

Tavy group schedule for July and August 2025

w/b	Tuesday 6.30 pm start	Thursday 6.30 pm start	Saturdays 9am start
30th June	Meet at 5 ways c/p spent.thud.united Holly Bush Hills	Meet at 5 ways car park w3w spent.thud.united Bleak House, Langstone Manor Lead Lucy	Meet at Tavistock college 6.5 miles. Rix Hill, West Down, River, DT – some off road Lead Ann
7 th July	Kilometers in the park	Meet at the council offices Batteridge Hill and back Lead Andy	Meet Scrub Tor car park w3w funny.eyebrows.relishes. Blanchdown Woods, Mill Hill. Approx 6.5 miles. Lead Ann
14 th July	Meet at the Golf Club salt.slang. vanish Kenyans on the Down	TAC Relays No club session, please race or volunteer to help if you are free	Meet at Burrator Quarry c/p freshen.smarting.denser Off and on roads around Burrator 6 miles Lead Penny Or Tavy 5
21 st July	College, Rix Hill, West Down, DT Lead Linda	Track	Meet at MT church jugs.tailing.clubs. Hill Bridge loop 6.5 miles Lead Penny
28th July	Meet at the Golf Club salt.slang. vanish 1 minute hills on the Down	Drakes Trail Lead Lucy	Meet at Buckland Monachorum - on road parking by the Church w3w courts.shepherds.roadblock Buckland Bounder 6.5 miles. Some on road, but mostly off road. Lead Ann
4 th August	Meet at 5 ways c/p spent.thud.united Shorts Down varied pacing	Meet at the Jubilee c/p on Whitchurch Hill w3w makeup.fended.sentences Moorshop/Moortown loop 5.5 miles Lead Ann	Meet at PT Chuch nappy.adapt.insects Baggator gate/tor and back 6.1 miles Lead Penny
11 th August	Meet at the Golf Club salt.slang. vanish More hills on Whitchurch Down	Meet at Grub Up Layby DT, Fullamoor Lane, Jordan Lane, Anderton Lane. 5.5 miles Lead Lucy	Tavy 5 meet on the track in plenty of time for a 9.15 start Please support Val in her Challenge to raise money for Macmillan Cancer Support
18th August	Meet at the Golf Club salt.slang. vanish Paarlauf near the Pimple	Canal Path, Mill Hill Lead Linda	Meet at Pitts Cleave Shed.masking.tadpole PT, MT, Station Rd, Wilminstone. Lead Lucy
25 th August	Short miles in the park	Meet at the Council offices pine.means.stem Wilminstone Hill, Kilworthy Farm, Rugby club. 5 miles lead Andy	Meet at the free car park opposite Postbridge visitor centre w3w radar.scenes.strapping Postbridge pootle, 6.5 miles off road Lead Rob

For Tuesday and Thursday sessions, please meet at the college unless otherwise stated. If the grass is wet, or the weather forecast is bad, the Whitchurch Down sessions will change. Please keep an eye on the group chat for up-to-date details.

For Saturday sessions, please meet at the specified place for a 9am start.