



CLUB AWARDS SCHEME

APRIL 2026

RECOGNITION
CELEBRATION
INSPIRATION

Date	Name	Age Cat.	Event	Time	Age Grade	Award	Club Record
03 April 2026	Sam Larkham	M40	Fast Friday 10k	0:34:18	83%	10k Diamond	
03 April 2026	Nicola Noble	F35	Fast Friday 10k	0:43:20	71%	10k Gold	
03 April 2026	Corin Russell	Senior Male	Fast Friday 10k	0:44:20	61%	10k Silver	
03 April 2026	Carole Walters	F60	Fast Friday 10k	0:50:16	78%	10k Gold Star	
03 April 2026	Jenny Bryant	F55	Fast Friday 10k	0:50:54	72%	10k Gold	
03 April 2026	Helen Kula-Przewanski	F65	Westonbirt House Easter Half Marathon	2:12:48	69%	Half Marathon Silver Star	
07 April 2026	Iain Gillam	Senior Male	Armada 5k	0:18:53	68%	5k Silver Star	
07 April 2026	Nicola Noble	F35	Armada 5k	0:22:08	68%	5k Silver Star	
07 April 2026	Hannah Walker	Senior Female	Armada 5k	0:26:05	57%	5k Bronze Star	
07 April 2026	Sarah Holland	F50	Armada 5k	0:26:58	62%	5k Silver	
07 April 2026	Anthony Shearer	M70	Armada 5k	0:27:41	64%	5k Silver	
07 April 2026	Matt Burns	M45	Armada 5k	0:28:29	50%	5k Commendation	
07 April 2026	Paul Marshall	M70	Armada 5k	0:29:43	59%	5k Bronze Star	
07 April 2026	Les Wilkinson	F60	Armada 5k	0:30:15	63%	5k Silver	
07 April 2026	Hazel Walker	F50	Armada 5k	0:32:20	52%	5k Bronze	
07 April 2026	Paula Smerdon	F45	Armada 5k	0:36:22	44%	5k Commendation	
12 April 2026	Mike Nithavrianakis	M55	Milan Marathon	3:12:52	76%	Marathon Gold Star	M55 Marathon Club Record
12 April 2026	Sam Hortopp	Senior Male	Brighton Marathon	2:42:59	77%	Marathon Gold Star	
12 April 2026	Mandy Womack	F55	Brighton Marathon	5:33:15	52%	Marathon Bronze	
12 April 2026	Tom Brogden	M40	Dartmoor Marathon	3:04:16	69%	Marathon Silver Star	
12 April 2026	Adam Holland	Senior Male	Dartmoor Marathon	3:33:09	59%	Marathon Bronze Star	
12 April 2026	Nigel Cowley	M65	Dartmoor Marathon	3:54:44	69%	Marathon Silver Star	
12 April 2026	Garry Letheren	M40	Dartmoor Marathon	4:15:03	50%	Marathon Bronze	
12 April 2026	Andrew Kelly	M65	Dartmoor Marathon	5:48:14	46%	Marathon Commendation	
14 April 2026	Ben Neale	M40	Run Exe 5k	0:15:46	87%	5k Diamond Star	M40 5k Club Record

14 April 2026	Adam Holland	Senior Male	Run Exe 5k	0:16:18	79%	5k	Gold Star	
14 April 2026	Sam Larkham	M40	Run Exe 5k	0:16:20	84%	5k	Diamond	
14 April 2026	Nicola Noble	F35	Run Exe 5k	0:20:56	71%	5k	Gold	
14 April 2026	Nicky Maguire	F50	Run Exe 5k	0:25:11	67%	5k	Silver Star	
14 April 2026	Hazel Walker	F50	Run Exe 5k	0:29:29	57%	5k	Bronze Star	
15 April 2026	Mark West	M50	Hereford Couriers 5k	0:17:43	83%	5k	Diamond	
18 April 2026	Connor Duffin	Senior Male	Tavy 5	0:17:31	74%	5k	Gold	
18 April 2026	Reuben Sebag-Montefiore	Senior Male	Tavy 5	0:18:11	71%	5k	Gold	
18 April 2026	Chris Starling	M40	Tavy 5	0:18:28	74%	5k	Gold	
18 April 2026	David Harris	M60	Tavy 5	0:20:51	77%	5k	Gold Star	
18 April 2026	Garry Letheren	M40	Tavy 5	0:22:17	61%	5k	Silver	
18 April 2026	Anthony Shearer	M70	Tavy 5	0:26:12	67%	5k	Silver Star	
18 April 2026	Les Wilkinson	F60	Tavy 5	0:28:17	68%	5k	Silver Star	
18 April 2026	Peter Bazley	M70	Tavy 5	0:28:54	61%	5k	Silver	
18 April 2026	Jean Phillips	F55	Tavy 5	0:29:27	61%	5k	Silver	
18 April 2026	Hazel Walker	F50	Tavy 5	0:29:45	56%	5k	Bronze Star	
18 April 2026	Fran Percival	Senior Female	Tavy 5	0:30:32	48%	5k	Commendation	
18 April 2026	Cheryl Cogdell	F60	Tavy 5	0:31:25	61%	5k	Silver	
18 April 2026	Richard Paine	M70	Tavy 5	0:33:42	52%	5k	Bronze	
18 April 2026	Tish Valva	F65	Tavy 5	0:37:42	55%	5k	Bronze	
18 April 2026	Christine Teague	F60	Tavy 5	0:39:52	48%	5k	Commendation	
19 April 2026	Adam Holland	Senior Male	Manchester Marathon	2:36:43	80%	Marathon	Gold Star	
20 April 2026	Ben Neale	M40	Boston (USA) Marathon	2:41:15	79%	Marathon	Gold Star	
20 April 2026	Nikki Kelly	Senior Female	Boston (USA) Marathon	2:49:05	80%	Marathon	Diamond	Senior Female Marathon Club Record