



CLUB AWARDS SCHEME

JUNE 2025

RECOGNITION
CELEBRATION
INSPIRATION

Date	Name	Age Cat.	Event	Time	Age Grade	Award	Club Record
03 June 2025	Adam Holland	Senior Male	Run Exe 5k	0:16:03	80%	5k Diamond	
03 June 2025	Sam Larkham	M40	Run Exe 5k	0:16:34	82%	5k Diamond	
03 June 2025	Grant Harvey	M40	Run Exe 5k	0:17:17	79%	5k Gold Star	
03 June 2025	Reuben Sebag-Montefiore	Senior Male	Run Exe 5k	0:17:26	74%	5k Gold	
03 June 2025	Charlotte Walker	Senior Female	Run Exe 5k	0:18:10	81%	5k Diamond	
03 June 2025	Nikki Kelly	Senior Female	Run Exe 5k	0:18:21	81%	5k Diamond	
03 June 2025	Hannah Smith	Senior Female	Run Exe 5k	0:19:15	77%	5k Gold Star	
03 June 2025	Hannah Worth	F40	Run Exe 5k	0:20:37	74%	5k Gold	
03 June 2025	Helen Kula-Przewanski	F65	Run Exe 5k	0:26:24	78%	5k Gold Star	
03 June 2025	Hazel Walker	F50	Run Exe 5k	0:27:23	61%	5k Silver	
03 June 2025	Anna Kelly	Senior Female	Run Exe 5k	0:27:27	54%	5k Bronze	
08 June 2025	Mark West	M50	Swansea Half Marathon	1:25:02	79%	Half Marathon Gold Star	
08 June 2025	Ian Collacott	M40	Swansea Half Marathon	1:25:15	72%	Half Marathon Gold	