



CLUB AWARDS SCHEME

MAY 2025

RECOGNITION
CELEBRATION
INSPIRATION

Date	Name	Age Cat.	Event	Time	Age Grade	Award	Club Record
06 May 2025	James Crossey	Senior Male	Club 1 Mile Time Trial	0:05:58	62%	1 mile	Silver
06 May 2025	Mirianthi Crossey	Senior Female	Club 1 Mile Time Trial	0:06:42	63%	1 mile	Silver
06 May 2025	Duncan Tilney	M50	Club 1 Mile Time Trial	0:06:44	63%	1 mile	Silver
06 May 2025	Katherine Steer	F40	Club 1 Mile Time Trial	0:06:50	65%	1 mile	Silver
06 May 2025	Emma Webber	F45	Club 1 Mile Time Trial	0:06:51	68%	1 mile	Silver Star
06 May 2025	Anthony Shearer	M70	Club 1 Mile Time Trial	0:07:10	71%	1 mile	Gold
06 May 2025	Richard Nettleship	M55	Club 1 Mile Time Trial	0:07:21	60%	1 mile	Silver
06 May 2025	Helen Kula-Przezowski	F65	Club 1 Mile Time Trial	0:07:52	78%	1 mile	Gold Star
06 May 2025	Sarah Turner	F40	Club 1 Mile Time Trial	0:07:53	56%	1 mile	Bronze Star
06 May 2025	Sarah Prior	F50	Club 1 Mile Time Trial	0:07:58	63%	1 mile	Silver
06 May 2025	Emily Rossiter	Senior Female	Club 1 Mile Time Trial	0:08:05	52%	1 mile	Bronze
06 May 2025	Andy Hughes	M65	Club 1 Mile Time Trial	0:08:10	59%	1 mile	Bronze Star
06 May 2025	Will Walker-Smith	M70	Club 1 Mile Time Trial	0:08:11	62%	1 mile	Silver
06 May 2025	Sarah Swinburne	F50	Club 1 Mile Time Trial	0:08:18	60%	1 mile	Silver
06 May 2025	Cheryl Schofield	F60	Club 1 Mile Time Trial	0:08:26	68%	1 mile	Silver Star
06 May 2025	Mandy Womack	F55	Club 1 Mile Time Trial	0:08:35	62%	1 mile	Silver
06 May 2025	Nicolette Overy	F65	Club 1 Mile Time Trial	0:08:37	71%	1 mile	Gold
06 May 2025	Linda Millward	F60	Club 1 Mile Time Trial	0:08:53	64%	1 mile	Silver
06 May 2025	Susannah Harley	F60	Club 1 Mile Time Trial	0:09:12	62%	1 mile	Silver
06 May 2025	Kitty Refson	F70	Club 1 Mile Time Trial	0:09:18	72%	1 mile	Gold
06 May 2025	Richard Paine	M70	Club 1 Mile Time Trial	0:09:21	54%	1 mile	Bronze
06 May 2025	Thelma Turner	F70	Club 1 Mile Time Trial	0:09:40	69%	1 mile	Silver Star
06 May 2025	Darren Fisher	M55	Club 1 Mile Time Trial	0:10:06	44%	1 mile	Commendation
06 May 2025	Adam Holland	Senior Male	Run Exe 5k	0:15:56	81%	5k	Diamond
06 May 2025	Charlotte Walker	Senior Female	Run Exe 5k	0:17:49	83%	5k	Diamond

06 May 2025	Richard Drage	M65	Run Exe 5k	0:18:21	91%	5k	Diamond Star	
06 May 2025	Mark West	M50	Run Exe 5k	0:18:35	79%	5k	Gold Star	
06 May 2025	Hazel Walker	F50	Run Exe 5k	0:27:15	62%	5k	Silver	
11 May 2025	Anthony Shearer	M70	Bideford 10k	0:52:13	70%	10k	Gold	
11 May 2025	Lucy Hann	F45	Bideford 10k	0:59:03	55%	10k	Bronze Star	
11 May 2025	Jean Phillips	F55	Plymouth 10k	1:00:02	61%	10k	Silver	
11 May 2025	Grant Harvey	M40	Plymouth Half Marathon	1:20:45	76%	Half Marathon	Gold Star	
11 May 2025	Nikki Kelly	Senior Female	Plymouth Half Marathon	1:26:38	76%	Half Marathon	Gold Star	
11 May 2025	Hannah Smith	Senior Female	Plymouth Half Marathon	1:27:19	75%	Half Marathon	Gold Star	
11 May 2025	Padraig Moyna	M45	Plymouth Half Marathon	1:40:34	64%	Half Marathon	Silver	
11 May 2025	Katherine Steer	F40	Plymouth Half Marathon	1:44:19	65%	Half Marathon	Silver Star	
11 May 2025	Katy Kelly	F40	Plymouth Half Marathon	2:01:16	56%	Half Marathon	Bronze Star	
11 May 2025	Maarit Green	F70	Plymouth Half Marathon	2:24:15	69%	Half Marathon	Silver Star	
11 May 2025	Ann Ruddock	F60	Plymouth Half Marathon	2:36:56	54%	Half Marathon	Bronze	
11 May 2025	Alfie McIntosh	Senior Male	Great Bristol Half Marathon	1:28:54	67%	Half Marathon	Silver Star	
11 May 2025	Hannah Worth	F40	Great Bristol Half Marathon	1:33:12	73%	Half Marathon	Gold	
14 May 2025	Anthony Shearer	M70	Armada 5k	0:25:49	68%	5k	Silver Star	
17 May 2025	Emma Webber	F45	Ivybridge 10k	0:49:54	65%	10k	Silver Star	
17 May 2025	Anthony Shearer	M70	Ivybridge 10k	0:52:41	70%	10k	Silver Star	
17 May 2025	Richard Nettleship	M55	Ivybridge 10k	0:52:51	61%	10k	Silver	
17 May 2025	Helen Kula-Przezowski	F65	Ivybridge 10k	0:58:09	73%	10k	Gold	
17 May 2025	Sarah Prior	F50	Ivybridge 10k	0:58:58	58%	10k	Bronze Star	
17 May 2025	Reuben Sebag-Montefiore	Senior Male	Tavy 5	0:17:41	73%	5k	Gold	
17 May 2025	Connor Duffin	Senior Male	Tavy 5	0:18:27	70%	5k	Silver Star	
17 May 2025	Mark Orme	M55	Tavy 5	0:25:03	61%	5k	Silver	
17 May 2025	Tim Haimes	M50	Tavy 5	0:26:54	55%	5k	Bronze	
17 May 2025	Peter Bazley	M65	Tavy 5	0:27:00	62%	5k	Silver	
17 May 2025	Nicole Heryet	F50	Tavy 5	0:27:00	62%	5k	Silver	
17 May 2025	Nicolette Overy	F65	Tavy 5	0:27:57	74%	5k	Gold	
17 May 2025	Jean Phillips	F55	Tavy 5	0:28:40	62%	5k	Silver	
17 May 2025	Cheryl Schofield	F60	Tavy 5	0:29:11	66%	5k	Silver Star	
17 May 2025	Thelma Turner	F70	Tavy 5	0:32:33	68%	5k	Silver Star	
17 May 2025	Tish Valva	F60	Tavy 5	0:35:46	53%	5k	Bronze	
17 May 2025	Richard Drage	M65	Shrewsbury 5k	0:18:36	90%	5k	Diamond Star	
18 May 2025	David Harris	M60	Great Manchester 10k	0:42:08	79%	10k	Gold Star	

31 May 2025	Charlotte Walker	Senior Female	Burrator 10k	0:38:52	78%	10k	Gold Star	
31 May 2025	Garry Letheren	Senior Male	Burrator 10k	0:47:58	56%	10k	Bronze Star	
31 May 2025	Molly Bytheway	Senior Female	Burrator 10k	0:48:03	63%	10k	Silver	
31 May 2025	Emily Rossiter	Senior Female	Burrator 10k	0:59:18	51%	10k	Bronze	
31 May 2025	Padraig Moyna	M45	Muskies Madness	0:54:02	55%	10k	Bronze	
31 May 2025	Anthony Shearer	M70	Muskies Madness	1:02:17	59%	10k	Bronze Star	
31 May 2025	Peter Bazley	M65	Muskies Madness	1:05:48	53%	10k	Bronze	