

LYD/ERME (and Dart on Saturdays): January and February 2026

Routes may be changed by the leaders depending on weather conditions etc

Meeting places in **BOLD**

Hi-Viz and torches essential for these two months.

All changes to the schedule will be put on the messenger page.

Wednesdays: Tracey's all ability body conditioning on the track at 6pm

W/B	Tuesday 6:20pm	Thursday 6:20pm	Saturday 8:50am
5 Jan	Meet College Training	Meet Council Offices w3w dozen.glass.avoid Out and back to Harford Bridge	Meet leat carpark w3w hoops.frock.device Part of Tavy 7 route
12 Jan	Meet College Bishopsmead, Drakes Trail, A386, Mast, down Rix Hill	Meet College out and back to The Trout and Tipple	Tavy 5 Please run it or help if you can
19 Jan	Meet College Training	Meet College Redmoor loop	Meet Anderton layby w3w impulsive.pencil.tonight Fullamoor loop
26 Jan	Meet College Deer Park, Bluebell Way loop	Meet College Millhill loop	Meet Leg O'Mutton carpark w3w splat.marsh.tells loop of the old airfield
2 Feb	Meet College Training	Meet Anderton layby w3w impulsive.pencil.tonight Out and back on Drakes Trail	Quarry car park aimed.excellent.fizzle Loop of Burrator Reservoir
9 Feb	Meet Council Offices w3w dozen.glass.avoid Out and back to Harford Bridge	Meet College Green Lane loop	Meet Pimple w3w small.mini.hint Daffodil Lane loop

16 Feb	Meet College Training	Meet College Monksmead, Uplands, Railway, Watts Rd, Council Offices, Old Exeter Rd, West St, Ford St	Tavy 5 Please run it or help if you can
23 Feb	Meet Anderton layby w3w impulsive.pencil.tonight out and back on Drakes Trail	Meet College out and back to The Trout and Tipple	Meet Anderton layby w3w impulsive.pencil.tonight Fullamoor loop in reverse
2 Mar	Meet College Training	Meet College Millhill loop	Meet Yelverton Church w3w flop.expect.fussed out and back on the old tramway