

## Tavy group schedule for March and April 2025

w/b	Tuesday 6.30 pm start	Thursday 6.30 pm start	Saturday 9 am start
<b>3<sup>rd</sup> March</b>	Redmoor Park revisited	Two Viaducts run Lead Penny	<b>Meet at Grub up Layby w3w impulsive.pencil.tonight</b> DT, Fullamoor Lane, Warrens X, Church Hill. 5.5 miles Lead Penny
<b>10<sup>th</sup> March</b>	Deer Park Kenyans	Two viaducts run Lead Lucy	<b>Meet at MT Church w3w jugs.tailing.clubs</b> Higher Springs, Kinsett Down, Wheal Jewel, Horndon 6 miles. Lead Penny OR Tavy 5
<b>17<sup>th</sup> March</b>	Mill Hill  Lead Linda	Track	<b>Meet at Pork Hill C/p w3w dirt.complain.plod</b> Pork Hill, Peter Tavy loop 5.5 miles Lead Ann
<b>24<sup>th</sup> March</b>	Triangles in the park	Drakes Trail Lead Andy	<b>Meet at MT Church w3w jugs.tailing.clubs</b> Hill Bridge loop 6.5 miles Lead Penny
<b>31<sup>th</sup> March</b>	Kenyans at Mohuns Park	<b>Meet at the council Offices –</b> Batteridge Hill and back Lead Lucy	<b>Meet at Weir Quay w3w field.consented.sports</b> 7ish miles around Bere Alston and Bere Ferres. Lead Lucy
<b>7<sup>th</sup> April</b>	Short Miles in the park	Violet Lane, Casey Town X, Whitchurch Rd Lead Andy	<b>Meet at Tavistock College</b> Canal path, Mill Hill. 6 miles Lead Penny
<b>14<sup>th</sup> April</b>	30-20-10	<b>Meet at Pitts Cleave w3w buildings.airfields.somethin g.</b> Wilminstone hill, Killworthy Farm, Rugby Club 5.2 miles Lead Andy	<b>Tavy 5 Meet at Tavistock College</b> in plenty of time for a 9.15 start
<b>21<sup>st</sup> April</b>	<b>Meet at 5 Ways car park w3w crop.ranked.tango</b> Bleak House, Langstone Manor Lead Linda	Track	<b>Meet at Tavistock College</b> 6.5 miles - Rix Hill, West Down, River, Drakes Trail Lead Ann
<b>28<sup>th</sup> April</b>	<b>Meet at the Golf Club w3w salt.slang.vanish</b> Kenyans on Whitchurch Down	<b>Meet at the Golf Club w3w salt.slang.vanish.</b> Violet Lane, Daffodil Lane, Warren's X. Lead Penny	<b>Meet at Pitts Cleave w3w shed.masking.tadpole</b> PT, MT, Station Rd, Wilminstone. Lead Ann

Torches and **Hi Viz** are required for Tuesday and Thursday sessions.

Please meet at the specified place for the scheduled start time. If no place is specified please meet at Tavistock College

Races you might like to consider  
 Fast Friday 10K, Exeter – 18<sup>th</sup> April  
 Plymouth Half or 10K – 11<sup>th</sup> May  
 Bideford 10K – 11<sup>th</sup> May  
 Burrator 10K – 31<sup>st</sup> May