood	Jill	Vet 55 W	Tavistock AC	£1
	Valva	Tish	Vet 60 W	Tavistock AC	£1
	Walker	Charlotte	Sen W	Tavistock AC	£1
	Walker	Hazel	Vet 50 W	Tavistock AC	£1
	Walker	Richard	Vet 50 M	Unattached	£2
	Walkerdine	Calli	Vet 40 W	Unattached	£2

	Walkerdine	Greg	Vet 40 M	Unattached	£2
	Walkerdine	Olivia	U11 W	Tavistock AC	£1
	Walkey	Matthew	Vet 40 M	Plymouth Harriers	£1
	Wall	Andy	Vet 35 M	Unattached	£2
	Wall	Mike	Sen M	Unattached	£2
	Walsh	Caelan	U15 M	Unattached	£2
	Walters	Carole	Vet 60 W	Tavistock AC	£1
	Wardle	Carly	Vet 35 W	Plymouth Musketeers	£1
	Warner	Bethany	Sen W	Tamar Trotters	£1
	Warren	Derrick	Vet 35 M	Plymstock RR	£1
	Wase	Natalia	Vet 45 W	Unattached	£2
	Webber	Emma	Vet 40 W	Tavistock AC	£1
	Webber	Emma	Sen W	Unattached	£2
	Webber	Guy	Sen M	Unattached	£2
	Webber	Olivia	U10 W	Unattached	£2
	West	Aaron	Vet 40 M	Unattached	£2
	West	Samantha	Vet 35 W	Plymouth Musketeers	£1
	West	Shaun	Vet 50 W	Unattached	£2
	Westlake	Daniel	Sen M	Storm Plymouth	£1
	Whitby	Alex	Sen M	Unattached	£2
	Whitby	Andrew	Vet 60 M	Instinctive Sports	£1
	White	Claire	Vet 45 W	Tavistock AC	£1
	White	Garry	Vet 45 M	Tavistock AC	£1
	White	Samuel	Vet 40 M	Unattached	£2
	Whybrow	Freddie	U15 M	Tavistock AC	£1
	Wildman	Sue	Vet 50 W	Tavistock AC	£1
	Wilkinson	Les	Vet 60 W	Tavistock AC	£1
	Williams	Grace	Sen W	Unattached	£2
	Williams	Langdon	Vet 55 M	Exmouth Harriers	£1
	Wilton	Tristan	Vet 40 M	Unattached	£2
	Withecumbe	Lucas	U10 M	Tavistock AC	£1
	Woods	Helen	Vet 55 W	Tavistock AC	£1
	Worth	Daniel	Vet 45 M	Unattached	£2
	Worth	Sarah	Vet 35 W	Unattached	£2
	Wright	Andy	Vet 40 M	Unattached	£2
	Wright	Thomas	Sen M	Unattached	£2
	Yeo	Simon	Vet 40 M	Unattached	£2
	Young	Jenny	Vet 60 W	Unattached	£2
	Young	Marc	Vet 50 M	Plymouth Musketeers	£1
	Young	Tessa	Sen W	Unattached	£2