

The TAVY 5k



A **TAVISTOCK**
Athletic Club
Production

Results

18 January 2025

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Position	Age Graded Performance	Course Record	Age Category Record
1	17:24	Cameron	Sangster	Infinity Club	Sen M	1	74.14%		
2	17:38	Mike	Wall	Unattached	Sen M	2	73.53%		
3	17:45	Harry	Bell	Unattached	Sen M	3	72.68%		
4	18:01	Joe	Thomson	Launceston RR	Vet 35 M	1	74.65%		
5	18:18	Charlotte	Walker	Tavistock AC	Sen W	1	81.79%		
6	18:46	Adam	Porter	Unattached	Sen M	4	68.92%		
7	19:01	John	Porter	Plymouth Harriers	Vet 50 M	1	78.79%		
8	19:02	Hannah	Smith	Tavistock AC	Sen W	2	77.76%		
9	19:30	Lee	Pollard	Tamar Trotters	Vet 35 M	1	68.46%		
10	19:34	Simon	Yeo	Unattached	Vet 40 M	1	70.27%		
11	20:09	Aaron	West	Unattached	Vet 40 M	2	68.73%		
12	20:10	Ravi	Pandy	Storm Plymouth	Vet 50 M	2	74.96%		
13	20:19	Harry	Malthouse	Unattached	U13 M	1	73.17%		
14	20:39	Paul	Gregg	Tamar Trotters	Vet 55 M	1	76.35%		
15	21:06	David	Boonstra	Unattached	Vet 50 M	3	71.01%		
16	21:18	Justin	Crewe	Unattached	Vet 50 M	4	70.34%		
17	21:29	Jack	Smyly	Unattached	Sen M	5	60.05%		
18	21:35	Emily	Moore	Unattached	Sen W	3	68.57%		
19	21:41	Kirsty	Prowse	DSFRS RC	Vet 35 W	1	69.41%		
20	21:53	Damien	Holloway	Storm Plymouth	Vet 45 M	1	66.87%		
21	21:55	Francesca	Herdman	Unattached	Sen W	4	67.53%		
22	22:10	James	Alexander	Unattached	Vet 40 M	3	61.58%		
23	22:13	Steve	Cox	Tavistock AC	Vet 55 M	2	69.17%		
24	22:37	Richard	Sloley	Instinctive Sports	Vet 50 M	5	65.22%		

25	22:39	Timothy	Silvester	Unattached	Vet 40 M	4	61.15%		
26	22:51	Andrew	Whitby	Instinctive Sports	Vet 60 M	1	72.06%		
27	23:04	David	Austin	Plymouth Musketeers	Vet 40 M	5	60.04%		
28	23:05	Garry	Letheren	Tavistock AC	Vet 35 M	3	58.70%		
29	23:10	Allan	Herdman	Tavistock AC	Vet 70 M	1	78.06%		
30	23:28	Michael	Hockey	Plymouth Musketeers	Vet 45 M	2	60.44%		
31	23:36	Richard	Greaves	Unattached	Vet 65 M	1	71.05%		
32	23:48	Peter	Armstrong	Plymouth Harriers	Vet 40 M	6	57.35%		
33	24:21	Jane	Bremner	Tamar Trotters	Vet 65 W	1	87.13%		
34	24:27	Fred	Jenkins	Instinctive Sports	Vet 60 M	2	67.96%		
35	24:33	Daniel	Matthams	Unattached	Sen M	6	53.43%		
36	25:01	James	Anthony	Unattached	U11 M	1	63.09%		
37	25:02	Elisa	Mendes	Tavistock AC	Sen W	5	59.25%		
38	25:03	Sam	Roberts	Unattached	Sen M	7	51.76%		
39	25:03	Sue	Gawman	Unattached	Vet 55 W	1	71.32%		
40	25:30	Louise	Gregg	Unattached	Vet 50 W	1	68.30%		
41	25:46	Peter	Bazley	Tavistock AC	Vet 65 M	2	67.66%		
42	25:56	Andy	Bees	Plymouth Musketeers	Vet 40 M	7	53.86%		
43	26:02	Anthony	Shearer	Tavistock AC	Vet 70 M	2	69.46%		
44	26:18	Emma	Jenks	Plymouth Musketeers	Vet 45 W	1	60.39%		
45	26:42	Claire	Anthony	Unattached	Vet 45 W	2	60.67%		
46	27:01	Nicole	Heryet	Tavistock AC	Vet 50 W	2	64.47%		
47	27:09	Hazel	Walker	Tavistock AC	Vet 50 W	3	64.15%		
48	27:25	Tim	Haimes	Tavistock AC	Vet 50 M	6	54.22%		
49	27:31	Kate	Rogers	Tavistock AC	Vet 65 W	2	75.95%		
50	27:48	Paul	Griffin	Instinctive Sports	Vet 55 M	3	55.76%		
51	28:29	Ollie	Thomson	Tavistock AC	U15 M	1	50.91%		
52	28:32	Geoffrey	Honey	Plymouth Harriers	Vet 75 M	1	66.41%		
53	28:39	Alina	Nishkur	Unattached	Vet 40 W	1	54.92%		
54	29:40	Bethany	Warner	Tamar Trotters	Sen W	6	49.89%		
55	29:56	Beverley	Nation	Instinctive Sports	Vet 65 W	3	68.76%		
56	30:04	Nicolette	Overy	Tavistock AC	Vet 65 W	4	69.51%		
57	30:07	Cheryl	Schofield	Tavistock AC	Vet 60 W	1	63.53%		
58	31:08	Richard	Paine	Tavistock AC	Vet 70 M	3	58.94%		

59	31:11	Thelma	Turner	Tavistock AC	Vet 70 W	1	72.58%		
60	31:15	Kitty	Refson	Tavistock AC	Vet 70 W	2	71.25%		
61	31:46	Fiona	Lovell	Unattached	Vet 60 W	2	60.23%		
62	32:57	Simon	Hubbard	Tavistock AC	Vet 55 M	4	46.64%		
63	33:47	Sophie	Roberts	Unattached	Vet 40 W	2	45.29%		
64	33:55	Ailla	Thomson	Unattached	U10 W	1	51.74%		
65	33:59	Gemma	Cleland	Unattached	Vet 40 W	3	45.61%		
66	33:59	Stuart	Cleland	Unattached	Vet 40 M	8	41.10%		
67	34:13	Oscar	Thomson	Unattached	U13 M	2	44.72%		
68	34:36	Paul	Kennelly	Unattached	Vet 55 M	5	45.57%		
69	34:44	Dominika	Nawalany	Bere Alston Trekkers	Vet 40 W	4	44.05%		
70	35:05	Darren	Fisher	Tavistock AC	Vet 55 M	6	44.18%		
71	35:23	Rob	Felwick	Instinctive Sports	Vet 60 M	3	46.54%		
72	35:33	Simon	Barrett	Instinctive Sports	Vet 60 M	4	46.32%		
73	37:39	Gill	Turcan	Tavistock AC	Vet 65 W	5	55.51%		
74	37:39	Jill	Underwood	Tavistock AC	Vet 55 W	2	49.40%		
75	38:02	Helen	Woods	Tavistock AC	Vet 55 W	3	46.98%		
76	38:28	Fred	Oddie	Unattached	U10 M	1	44.24%		
77	38:30	Rosa	Oddie	Unattached	U10 W	2	50.74%		
78	38:31	Rebecca	Fierek	Unattached	Vet 40 W	5	39.72%		
79	39:20	Beatriz	Camp	Unattached	Vet 40 W	6	40.00%		
80	41:07	Debbie	Ashton	Unattached	Vet 50 W	4	42.36%		
81	46:17	Hywel	Edwards	Tavistock AC	Vet 70 M	4	40.26%		
82	52:25	Sue	Wildman	Tavistock AC	Vet 50 W	5	32.78%		