

The TAVY 5k



A TAVISTOCK
Athletic Club
Production

Results

17 May 2025

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Position	Age Graded Performance	Course Record	Age Category Record
1	17:33	Stuart	Heale	Unattached	Vet 35 M	1	76.07%		
2	17:41	Reuben	Sebag-Montefiore	Tavistock AC	U17 M	1	78.70%		
3	18:04	Steve	Jones	City of Plymouth AC	Vet 35 M	2	73.89%		
4	18:27	Connor	Duffin	Tavistock AC	U17 M	2	75.43%		
5	18:32	Adam	Porter	Unattached	Sen M	1	69.78%		
6	18:32	Matthew	Retter	Unattached	Vet 35 M	3	73.11%		
7	18:35	Taylan	Jones	City of Plymouth AC	U15 M	1	78.03%		
8	18:42	Lucas	Sweeney	Unattached	U13 M	1	81.82%		
9	19:07	Simon	Yeo	Unattached	Vet 40 M	1	71.93%		
10	20:11	Charlie	Cleland	Tavistock AC	U13 M	2	73.66%		
11	20:23	Alan	Ryder	Plymouth Musketeers RC	Vet 60 M	1	79.39%		
12	20:50	Stuart	Cleland	Unattached	Vet 40 M	2	67.52%		
13	21:27	Samuel	White	Unattached	Vet 45 M	1	66.12%		
14	21:56	Dominic	Drew-Hill	Tavistock AC	U10 M	1	81.16%		
15	22:03	James	Alexander	Unattached	Vet 40 M	3	62.36%		
16	22:17	Louisa	Shaw	Unattached	Vet 40 W	1	70.61%		
17	22:51	Bethany	Strawbridge	Tavistock AC	U13 W	1	71.26%		
18	23:05	John	Ainsworth	Tamar Trotters	Vet 60 M	2	69.46%		
19	23:44	Zac	Tasker	Tavistock AC	U13 M	3	62.64%		
20	24:22	Karl	Saunders	Unattached	Vet 40 M	4	57.32%		
21	25:01	Harriet	Silvester	Tavistock AC	U11 W	1	68.22%		
22	25:01	Timothy	Silvester	Unattached	Vet 40 M	5	55.36%		
23	25:03	Mark	Orme	Tavistock AC	Vet 55 M	1	61.34%		
24	25:04	James	Anthony	Unattached	U11 M	1	62.97%		

25	25:15	Benedicte	Holtan	Unattached	Vet 40 W	2	62.31%		
26	25:24	Kate	Medhurst	Bere Alston Trekkers	Vet 45 W	1	62.53%		
27	26:35	Jane	Bremner	Tamar Trotters	Vet 65 W	1	81.07%		
28	26:50	Dianne	Pinney	Unattached	Vet 55 W	1	67.45%		
29	26:54	Tim	Haimes	Tavistock AC	Vet 50 M	1	55.70%		
30	27:00	Peter	Bazley	Tavistock AC	Vet 65 M	1	64.57%		
31	27:00	Nicole	Heryet	Tavistock AC	Vet 50 W	1	64.51%		
32	27:39	Geoffrey	Honey	Plymouth Harriers	Vet 75 M	1	68.54%		
33	27:57	Nicolette	Overy	Tavistock AC	Vet 65 W	2	75.91%		
34	28:33	Claire	Anthony	Unattached	Vet 45 W	2	56.74%		
35	28:40	Jean	Phillips	Tavistock AC	Vet 55 W	2	64.88%		
36	29:11	Cheryl	Schofield	Tavistock AC	Vet 60 W	1	65.56%		
37	29:20	Justina	Sebag-Montefiore	Unattached	Vet 40 W	3	53.64%		
38	29:20	Fiona	Lovell	Unattached	Vet 60 W	2	65.23%		
39	32:33	Thelma	Turner	Tavistock AC	Vet 70 W	1	69.53%		
40	33:17	Becky	Drew-Hill	Unattached	Vet 45 W	3	47.72%		
41	34:07	Beatriz	Camp	Unattached	Vet 40 W	4	46.12%		
42	34:23	Gemma	Cleland	Unattached	Vet 40 W	5	45.42%		
43	35:28	Angela	Ryder	Unattached	Vet 75 W	1	68.37%		
44	35:36	Steph	Kerslake	Unattached	Sen W	1	41.57%		
45	35:46	Tish	Valva	Tavistock AC	Vet 60 W	3	56.66%		
46	36:05	Clare	Ainsworth	Tamar Trotters	Vet 55 W	3	50.85%		