

Tavy group schedule for September and October 2025

w/b	Tuesday 6.30 pm start	Thursday 6.30 pm start	Saturday 9 am start
1st Sept	Meet at the Golf Club salt.slang.vanish Paarlaufs near the pimple	Meet at Pitts Cleave Shed.masking.tadpole Harford, Old Rd (behind Mount Tavy) 5.5. miles Lead Andy	A one way run from Brentor Church to College. 7.5 miles (but all downhill). Meet at College for 9am. We will organise lifts to Brentor and then return to pick up the cars at the end. Allow more time than usual. Lead Ann
8th Sept	Meet at the Golf Club salt.slang.vanish Longish Hills on Whitchurch Down	Meet at Gunnislake train station c/p crafts.speared.detained. Calstock and back 5.5 miles Lead Ann	Meet Lydford Layby w3w Washroom.mothering.exists Dartmoor Way/Granite Way loop 6 miles . Lead Andy
15th Sept	30-20-10	Meet at 5 ways c/p spent.thud.united Bleak House, Langstone manor, Warrens X Lead Penny	Meet at Burrator Quarry C/P freshen.smarter.denser. Of and on roads around Burrator 6 miles. Lead Penny Or Tavy 5
22nd Sept	Track Half and halves	Meet at the Golf Club w3w Salt.slang.vanish Violet Lane, Daffodil Lane Warren's X Lead Linda	Meet at MT Church w3w jugs.tailing.clubs. Hillbridge loop in reverse. 6.5 miles Lead Ann
29th Sept	Kenyan Hills	Meet at college, Rix Hill, West Down, DT Lead Lucy	Meet at the leat C/P performed.shackles.sitting Tavy 7 route Lead Andy
6th Oct	Milton Laps and a run through the fair	Meet at the council offices Batteridge Hill and back Lead Lucy	Tamar Trails Park Run
13th Oct	Track	Meet at Warren's X w3w hammer.tigers.astounded 5 miles of Tavy 7 route Lead Lucy	Meet at college Rix Hill West Down, River, DT 6.5 miles Lead Ann Or Tavy 5
20th Oct	Pacing in the park	Meet at College Mill Hill Lead Linda	Meet at Yelverton church c/p w3w sports.corrects. somewhere Drakes trail, Clearbrook 6 miles Lead Penny
27th Oct	Post Office Hills	Meet at College Drakes Trail Lead Lucy	Meet at Weir Quay w3w interlude.desire.purses Bere Alston/ Bere Ferrers Loop. 7 miles. Lead Penny

Torches and **Hi Viz** required from the 15th Sept!!

Please meet at the specified place for the scheduled start time. If no place is specified please meet at Tavistock College

Tavy 7 race Sunday 26th October

Tamar Acronyms 10k Sunday 19th October