

## Results

16 May 2026

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat.	Age Graded	Course Record	Age Category Record
						Position	Performance		
1	17:44	Arthur	Norton	Tavistock AC	U16 M	1	78.48%		
2	18:12	Grant	Harvey	Tavistock AC	Vet 40 M	1	76.74%		
3	18:14	Joe	Thomson	Launceston RR	Vet 40 M	2	74.86%		
4	18:39	Graham	Bale	Plymstock RR	Vet 60 M	1	86.77%		
5	19:12	Andrew	Charles	Plymouth Harriers	Vet 60 M	2	85.76%		
6	19:24	Charlotte	Walker	Tavistock AC	Sen W	1	76.29%		
7	19:42	Alan	Ryder	Plymouth Musketeers RC	Vet 60 M	3	82.83%		
8	19:46	Ian	Duffin	Tavistock AC	Vet 50 M	1	75.21%		
9	20:18	John	Norton	Unattached	Vet 50 M	1	73.81%		
10	20:22	Paddy	Moyna	Tavistock AC	Vet 50 M	3	72.42%		
11	20:32	James	Alexander	Unattached	Vet 40 M	3	66.96%		
12	20:59	Kat	Darby	Tamar Trotters	Vet 35 W	1	72.12%		
13	21:54	Caroline	Steven	Tavistock AC	Vet 55 W	1	86.15%		
14	22:00	Steve	Hale	Plymouth Harriers	Vet 65 M	1	77.65%		
15	23:17	Benedicte	Holtan	British Triathlon	Vet 45 W	1	68.22%		
16	23:30	Timothy	Silvester	Tavistock AC	Vet 40 M	4	59.43%		
17	24:13	Tom	Nitti	Unattached	Sen M	1	53.89%		
18	24:14	Liam	Kitto	Unattached	Sen M	2	53.85%		
19	24:58	Mark	Orme	Tavistock AC	Vet 55 M	1	62.08%		
20	25:28	Karl	Saunders	Unattached	Vet 40 M	5	55.24%		
21	25:42	Patrick	Knight	Unattached	Vet 60 M	4	63.49%		
22	25:49	Anthony	Shearer	Tavistock AC	Vet 70 M	1	71.08%		
23	26:19	Peter	Bazley	Tavistock AC	Vet 70 M	2	67.00%		
24	26:22	Aaron	Sweet	Unattached	Vet 40 M	6	51.77%		
25	27:03	Richard	Nettleship	Tavistock AC	Vet 55 M	2	57.79%		
26	27:03	Edward	Nettleship	Tavistock AC	Sen M	3	47.69%		
27	27:17	Kate	Fowle	Unattached	Vet 45 W	2	58.77%		
28	27:20	Samuel	Firth	Tavistock AC	Sen M	4	47.20%		
29	27:22	Helen	Kula-Przewanski	Tavistock AC	Vet 65 W	1	76.37%		
30	27:24	Gary	Fraser	Unattached	Vet 60 M	5	59.55%		
31	27:44	Geoffrey	Honey	Plymouth Harriers	Vet 75 M	1	69.53%		
32	27:56	Ruth	Nordmann	Unattached	Vet 50 W	1	61.52%		
33	28:21	Nicolette	Overy	Tavistock AC	Vet 65 W	2	76.01%		
34	28:31	Yami	Passmore	Unattached	Vet 50 W	2	61.08%		
35	28:50	Emma	Carty	Unattached	Vet 50 W	3	60.40%		
36	29:38	Hazel	Walker	Tavistock AC	Vet 55 W	2	60.29%		
37	29:46	Tim	Haimes	Tavistock AC	Vet 50 M	4	50.78%		
38	29:52	Cheryl	Cogdell	Tavistock AC	Vet 60 W	1	64.96%		
39	30:26	Les	Wilkinson	Tavistock AC	Vet 60 W	2	64.68%		
40	30:33	Stephen	Crosher	Unattached	Vet 50 M	5	49.48%		
41	30:37	Becky	Bale	Plymstock RR	Vet 55 W	3	59.93%		
42	30:45	Maria	Clarke	Unattached	Vet 55 W	4	58.10%		
43	30:49	Donald	MacInnes	Tavistock AC	Vet 65 M	2	54.41%		
44	32:09	Yvonne	Carpenter-Warren	Unattached	Vet 55 W	5	57.85%		