

LYD/ERME (and Dart on Saturdays): January and February 2026

Routes may be changed by the leaders depending on weather conditions etc

Meeting places in **BOLD**

Hi-Viz and torches essential for these two months.

All changes to the schedule will be put on the messenger page.

Wednesdays: Tracey's all ability body conditioning on the track at 6pm

| W/B    | Tuesday 6:20pm   | Thursday 6:20pm   | Saturday 8:50am   |
|--------|--|---|---|
| 5 Jan  | <b>Meet College</b><br>Training  | <b>Meet Council Offices</b><br>w3w dozen.glass.avoid<br>Out and back to Harford Bridge        | <b>Meet leat carpark</b><br>w3w hoops.frock.device<br>Part of Tavy 7 route            |
| 12 Jan | <b>Meet College</b><br>Bishopsmead, Drakes Trail, A386, Mast, down Rix Hill            | <b>Meet College</b><br>out and back to The Trout and Tipple                                   | Tavy 5<br>Please run it or help if you can  |
| 19 Jan | <b>Meet College</b><br>Training  | <b>Meet College</b><br>Redmoor loop   | <b>Meet Anderton layby</b><br>w3w<br>impulsive.pencil.tonight<br>Fullamoor loop       |
| 26 Jan | <b>Meet College</b><br>Deer Park, Bluebell Way loop                                    | <b>Meet College</b><br>Millhill loop  | <b>Meet Leg O'Mutton carpark</b><br>w3w splat.marsh.tells<br>loop of the old airfield |
| 2 Feb  | <b>Meet College</b><br>Training  | <b>Meet Anderton layby</b><br>w3w<br>impulsive.pencil.tonight<br>Out and back on Drakes Trail | <b>Quarry car park</b><br>aimed.excellent.fizzle<br>Loop of Burrator Reservoir        |
| 9 Feb  | <b>Meet Council Offices</b><br>w3w dozen.glass.avoid<br>Out and back to Harford Bridge | <b>Meet College</b><br>Green Lane loop  | <b>Meet Pimple</b><br>w3w small.mini_hint<br>Daffodil Lane loop                       |

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|---------------|---|--|--|
| <b>16 Feb</b> | <b>Meet College</b><br>Training   | <b>Meet College</b><br>Monksmead, Uplands, Railway, Watts Rd, Council Offices, Old Exeter Rd, West St, Ford St | Tavy 5<br>Please run it or help if you can   |
| <b>23 Feb</b> | <b>Meet Anderton layby</b><br>w3w<br>impulsive.pencil.tonight<br>out and back on Drakes Trail | <b>Meet College</b><br>out and back to The Trout and Tipple  | <b>Meet Anderton layby</b><br>w3w<br>impulsive.pencil.tonight<br>Fullamoor loop in reverse |
| <b>2 Mar</b>  | <b>Meet College</b><br>Training   | <b>Meet College</b><br>Millhill loop   | <b>Meet Yelverton Church</b><br>w3w flop.expect.fussed<br>out and back on the old tramway  |