

The TAVY 5k



A **TAVISTOCK** Athletic Club
Production

Results

16 August 2025

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Position	Age Graded Performance	Course Record	Age Category Record
1	17:24	Scott	Mansfield	Plymouth Musketeers RC	Vet 35 M	1	76.72%		
2	17:29	Dominic	Laphorn	Unattached	Sen M	1	73.98%		
3	17:59	Kristian	Curtis	Unattached	Sen M	2	71.92%		
4	18:03	Alex	Peyton Jones	South West Veterans AC	Vet 45 M	1	78.58%		
5	18:05	David	Morris	Plymouth Harriers	Vet 40 M	1	75.48%		
6	18:19	Alexander	Garbas	Unattached	Sen M	3	70.52%		
7	18:39	Hollie	Fitzgerald	Unattached	Vet 35 W	1	81.50%		
8	18:41	Nathaniel	Thomas	Sidmouth RC	U17 M	1	74.49%		
9	19:10	Andrew	Charles	Plymouth Harriers	Vet 60 M	1	85.13%		
10	19:14	Harrison	Roberts	Unattached	Sen M	4	67.07%		
11	19:29	Simon	Tithecott	Bideford AAC	Vet 50 M	1	76.90%		
12	19:32	Simon	Yeo	Unattached	Vet 40 M	2	70.90%		
13	19:34	Alan	Ryder	Plymouth Musketeers RC	Vet 60 M	2	82.71%		
14	20:38	Ami	Peyton Jones	South West Veterans AC	Vet 40 W	1	76.25%		
15	20:59	Hannah	Worth	Tavistock AC	Vet 40 W	2	73.87%		
16	21:09	Phoebe	Timson	City of Plymouth AC	Sen W	1	70.76%		
17	21:27	James	Alexander	Unattached	Vet 40 M	3	64.10%		
18	21:55	Peter	McAughey	Launceston RR	Vet 55 M	1	70.72%		
19	22:21	Seth	Gibbs	Tavistock AC	U13 M	1	68.46%		
20	22:48	Joseph	Dykes	Unattached	U17 M	2	61.04%		
21	23:01	Murray	Turner	Bere Alston Trekkers	Vet 55 M	2	67.34%		
22	23:07	Finley	Dykes	Unattached	U15 M	1	62.73%		
23	23:39	Steve	Hale	Team Bath AC	Vet 65 M	1	71.60%		
24	23:46	Daisy	Renard	Basingstoke & Mid Hants AC	U13 W	1	68.51%		

25	23:48	Sally	Renard	Basingstoke & Mid Hants AC	Vet 50 W	1	70.45%		
26	23:55	George	Lake	Tavistock AC	U11 M	1	65.99%		
27	24:12	Nicola	Martin	Unattached	Vet 35 W	2	62.81%		
28	24:12	Jason	Martin	Unattached	Vet 45 M	2	58.61%		
29	24:19	Lee	Le Marquand	Plymouth Musketeers RC	Vet 45 M	3	60.18%		
30	24:36	Jemma	Doidge	Unattached	Sen W	2	60.16%		
31	24:40	Nick	Dykes	Unattached	Vet 45 M	4	58.38%		
32	24:55	David	Twine	Unattached	Vet 65 M	2	69.97%		
33	25:14	Isabella	Vaughan	Unattached	Sen W	3	58.85%		
34	25:22	Caleb	Thomas	Unattached	U13 M	2	60.32%		
35	25:23	Patrick	Knight	Unattached	Vet 60 M	3	63.76%		
36	25:43	Peter	Bazley	Tavistock AC	Vet 65 M	3	67.79%		
37	25:55	Samuel	Gibbs	Unattached	U15 M	2	54.73%		
38	25:57	Julia	Lefley	Unattached	Vet 40 W	3	59.28%		
39	26:02	Samantha Louise	Parsons	Unattached	Vet 50 W	2	65.17%		
40	26:10	Tim	Cuckston	Lonely Goat RC	Vet 65 M	4	65.29%		
41	26:22	Beth	Kelly	Tavistock AC	U11 W	1	64.73%		
42	26:22	Katy	Kelly	Tavistock AC	Vet 40 W	4	58.34%		
43	27:03	Hollie	Firth	Royal Navy AC	Sen W	4	54.71%		
44	27:12	Kate	Rogers	Tavistock AC	Vet 65 W	1	78.00%		
45	27:22	Anna	Kelly	Tavistock AC	Sen W	5	54.08%		
46	27:34	Joseph	Fitzgerald	Unattached	Vet 55 M	3	56.23%		
47	28:00	Will	Walker-Smith	Tavistock AC	Vet 70 M	1	62.98%		
48	28:12	Yami	Passmore	Unattached	Vet 50 W	3	60.93%		
49	28:33	Samuel	Firth	Unattached	Sen M	5	45.18%		
50	28:34	Sophie	Dandy	Plymouth Harriers	Sen W	6	51.81%		
51	29:21	Stephen	Doran	Unattached	Vet 40 M	4	47.59%		
52	29:28	Lucy	Hann	Tavistock AC	Vet 45 W	1	55.54%		
53	29:45	Cheryl	Cogdell	Tavistock AC	Vet 60 W	1	65.21%		
54	29:49	Fiona	Lovell	Unattached	Vet 60 W	2	65.06%		
55	30:12	Les	Wilkinson	Tavistock AC	Vet 60 W	3	64.24%		
56	30:16	Neil	Jory	Unattached	Vet 65 M	5	55.95%		
57	30:43	Ian	Jones	Tavistock AC	Vet 70 M	2	60.66%		
58	30:43	Claire	White	Tavistock AC	Vet 45 W	2	52.20%		

59	31:02	Nicole	Heryet	Tavistock AC	Vet 50 W	4	56.12%		
60	31:02	Adrian	Bower	Unattached	Vet 65 M	6	54.03%		
61	31:25	Laura	Smale	Unattached	Vet 45 W	3	50.56%		
62	32:03	Penny	Taylor	Tavistock AC	Vet 60 W	4	62.30%		
63	32:04	Robert	Mills-Hicks	Tavistock AC	Vet 55 M	4	49.17%		
64	32:04	Sarah	Mills-Hicks	Unattached	Sen W	7	46.15%		
65	32:13	Dominika	Nawalany	Bere Alston Trekkers	Vet 40 W	5	47.75%		
66	32:22	Keith	Cooper	Unattached	Vet 70 M	3	54.48%		
67	32:28	Alexandra	Hendry	Unattached	Vet 45 W	4	51.03%		
68	33:01	Richard	Paine	Tavistock AC	Vet 70 M	4	55.58%		
69	33:03	Ann	Ruddock	Tavistock AC	Vet 60 W	5	59.56%		
70	33:05	Libby	Steel	Unattached	Vet 55 W	1	54.01%		
71	33:10	Richard	Smith	Unattached	Vet 60 M	4	50.10%		
72	33:17	Clare	Johns	Tavistock AC	Vet 60 W	6	58.29%		
73	33:34	Sheila	O'Brien	Tavistock AC	Vet 55 W	2	56.21%		
74	33:55	Emma	Stead	Tavistock AC	Vet 50 W	5	50.02%		
75	34:19	Christine	Grove	Unattached	Vet 65 W	2	63.82%		
76	34:23	Albie	Large	Unattached	U13 M	3	43.24%		
77	34:28	Thelma	Turner	Tavistock AC	Vet 70 W	1	65.67%		
78	34:48	Ann	Fitzsimmons	Tavistock AC	Vet 70 W	2	66.14%		
79	35:13	Susan	Eick	Unattached	Vet 50 W	6	47.61%		
80	35:42	Lucie	Prior	Unattached	Sen W	8	41.46%		
81	35:42	Sarah	Prior	Tavistock AC	Vet 50 W	7	48.13%		
82	35:51	Beatriz	Camp	Unattached	Vet 45 W	5	44.30%		
83	36:16	Annette	Smith	Tavistock AC	Vet 70 W	3	64.57%		
84	37:53	Stacey	Ling	Unattached	Vet 35 W	3	39.60%		
85	41:04	Debbie	Ashton	Bere Alston Trekkers	Vet 50 W	8	42.94%		
86	41:44	Christine	Teague	Tavistock AC	Vet 60 W	7	47.84%		
87	41:49	Marion	Stratton	Tavistock AC	Vet 65 W	3	50.74%		
88	42:42	Penny	Baines	Unattached	Vet 50 W	9	41.30%		
89	44:38	Hywel	Edwards	Tavistock AC	Vet 75 M	1	42.46%		
90	46:27	Stella	Pennell	Unattached	Vet 70 W	4	50.41%		
91	46:29	Amanda	McOwan-White	Unattached	Vet 45 W	6	34.49%		
92	01:00:36	Val	Evans	Tavistock AC	Vet 70 W	5	39.30%		

93	01:00:36	Dene	Medland	Tavistock AC	Vet 60 W	8	33.44%		
94	01:00:36	Mat	Evans	Unattached	Vet 50 M	2	24.53%		
95	01:00:36	Catherine	Dykes	Unattached	Vet 45 W	7	26.73%		
96	01:00:44	Julie	Parsons	Holbeton Harriers	Vet 55 W	3	31.06%		
97	01:00:44	Claire	Glanville	Unattached	Vet 50 W	10	28.29%		